

Platypi Plunge
 Richard A. Henson Family YMCA Swim Team
 January 31 and February 1, 2020
 Richard A. Henson Family YMCA
 715 S. Schumaker Drive, Salisbury, MD 21804

Approval Number: MDSI 19/20 – AM 004

In granting this approval it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswim.org. All participants, coaches, officials, management and spectators will be held to the standards set within.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation of this competition.

MEET DIRECTOR	MEET ENTRY COORDINATOR
Melissa Williams 410-410-0101 swimkids2@hotmail.com	Melissa Williams 217 S. Shumaker Drive Salisbury, MD 21840 410-430-0101 swimkid2@hotmail.com
MEET REFEREE	SAFETY MARSHAL
Robert Johnson 443-944-1352 johnsra@comcast.net Meet Notice read & approved by Referee : Yes	Billy Burch 410-603-9675
OFFICIALS CONTACT	ADMIN OFFICIAL
Marla Schmidt 410-251-3085 mschmidt555@comcast.net	Brian Schmidt 410-251-3085 Brian.p.schmidt@comcast.net

Richard A. Henson Family YMCA has a 6 lane, 25-yard pool, non-turbulent lane lines. The meet uses a Colorado timing system. A seeding area with a Clerk of Course will be used in the am session only. The competition course has not been certified in accordance with 104.2.2C (4). The YMCA has ample parking.

MEET FORMAT

This is a timed final Invitational pre-seeded meet unless otherwise indicated. Events will be swum slowest to fastest. Each swimmer may swim 3 events per session except Friday evening swimmers may swim 1 event. The Meet Referee reserves the right to combine events.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:30 pm	5:30 pm	All age groups
2	Saturday	7:00 am	8:00 am	12 and under
3	Saturday	12:30pm	1:30pm	All age groups
4	Saturday	2:15 pm	3:15 pm	All age groups

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Sunday, January 19, 2020	6:00 PM	Entry deadline
Friday, January 31, 2020	5:00 pm Session 1	Official Briefings
Saturday, February 1, 2020	7:30 am Session 2 1:30 pm Session 3 3:00 pm Session 4	Official Briefings

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. When leaving the pool area, all swimmers must have on shoes and a towel.**

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach or a YMCA certified coach as being proficient in performing a racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Tech Suits are banned for all 12 & Under Swimmers.

ELIGIBILITY

YMCA members must be Y members in good standing. If your swimmer is a USA member and you wish to have their times submitted, the swimmers must be registered prior to entry deadline. There will be on deck registration available at this meet. A swimmer's age on 12/1/2019 will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

HFY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit HFY ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. Payment in full must be received by the Meet Entry Coordinator by the entry deadline. HFY entries will be entered first and then accept teams/entries in the order received, until the four/five-hour rule is reached. Entries received thereafter will be returned immediately.

All entries MUST be submitted via Hy-tek's Team Manager. Email is preferred for electronic entries. NO LATE ENTRIES will be accepted. NO changes at the block will be made or additions will be accepted. PLEASE make sure your entry file only includes USA IDs for swimmers who are USA registered.

If you are using Team Unify files, please send a list of your swimmers who are USA registered so ID's for non-USA participants can be eliminated from the meet manager database.

A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by Sunday, January 20th to be considered complete and entries confirmed. Entries will not be considered complete until fees are received. The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted.

ENTRY LIMITATIONS

Swimmers may swim 1 event Friday evening. Swimmers may swim a maximum of 3 individual events per day if you are a US Swimmer. If you are a non-US Swimmer, you may swim a total of 7 events for the meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

No late entries will be accepted. There will be no deck registrations.

ENTRY FEES

Make checks payable to: HFY	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$6.00 per event

SEEDING	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order
SCRATCHES	There will be no penalty for scratching pre-seeded events at the block.
SCORING	No team or individual scoring will be kept.
AWARDS	Ribbons will be awarded to the top 8 finishers in each age group, 8 and Under, 9-10, 11-12, and Open.
RESULTS	Results will be posted on HFY's and MDSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
COACHES	Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content).
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials especially those who are USA Swimming certified. HFY welcomes and encourages anyone willing to volunteer to contact the Officials Coordinator or Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming or a certified YMCA official. Either Deck Pass or a membership card will be acceptable as proof of USA Swimming membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there may be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

ORDER OF EVENTS
FRIDAY January 31, 2020
Warm-ups: 4:30 PM; Meet Starts: 5:30 PM

Session 1

Girls/Women#		Boys/Men#
1	Open 1000 free	2
3	Open 400 IM	4
5	12 and under 200 free	6
7	12 and under 200 IM	8

ORDER OF EVENTS
Saturday February 1, 2020
Warm-up: 7:00 AM; Meet Start: 8:00 AM

Session 2

Girls/Women#	Event	Boys/Men#
9	9-10 100 individual medley	10
11	11-12 100 individual medley	12
13	8 & under 25 backstroke	14
15	9-10 50 backstroke	16
17	11-12 50 backstroke	18
19	8 & under 25 breaststroke	20
21	9-10 50 breaststroke	22
23	11-12 50 breaststroke	24
25	8 & Under 25 butterfly	26
27	9-10 50 butterfly	28
29	11-12 50 butterfly	30
31	8 & under 25 freestyle	32
33	9-10 50 freestyle	34
35	11-12 50 freestyle	36
37	8 & under 100 individual medley	38

Saturday, February 1, 2020
Warm-up: 12:30 PM; Meet Start: 1:30 PM

Session 3

Girls/Women #	Event	Boys/Men #
39	1650 freestyle	40

Saturday, February 1, 2020
Warm up: 2:30 PM; Meet start: 3:30 PM

Session 4

Girls/Women #	Event	Boys/Men #
41	Open 500 freestyle	42
43	Open 100 butterfly	44
45	Open 200 freestyle	46
47	Open 100 backstroke	48
49	Open 200 individual medley	50
51	Open 50 free	52
53	Open 100 breaststroke	54
55	Open 200 butterfly	56
57	Open 100 freestyle	58
59	Open 200 backstroke	60
61	Open 200 Breaststroke	62

Platypi Plunge
Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **HFY**):
 HFY

ATTN: Melissa Williams
 715 S. Schumaker Drive
 Salisbury, MD 21840
 Email to: swimkids2@hotmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$6.00 per event	
\$2 Surcharge per swimmer		\$2.00 per swimmer	
Relay Entries		NA	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE