



EARLY SEASON MINI & MID DISTANCE MEET

Hosted by COLUMBIA AQUATICS ASSOCIATION

OCTOBER 19 & 20, 2019

Held at HOWARD COMMUNITY COLLEGE POOL - 10901 LITTLE PATUXENT PARKWAY COLUMBIA MD 21044

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # **MDSI 19-20/013**

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and the MD Swimming Code of Conduct (www.mdswwim.org) will govern this meet.

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
SUSAN MCDONALD 410-381-0020 SUSAN.MCDONALD@COLUMBIAASSOCIATION.ORG	SUSAN MCDONALD 9450 GERWIG LANE COLUMBIA MD 21046 410-381-0020 SUSAN.MCDONALD@COLUMBIAASSOCIATION.ORG
MEET REFEREE	USA REGISTERED OPERATIONAL RISK DIRECTOR
DIPPER WETTSTEIN 443-745-4406 CAAOFFICIALS@CLIPPERSWIM.ORG Meet Notice read & approved by Referee: YES	LAURA MCARTHUR 443-474-7986 SAFETYDIRECTOR@CLIPPERSWIM.ORG
OFFICIALS CONTACT	ADMIN OFFICIAL
DIPPER WETTSTEIN CAAOFFICIALS@CLIPPERSWIM.ORG OFFICIALS SIGNUP LINK	DAWN FISH DAWNMFISH3@VERIZON.NET

FACILITY

HCC has an indoor six-lane 25-yard pool with non-turbulent lane lines and diving blocks for the 50 yard and above events. No starting blocks for 25 yard events.
 The meet is run using the semi-automatic Dolphin system with electronic start.
 The minimum water depth, measured in accordance with USA Swimming Rules and Regulations Article 103.2.3 is:
 11’ 6” at a distance of 1 meter from the start end of the pool and 10’6” at a distance of 16 feet from the start end of the pool.
 3’11” at a distance of 1 meter from the turn end of the pool and 4’4” at a distance of 8 feet from the turn end of the pool.
 There are no warm up/down lanes available during the meet.
The competition course has not been certified in accordance with the USA Swimming Rules and Regulations Article 104.2.2C (4).
 A seeding area with a Clerk-of-Course will be used during the meet and will be located in the gymnasium. Due to county and state fire codes, there will be limited seating for spectators in the pool area.

MEET FORMAT

This is a timed final, age group meet, open to all USA Swimming registered athletes up to 12 years of age. There are no qualifying times for this meet.
 Events will be swum slowest to fastest.
The same events will take place for the Saturday AM and Sunday AM Sessions. Teams may submit entries for only one AM session on a first come first serve basis.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:00 AM	8:10 AM	8 & Under
2	Saturday	12:00 PM	1:10 PM	9 - 12
3	Sunday	7:00 AM	8:10 AM	8 & Under
4	Sunday	11:15 AM	11:45 AM	9 - 12 400 IM
5	Sunday	1:15 PM	2:20PM	9 - 12

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday, September 30	6:00 PM	Entry deadline
Saturday & Sunday October 19 & 20	1 hour before session begins	Official Briefings
Saturday & Sunday October 19 & 20		

SAFETY

The MSI Safety Program is in effect for this meet.

Coaches are advised to closely supervise their swimmers at all times.

NO running or horseplay will be tolerated.

Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Due to county and state fire codes, there will be limited seating for spectators in the pool area.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing both a forward racing start and a backstroke start, or must start each race from within the water.

When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Tech Suits are banned for all 12 & Unders.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc.

Swimmers must be registered prior to entry deadline.

There will be no on deck registration available at this meet.

A swimmer's age on October 19, 2019 will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Columbia Aquatics Association welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets.

Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals.

Failure to provide advance notice may limit Columbia Aquatics Association's ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well.

The Meet Referee has the authority to inform and protect coaches and swimmers from a potential outbreak of illness.

At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

ENTRIES Submit entries using the appropriate Hy-tek file by EMAIL to the Meet Director.
 Teams entering with less than 10 swimmers or Unattached swimmers not affiliated with a USA Swim Club, can submit entries on computer entry forms.
 Meet fees and a completed and signed Entry Summary Sheet should be mailed to the Meet Entry Coordinator within 48 hours after receipt of email confirmation from the Host Team.
Columbia Aquatics Association's Entries will be processed first and then accepted entries will be processed on a first come, first serve basis until reaching the four/five hour rule is reached. Entries received thereafter will be returned immediately.
 Maryland LSC Registered Teams have first priority.

ENTRY LIMITATIONS Swimmers are limited to FOUR events for either session 1 or 3, TWO events for session 2 and TWO events between sessions 4 & 5.

ENTRY VERIFICATION The Meet Entry Coordinator will acknowledge receipt by return email within 48 hours of receipt. Contact the Meet Director if an acknowledgement has NOT been received.

ENTRY DEADLINES **The Meet Entry Coordinator must be receive entries by the date and time listed in the Deadline and Meeting Summary.**
No late entries will be accepted. There will be no on deck registrations.
Maryland LSC entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: CAA

LSC Surcharge	\$2.00 per swimmer
Individual Event	\$7.00 per event

SEEDING Entry times must be in short course yards.
 Swimmers will be seeded and swim from slowest to fastest.

AWARDS Ribbons will be awarded 1-8 for each event.

RESULTS **Results will be posted on Columbia Aquatics Association's and MDSI's website within 24 hours of the meet's conclusion.**
 At the conclusion of the meet, teams may obtain Hy-tek backups on a memory stick or via email attachment.

STAFF ***POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF: There will be a positive check in for all coaches, officials and approved meet staff.***
The check in table will be located at the desk in the hallway prior to the entry doors to the pool.
DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team.
Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.
Meetings, including coaches meetings may be held at the meet referee's discretion.
Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/ VOLUNTEERS There will be a need for officials.
Columbia Aquatics Association welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet.
 Official briefings will be held in the classroom outside the pool deck at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS There will be a hospitality area open to all coaches and officials.
 Refreshments will be available at the concession stand.

WARM-UP In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet.
 The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.
 Meet Management reserves the right to change warm-up times according to the number of entries.

ORDER OF EVENTS & QUALIFYING TIMES

Session 1

Boys Events	Age & Event Name	Girls Events
1	7 & Under 50 Free	2
3	8 Year old 50 Free	4
5	6 & Under 25 Breast	6
7	7 Year old 25 Breast	8
9	8 Year old 25 Breast	10
11	6 & Under 25 Back	12
13	7 Year old 25 Back	14
15	8 Year old 25 Back	16
17	7 & Under 50 Fly	18
19	8 Year old 50 Fly	20
21	7 & Under 100 IM	22
23	8 Year old 100 IM	24
25	7 & Under 50 Breast	26
27	8 Year old 50 Breast	28
29	6 & Under 25 Free	30
31	7 Year old 25 Free	32
33	8 Year old 25 Free	34
35	6 & Under 25 Fly	36
37	7 Year old 25 Fly	38
39	8 Year old 25 fly	40
41	7 & Under 50 Back	42
43	8 Year old 50 Back	44
45	7 & Under 100 Free	46
47	8 Year old 100 Free	48

Session 2

Boys Events	Event/Age	Girls Event
49	9-10 Year old 200 IM	50
51	11-12 Year old 200 IM	52
53	9-10 Year old 200 Fly	54
55	11-12 Year old 200 Fly	56
57	9-10 Year old 200 Breast	58
59	11-12 year old 200 Breast	60

ORDER OF EVENTS & QUALIFYING TIMES

Session 3

Boys Events	Age & Event Name	Girls Events
61	7 & Under 50 Free	62
63	8 Year old 50 Free	64
65	6 & Under 25 Breast	66
67	7 Year old 25 Breast	68
69	8 Year old 25 Breast	70
71	6 & Under 25 Back	72
73	7 Year old 25 Back	74
75	8 Year old 25 Back	76
77	7 & Under 50 Fly	78
79	8 Year old 50 Fly	80
81	7 & Under 100 IM	82
83	8 Year old 100 IM	84
85	7 & Under 50 Breast	86
87	8 Year old 50 Breast	88
89	6 & Under 25 Free	90
91	7 Year old 25 Free	92
93	8 Year old 25 Free	94
95	6 & Under 25 Fly	96
97	7 Year old 25 Fly	98
99	8 Year old 25 fly	100
101	7 & Under 50 Back	102
103	8 Year old 50 Back	104
105	7 & Under 100 Free	106
107	8 Year old 100 Free	108

Session 4

Boys Events	Event/Age	Girls Event
109	9-10 Year old 400 IM	110
111	11-12 Year old 400 IM	112

Session 5

Boys Events	Event/Age	Girls Event
113	9-10 Year old 200 Back	114
115	11-12 Year old 200 Back	116
117	9-10 Year old 200 Free	118
119	11-12 Year old 200 Free	120

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Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **CAA**):

Columbia Aquatics Association

ATTN: Susan McDonald

9450 Gerwig Lane Columbia MD 21046

Email to: Susan.McDonald@ColumbiaAssociation.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
Swimmer Surcharge		\$2.00 per swimmer	
Relay Entries		\$0.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE