



COVID 19 FAQ



Question: Can I hold Practice?

Answer: As of 3/23/2020 Governor Hogan has issued a directive for all Marylanders to Stay at Home.

Question: Can I send my swimmers Dry Land Exercises to do?

Answer: *Unfortunately, the insurance coverage for dryland requires direct and active supervision by a USA Swimming member coach. That said, we don't have many injuries from dryland. I like the idea of you using a disclaimer, and advising the parents that the club and coaches cannot provide direct and active supervision for these optional workouts and they are done at your own risk under supervision of a parent. George Ward, USA Swimming*

<https://www.usaswimming.org/news-landing-page/2020/03/23/information-about-covered-activities-and-remote-coverage-for-practice>

1. Question: I am a club leader/administrator and I need resources to determine my next steps for my team's employees. Where should I look?

Answer: Maryland Teams should get information from the Maryland Department of Labor dllr.state.md.us

2. Question: How do my coaches apply for unemployment?

<https://www.dllr.state.md.us/employment/uibenefits.shtml>

3. Question: My club is going to need assistance – where can I start?

Answer: Check for disaster-relief Small Business loans, grants and special assistance information for non-profits

<https://www.sba.gov/funding-programs/disaster-assistance>

<http://grants.gov>

<https://www.councilofnonprofits.org/nonprofits-and-coronavirus-covid-19>

4. Question: What do I, as a Coach, need to be preparing for when my pool re-opens and I can start practice again?

Answer: Make sure all health regulations are in place and make sure all coaching certifications are valid, for the Head Coach as well as all assistant coaches.

5. Question: What is the status of our MDSI May-August Meets?

Answer: As of now, no new sanctions are being issued. A team scheduled to host a meet should keep in contact with their meet facility for updates and relay all information to our [Tech Planning Chair](#), Tom Himes. We will continue to update all MDSI teams and Head Coaches as more information is known.