



EST/NAAC B' Buster Dual Meet

Hosted by Eagle Swim Team

February 16, 2020

Held at McDonogh School – Rosenburg Aquatic Center, 8600 McDonogh Road, Owings Mills, MD, 21117

Closed Invite: EST and NAAC

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD 19-20/049

**In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C**

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and the MD Swimming Code of Conduct ([www.mdswim.org](http://www.mdswim.org)) will govern this meet.

<b>CERTIFIED MEET DIRECTOR</b>	<b>CERTIFIED MEET ENTRY COORDINATOR</b>
Daniel Russell 443-544-7150 Daniel.russell0827@gmail.com	Daniel Russell PO BOX 215 Glyndon, MD, 21071 443-544-7150 Daniel.russell0827@gmail.com
<b>MEET REFEREE</b>	<b>USA Registered MEET SAFETY DIRECTOR</b>
Kevin Avery <a href="mailto:Kavery411@gmail.com">Kavery411@gmail.com</a> Meet Notice read & approved by Referee : YES	Margaret Bitz mbitz@mcdonogh.org
<b>OFFICIALS CONTACT</b>	<b>ADMIN OFFICIAL</b>
Kevin Avery <a href="mailto:Kavery411@gmail.com">Kavery411@gmail.com</a>	TBD

**FACILITY**

McDonogh School has an indoor eight-lane, 25 yard competition pool. In addition, opposite the competition pool is a nine-lane, 20 yard warm-up/cool-down pool. The facility is equipped with a Daktronic Inc. automatic timing, scoreboard, horn start, non-turbulent lane dividers and a separate spectator seating area. “The minimum water depth, measured in accordance with article 103.2.3, is 8’0” at the start end and 6’0” at the turn end.” The competition course has not been certified in accordance with 104.2.2C (4). There is ample parking in McDonogh School’s Eagle Lot. Please do not park or leave your car in the drop-off circle.

**MEET FORMAT**

This is a timed final meet. All events will be mixed gender, and mixed age groups. Some events will be 9&Over, some 11&Over, some 9-12 yrs. Old.

Session	Day	Warm-up	Meet Start	Age Group
1	Sunday	8:00 AM	9:00 AM	9 & Older

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Friday, Jan. 31, 2020	12:00PM	Entry deadline
Sunday, Feb. 16, 2020	1 hour before meet starts	Officials Meeting
Sunday, Feb. 16, 2020	20 min. after warm-ups start	Positive Scratch deadline

**SAFETY**

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO** running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**RACING STARTS**

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. If following the MDSI Scratch Rule: The MDSI Scratch Rule is in effect for this meet. Include the scratch rule (on separate page) and any penalties that may be accessed.  
**Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.**  
**Deck changes are prohibited.**  
**Tech Suits are banned for all 12 & Unders.**

**ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. All swimmers must be 9 years of age or older, and a swimmer's age on the first day of the meet will determine their age for the entire meet. Times submitted must be USA 'B' standards or slower.

## **SWIMMERS WITH DISABILITIES**

**EAGLE SWIM TEAM** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit **EAGLE SWIM TEAM's** ability to accommodate all requests.

## **HEALTH GUIDELINES**

**All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.**

## **ENTRIES**

All entries must be submitted with Short Course Yard Times. Teams can use a "No Time" (NT), but estimated times are strongly encouraged. All entries must be submitted via email to Daniel Russell – [daniel.russell0827@gmail.com](mailto:daniel.russell0827@gmail.com) – with accompanying (1) Team Manager or Team Unify Electronic Files [.hy3, .cl2], and (2) a PDF Report of Entries by NAME.

Checks for Entry Fees should be made payable to Eagle Swim Team and mailed with disk (or Entry Forms) to :

Daniel Russell, Entry Director  
PO BOX 215  
Glyndon, MD, 21071

Please Note: Payment in full must be received before the entry deadline to the Meet Entry Coordinator in order to be accepted. **EAGLE SWIM TEAM** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

## **ENTRY LIMITATIONS**

Swimmers may swim a maximum of four (4) individual events for the session.

## **ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt, and acceptance/rejection of the entry file.

**ENTRY DEADLINES**

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

**ENTRY FEES**

<b>Make checks payable to: EAGLE SWIM TEAM</b>		
	Swimmer Surcharge	\$5.00 per Swimmer
	Individual Event	\$8.00 per event

**SEEDING**

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

**CHECK-IN**

Coaches will be given Positive Scratch sheets. These will be turned in to the Admin. Table 20 min. after warmups begin. There is no penalty for scratching, or for “No Shows”.

**SCORING**

Scoring – TBD.

**AWARDS**

Awards – TBD.

**RESULTS**

Results will be posted on **EAGLE SWIM TEAM’s** and MSI’s website within 24 hours of the meet’s conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

**COACHES/OFFICIALS/MEET STAFF**

**POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:**  
*There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located **in the front lobby directly in front of the main staircase.** DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

**There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.**

There will be a need for officials. **EAGLE SWIM TEAM** welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/  
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

**WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

# ORDER OF EVENTS & QUALIFYING TIMES

## Session 1

Sunday, February 16, 2020

Warm-up: 8:00 AM; Meet Start: 9:00 AM

**\*All Swimmers must be entered with a "B" time standard or slower. No Times "NT" will be accepted.**

Girls/Women	Event	Boys/Men
1	9 & OVER 200 FREE	1
2	9 – 12 50 BREAST	2
3	11 & OVER 200 FLY	3
10 MINUTE BREAK		
4	9 & OVER 200 IM	4
5	9 – 12 50 BACK	5
6	11 & OVER 200 BREAST	6
7	9 & OVER 100 FLY	7
10 MINUTE BREAK		
8	9 & OVER 100 FREE	8
9	9 – 12 50 FLY	9
10	11 & OVER 200 BACK	10
11	9 & OVER 100 BREAST	11
10 MINUTE BREAK		
12	9 & OVER 100 BACK	12
13	9 – 12 100 IM	13
14	9 & OVER 50 FREE	14

**EST & NAAC DUAL MEET  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **EAGLE SWIM TEAM**):

EAGLE SWIM TEAM

ATTN: MEET ENTRY COORDINATOR

PO BOX 215

Glyndon, MD, 21071

Email to: Daniel.russell0827@GMAIL.COM

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Surcharge		\$5.00 per swimmer	
Individual Entries		\$8.00 per event	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. EAGLE SWIM TEAM, McDONOGH SCHOOL, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE