

Standard Maryland Swimming Official Uniform:

Shirts: White Polo Style short or long sleeves tucked into pants, shorts or skirts.

Pants: Navy Blue (no jeans) Full-length Pants, Bermuda shorts/skorts or skirts which should be 1 inch and no more than 3 inches above the knee.

Outer Garments: White/Navy Blue Sweaters, Sweat Shirts or Collared Jackets. No hoods. Protective Rain Gear is allowed for Outdoor events.

Headwear: For Outdoor venues Baseball Caps, Visors or other Sun protection hats. Blue or white is preferred but not required and may be stylish straw hats. Hats and caps are not to be worn at indoor venues.

Shoes: Athletic or walking (closed toe and heel) shoes with rubber soles are the preferred footwear on deck for comfort and safety. White shall be the predominant color, but trims or brand logos of a contrasting color are acceptable. Footwear defined as sandals or flip-flops is unacceptable.

Prelim/Final Events:

Prelims: Shorts/Skirts/Skorts may be worn

Finals: Long pants for both men and women

Unacceptable length of shorts/skirts as described by MDSI uniform standard:



Acceptable length of shorts/skirts as described by MDSI uniform standard

