



# 2019 Sandbox Invitational

July 11 - 14, 2019

The UMBC Aquatic Complex  
 The University of Maryland Baltimore County  
 1000 Hilltop Circle  
 Baltimore, MD 21250

**Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.**  
 Sanction # MD 18-19/052

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswim.org](http://www.mdswim.org). All participants, coaches, officials, management and spectators will be held to the standards set within.

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Anna Hogue <a href="mailto:ahogue1@gmail.com">ahogue1@gmail.com</a>	Kelli Booth 602 South Hanover Street Baltimore MD, 21230 E-mail: <a href="mailto:kelli.booth@gmail.com">kelli.booth@gmail.com</a> (601)818-0612 Coaches Only
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Chris Waters Email: <a href="mailto:chris.waters@avispl.com">chris.waters@avispl.com</a> 410-562-6037 Officials Only <b>Meet Notice read &amp; approved by Referee : Yes</b>	Chad Cradock E-mail: <a href="mailto:ccradock@umbc.edu">ccradock@umbc.edu</a>
<b>OFFICIALS CONTACT</b>	<b>ADMIN OFFICIAL</b>
<a href="#">Volunteer to Officiate</a>	Kelli Booth Email: <a href="mailto:kelli.booth@gmail.com">kelli.booth@gmail.com</a>

**FACILITY**

UMBC has an eight-lane 50-meter outdoor pool and non-turbulent lane lines. The eight-lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is NOT to be used.

The competition course has not been certified in accordance with USA Swimming Article 104.2.2C(4). The minimum water depth, measured in accordance with USA Swimming Article 103.2.3 is 6'0" and 6'1" at the start end and the turn end of the pool.

The meet will be conducted using the Daktronics Omni Sport 2000 electronic timing system with touchpads.

**Note:** Parking is authorized in designated areas only. Vehicles parked in unauthorized spaces are subject to citation and towing.

**MEET FORMAT  
MARYLAND  
TEAMS  
ASSIGNED**

This is a prelim/final meet.

All events preliminary events and timed finals will be **Positive Scratch**. Coaches are **asked to scratch** any swimmer(s) from individual events or the entire session if the coach has knowledge the swimmer will not be swimming. The deadlines for each preliminary session are listed in the Deadline and Meeting Summary below. Scratch deadlines for the **final events** will be announced following the announcement of the top finalists. 12 & U and 13-14 age groups will be A Finals only. Open will be Consolation and Final heats.

The list of **assigned MARYLAND TEAMS** are ASC, ACSS, BAAC, BCSC, BST, BVA, CATY, CAC, PEAK, YCM, CBAC, CAA, EST, FSC, FAST, FCY, GMAC, HFY, HOCO, NWSC, OPST, RAID, RAC, ROCK, SPRC, SPY, TCY, TAC

Session	Day	Warm-up	Meet Start	Age Group
1	Thursday	3:30 PM	4:30 PM	All Ages
2, 5, 8	Fri/Sat/Sun	6:30 AM	8:00 AM	13 and Over
3, 6, 9	Fri/Sat/Sun	11:30 AM	12:30 PM	12 and Under
4, 7, 10	Fri/Sat/Sun	4:45 PM	5:30 PM	Finals

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
MD Teams 6/14/19	6PM on 6/14	MD Teams Entry Deadline
Out of LSC Teams 6/15/2019	9AM 6/15 till meet is full	Out of LSC Teams Entry submission date
Thursday July 4, 2019	3:30 PM	Team Scratch Sheets distributed
Thurs July 4, 2019	3:45 PM	Positive Scratch Deadline Thursday's events
Friday July 5, 2019	7:30 AM	Coaches Meeting
July 5,6, & 7 2019	6:30 AM	Team Scratch Sheets distributed AM
July 5,6, & 7 2019	7:15 AM	Positive Scratch Deadline for AM sessions
July 5,6, & 7 2019	11:30 PM	Team Scratch Sheets distributed PM sessions
July 5,6, & 7 2019	11:50 AM	Positive Scratch Deadline for PM sessions
Officials Briefing	Thur/Fri/Sat/Sun	1 hour prior to each session's start
Timers Briefing	Thur/Fri/Sat/Sun	20 mins prior to each session's start
All Distance events	Thur/Fri/Sat/Sun	Swimmers must supply own timers

**SAFETY**

**The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas**

ALL swimmers and spectators attending this meet are guests of the UMBC and are required to adhere to the following:

- Swimmers leaving the pool area are required to wear shirts, shorts or pants, and shoes at all times.
- NO ONE is permitted on the basketball courts AT ANY TIME.

- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.” Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

**In case of inclement weather, call 410-455-2670** for status of meet. Coaches will be notified of any changes to starting times (unless due to weather or emergency).

#### **RACING STARTS**

**Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing both a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.**

#### **RULES**

**This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.**

**Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.**

**Deck changes are prohibited.**

#### **ELIGIBILITY**

**All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet.** A swimmer’s age on the first day of the meet will determine their age for the entire meet.

Swimmers in the 13-14 and Open age groups must have Long Course 2017-2020 USA Swimming Motivational time standards of “A” and faster to be eligible to compete in the events in that age group. Open events use 15 – 16 ‘A’ time standards.

Swimmers in the 11-12 and 10 & Under age groups must have Long Course 2017-2020 USA Swimming Motivational time standards of “BB” and faster to be eligible to compete in the events in that age group.

**BONUS EVENTS FOR MD LSC TEAMS ONLY.** Swimmers qualifying for 1 - 5 events, may add up to 3 bonus events but may not exceed 6 total individual events. These events are limited to 200 meters or less events and must be marked bonus events in Team Manager. If the meet is oversubscribed, bonus events will be removed first.

#### **SWIMMERS WITH DISABILITIES**

**Retriever Aquatic Club** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. **Failure to provide advance notice may limit Retriever Aquatic Club’s ability to accommodate all requests.**

**HEALTH GUIDELINES** All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition

**ENTRIES**

Swimmers are limited to a TOTAL of nine (9) events for the entire meet, plus relays.

Swimmers are limited to a maximum of three (3) individual events, plus (2) one relays, per day, except the Thursday distance session, which has a one (1) event maximum.

All entries must be submitted with Long Course Times. **NO CONVERTED TIMES ALLOWED!**

Entry list with **PROOF OF TIME** must be included with meet entry file and **will be verified with a times reconciliation.**

A meet entry list with **PROOF OF TIMES OPTION** must be sent with entry file.

RAC entries will be entered first and then entries in the order received.

All relay entries are due by the end of the prelim sessions and must include names and order of swimmers. Relays may be deck-entered, until the end of the preliminary sessions.

**ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES**

**The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.**

**ENTRY FEES**

<b>Make checks payable to: Retriever Aquatic Club</b>	
Individual Event	\$8.00 per event \$5.00 surcharge for paper entries unless two or fewer swimmers
<b>Surcharge</b>	<b>\$5.00 per Swimmer</b>
Relays	\$28.00 per relay

**SEEDING**

Events will be conducted in the 10&U, 11-12, 13-14 & Open Age Groups.

All Events will be conducted as at Trials & Finals format with the exceptions noted below. The Open age group will have a consolation heat and a finals heat in the finals session. The 13-14, 11-12, and the 10 & U groups will have a finals heat in the finals session. Events will be swum slowest to fastest with the top 3 heats circle seeded with

the exception of the following Timed Finals events:

### **12 & U Events**

5 & 6 400 Freestyle will be swum slowest to fastest in event order

7 & 8 200 Backstroke will be swum slowest to fastest in event order

45 & 46 200 Breaststroke will be swum slowest to fastest in event order

87 & 88 200 Butterfly will be swum slowest to fastest in event order

91 & 92 400 IM will be swum fastest to slowest in event order with the top 8 at Finals

### **13-14 Events**

1 & 2 800 Freestyle swum fastest to slowest alternating Men & Women

39 & 40 400IM will be swum slowest to fastest in event order with top 8 at Finals

81 & 82 400 Freestyle will be swum slowest to fastest in event order with top 8 at Finals

### **Open Events**

3 & 4 800 Freestyle swum fastest to slowest alternating Men & Women

37 & 38 400 IM will be swum slowest to fastest in event order with top 16 at Finals

79 & 80 400 Freestyle will be swum slowest to fastest in event order with top 16 at Finals

89 & 90 1500 Freestyle will be swum fastest to slowest in event order alternating Men & Women with top 8 at Finals.

The following seeding rules will be used to seed the applicable events **IF NEEDED** to limit session length:

The 800 free events will be limited to the fastest 3 heats (24 swimmers in each event).

400 meter events will be limited to the fastest 6 heats (48 swimmers in each event).

All events 200 meters or less will be limited to the fastest 8 heats (64 swimmers in each event) for the 13 & over events and the fastest 6 heats (48 swimmers in each event) for the 12 & under events.

The 1500 free events will be limited to the fastest 3 heats (24 swimmers in each event).

Events 400 meters and longer will be combined at the discretion of the meet referee.

## **SCRATCHES**

The Scratch Deadlines for all preliminary events are outlined above.

There will be no penalty for a swimmer who fails to scratch by the scratch deadline for the preliminary events **excluding** distance events (400 IM, 400, 800, & 1500 Free

**400 Individual Medley, 400, 800 & 1500 Events.** Any swimmer who fails to scratch by the scratch deadline and **fails** to compete for the preliminary event **WILL BE BARRED** from their next scheduled individual event.

**Finals Scratch Procedures:** USA Swimming Rules **207.11.6(D)** will be followed. A swimmer who declares his/her intention to scratch but fails to return to the scratch table 30 minutes after their last event **WILL BE SEDED** into the event.

Any swimmer qualifying for a consolation or final and fails to scratch **from** the consolation or finals event and **does not show for a final event will be barred** from

further competition in the meet.

Although alternates (and those finishing below alternates) will not be penalized, it is **STRONGLY ENCOURAGED** that all swimmers finishing below the top sixteen (16) finishers for the Open and top eight (8) finishers for the 14 & Under events **SCRATCH**. The relevant **Maryland Swimming penalty** shall be applied to any swimmer registered with Maryland Swimming, Inc (**\$50.00**) who fails to show for a final **on the last day of the meet**. Other competitors in individual events are encouraged to scratch if they do not intend to return for the final session.

**Exceptions for Failure to compete:** USA Swimming Rules **207.11.6(E)** will be in effect.

## SCORING

For 13 -14 and 12 and under age groups, scoring will be on an eight (8) place basis. Individual events: 20-17-16-15-14-13-12-11. Relay events receive double these point values.

For Open events, scoring will be on a sixteen (16) place basis. Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relay events receive double these point values.

## AWARDS

Ribbons will be awarded top 8 finishers for all 12 and under events. No ribbons will be awarded for relays.

## RESULTS

**Results will be posted on MSI's website and emailed to person submitting entries within 24 hours of the meet's conclusion.** At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

## COACHES/OFFICIALS/ MEET STAFF

***POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF: There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located in the Administrative Office (Coaches Office) DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck. At the request of the Administrative Staff heat sheets will only be given to a coach once the Deck Pass has been verified. Please do not request heat sheets for the team of coaches attending from your club***

## OFFICIALS/TIMERS VOLUNTEERS

**There will be a need for officials. The Retriever Aquatic Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by filling out the form [Volunteer to Officiate](#) prior to the meet or sign in once you arrive at the meet.** Official briefings will be held in the hospitality area.

## HOSPITALITY CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

## WARM-UP

**In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.** During the competition, the indoor pool available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

## ORDER OF EVENTS & QUALIFYING TIMES

<b>SESSION 1 (Timed Finals)—Thursday</b> Warm-Ups: 3:30 pm Meet Starts: 4:30 pm				
Women	Qualifying Time	Event	Qualifying Time	Men
1	10:47.99	13-14 800 Free	10:22.19	2
3	10:35.39	Open 800 Free	10:00.39	4
5	5:46.49	12 & Under 400 Free	5:48.69	6

<b>SESSION 2 (Prelims)—FRIDAY MORNING</b> Warm-Ups: 6:30am Meet Starts: 8:00am				
Women	Qualifying Time	Event	Qualifying Time	Men
13	1:25.39	Open 100 Breaststroke	1:16.99	14
15	1:27.69	13-14 100 Breaststroke	1:21.29	16
21	2:26.49	Open 200 Freestyle	2:14.89	22
23	2:30.09	13-14 200 Freestyle	2:20.59	24
29	1:13.39	Open 100 Butterfly	1:06.29	30
31	1:14.79	13-14 100 Butterfly	1:09.69	32
37	5:49.69	Open 400 IM	5:20.49	38
39	5:57.79	13-14 400 IM	5:36.59	40

<b>SESSION 3 (Prelims) – FRIDAY AFTERNOON</b> Warm-Ups: 11:30pm Meet Starts: 12:30pm				
Women	Qualifying Time	Event	Qualifying Time	Men
17	45.49	11-12 50 Breaststroke	45.39	18
19	53.99	10 & Under 50 Breaststroke	53.29	20
25	2:50.39	11-12 200 Freestyle	2:45.19	26
27	3:20.99	10 & Under 200 Freestyle	3:12.09	28
33	1:28.49	11-12 100 Butterfly	1:26.29	34
35	1:52.99	10 & Under 100 Butterfly	1:51.39	36
7	3:10.19	12 & Under 200 Backstroke (timed final event)	3:06.49	8

<b>SESSION 4 (Finals) – FRIDAY EVENING</b> Warm-Ups: 4:45 pm Meet Starts: 5:30 pm		
Women	Event	Men
9	Open 200 Freestyle Relay	10
11	12 & Under 200 Freestyle Relay	12
13	Open 100 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 50 Breaststroke	18
19	10 & Under 50 Breaststroke	20
21	Open 200 Freestyle	22
23	13-14 200 Freestyle	24

<b>25</b>	11-12 200 Freestyle	<b>26</b>
<b>27</b>	10 & Under 200 Freestyle	<b>28</b>
<b>29</b>	Open 100 Butterfly	<b>30</b>
<b>31</b>	13-14 100 Butterfly	<b>32</b>
<b>33</b>	11-12 100 Butterfly	<b>34</b>
<b>35</b>	10 & Under 100 Butterfly	<b>36</b>
<b>37</b>	Open 400 IM	<b>38</b>
<b>39</b>	13-14 400 IM	<b>40</b>
<b>41</b>	12 & Under 200 Medley Relay	<b>42</b>
<b>43</b>	Open 200 Medley Relay	<b>44</b>

<b>SESSION 5 (Prelims) – SATURDAY MORNING</b>				
<b>Warm-Ups: 6:30am Meet Starts: 8:00am</b>				
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
<b>47</b>	2:45.89	Open 200 IM	2:31.39	<b>48</b>
<b>49</b>	2:49.19	13-14 200 IM	2:38.79	<b>50</b>
<b>55</b>	31.19	Open 50 Freestyle	27.89	<b>56</b>
<b>57</b>	31.99	13-14 50 Freestyle	29.49	<b>58</b>
<b>63</b>	2:41.39	Open 200 Butterfly	2:27.99	<b>64</b>
<b>65</b>	2:45.69	13-14 200 Butterfly	2:36.19	<b>66</b>
<b>71</b>	1:15.69	Open 100 Backstroke	1:08.89	<b>72</b>
<b>73</b>	1:17.09	13-14 100 Backstroke	1:12.29	<b>74</b>
<b>79</b>	5:07.29	Open 400 Freestyle	4:46.09	<b>80</b>
<b>81</b>	5:14.69	13-14 400 Freestyle	4:59.19	<b>82</b>

<b>SESSION 6 (Prelims) – SATURDAY AFTERNOON</b>				
<b>Warm-Ups: 11:30pm Meet Starts: 12:30pm</b>				
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
<b>51</b>	3:11.49	11-12 200 IM	3:09.29	<b>52</b>
<b>53</b>	3:43.19	10 & Under 200 IM	3:40.79	<b>54</b>
<b>59</b>	35.79	11-12 50 Freestyle	34.69	<b>60</b>
<b>61</b>	39.89	10 & Under 50 Freestyle	39.49	<b>62</b>
<b>67</b>	38.29	11-12 50 Butterfly	38.69	<b>68</b>
<b>69</b>	47.29	10 & Under 50 Butterfly	45.99	<b>70</b>
<b>75</b>	1:31.09	11-12 100 Backstroke	1:29.09	<b>76</b>
<b>77</b>	1:45.99	10 & Under 100 Backstroke	1:43.59	<b>78</b>
<b>45</b>	3:36.09	12 & Under 200 Breaststroke (timed final event)	3:28.69	<b>46</b>



<b>SESSION 7 (Finals) – SATURDAY EVENING</b>		
<b>Warm-Ups: 4:45 pm Meet Starts: 5:30 pm</b>		
<b>Women</b>	<b>Event</b>	<b>Men</b>
47	Open 200 IM	48
49	13-14 200 IM	50
51	11-12 200 IM	52
53	10 & Under 200 IM	54
55	Open 50 Freestyle	56
57	13-14 50 Freestyle	58
59	11-12 50 Freestyle	60
61	10 & Under 50 Freestyle	62
63	Open 200 Butterfly	64
65	13-14 200 Butterfly	66
67	11-12 50 Butterfly	68
69	10 & Under 50 Butterfly	70
71	Open 100 Backstroke	72
73	13-14 100 Backstroke	74
75	11-12 100 Backstroke	76
77	10 & Under 100 Backstroke	78
79	Open 400 Freestyle	80
81	13-14 400 Freestyle	82
83	12 & Under 400 Medley Relay	84
85	Open 400 Medley Relay	86

<b>SESSION 8 (Prelims) – SUNDAY MORNING</b>				
<b>Warm-Ups: 6:30am Meet Starts: 8:00am</b>				
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
93	3:05.39	Open 200 Breaststroke	2:48.39	94
95	3:09.79	13-14 200 Breaststroke	2:56.79	96
101	1:07.99	Open 100 Freestyle	1:01.89	102
103	1:09.59	13-14 100 Freestyle	1:04.59	104
109	2:42.09	Open 200 Backstroke	2:28.89	110
111	2:45.59	13-14 200 Backstroke	2:36.59	112
89	20:20.49	Open 1500 Freestyle	18:59.09	90

<b>SESSION 9 (Prelims) – SUNDAY AFTERNOON</b>				
<b>Warm-Ups: 11:30pm Meet Starts: 12:30pm</b>				
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
97	1:41.39	11-12 100 Breaststroke	1:38.49	98
99	2:01.49	10 & Under 100 Breaststroke	1:57.69	100
105	1:18.49	11-12 100 Freestyle	1:15.69	106
107	1:31.49	10 & Under 100 Freestyle	1:30.29	108

<b>113</b>	41.19	11-12 50 Backstroke	40.89	<b>114</b>
<b>115</b>	48.89	10 & Under 50 Backstroke	49.19	<b>116</b>
<b>91</b>	6:48.29	12 & Under 400 IM	6:39.39	<b>92</b>
<b>87</b>	3:10.19	12 & Under 200 Butterfly (timed final event)	3:07.69	<b>88</b>

**SESSION 10 (Finals) – SUNDAY EVENING**

**Warm-Ups: 4:45 pm Meet**

**Starts: 5:30 pm**

<b>Women</b>	<b>Event</b>	<b>Men</b>
<b>89</b>	Open 1500 Freestyle	<b>90</b>
<b>91</b>	12 & Under 400 IM	<b>92</b>
<b>93</b>	Open 200 Breaststroke	<b>94</b>
<b>95</b>	13-14 200 Breaststroke	<b>96</b>
<b>97</b>	11-12 100 Breaststroke	<b>98</b>
<b>99</b>	10 & Under 100 Breaststroke	<b>100</b>
<b>101</b>	Open 100 Freestyle	<b>102</b>
<b>103</b>	13-14 100 Freestyle	<b>104</b>
<b>105</b>	11-12 100 Freestyle	<b>106</b>
<b>107</b>	10 & Under 100 Freestyle	<b>108</b>
<b>109</b>	Open 200 Backstroke	<b>110</b>
<b>111</b>	13-14 200 Backstroke	<b>112</b>
<b>113</b>	11-12 50 Backstroke	<b>114</b>
<b>115</b>	10 & Under 50 Backstroke	<b>116</b>
<b>117</b>	Open 400 Freestyle Relay	<b>118</b>
<b>119</b>	12 & Under 400 Freestyle Relay	<b>120</b>

**DIRECTIONS**

- **From North:** Take the Baltimore Beltway (I-695 Outer Loop) to Exit 12-C, Wilkens Avenue.
  - At the traffic light, turn Left onto Wilkens Avenue.
  - Turn Left again at the first traffic light onto Walker Avenue (~1 Mile).
  - Turn Right at the Stop Sign onto Hilltop Circle.
  - The UMBC pool is ~ ½ mile around the circle.
  - Turn Left onto Administration Drive.
  - The UMBC pool is on the right behind the UMBC Fieldhouse.
  - Parking Lot 10 is in front of the Retriever Athletic Center. To reach parking garage, continue past Administration Drive, and turn left onto Library Drive.
- **From South:** Take I-95 north to 195/166.
  - Once on exit ramp, veer left towards Catonsville/UMBC.
  - From 166/195, entrance to campus is clearly marked on the right. Proceed onto Hilltop Circle. From Hilltop Circle, take a left on Administration Drive to park in lot 10, or park on Hilltop Circle.

<b>HOTELS</b>	<p>Airport area hotels are about a ten-minute drive to the UMBC campus. Other hotels are about a 15-minute drive. Few hotels are located in areas where walking to restaurants or shopping is convenient. Ask for UMBC rate before making your reservation.</p> <ul style="list-style-type: none"><li>• <b>Hampton Inn Arundel Mills</b> – 12 minute freeway drive from campus. Free continental breakfast. 410-540-9225</li><li>• <b>Holiday Inn BWI Airport Conference Center</b> - 410-859-8400 - <a href="http://www.hi-bwi.com">www.hi-bwi.com</a> UMBC rates available</li><li>• <b>BWI Airport Marriott Hotel</b> – 410-859-8300</li><li>• <b>Fairfield Inn BWI by Marriott</b> – 410-859-2333</li><li>• <b>Four Points by Sheraton BWI Airport</b> – 410-859-3300</li><li>• <b>Hampton Inn @ BWI</b> – 410-850-0600</li><li>• <b>Marriott Baltimore Waterfront</b> - 410-385-3000</li><li>• <b>Baltimore Marriott Inner Harbor</b> – 410-962-0202</li><li>• <b>Hilton Garden Inn – Columbia</b> – 410-750-3700</li></ul>
---------------	--

**2019 Sandbox Invitational Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **Retriever Aquatic Club**):  
 Complete and email or mail this form along with entry fees to (make checks payable to RETRIEVER AQUATIC CLUB):

KELLI BOOTH  
 602 SOUTH HANOVER STREET  
 BALTIMORE MD 21230  
[KELLI.BOOTH@GMAIL.COM](mailto:KELLI.BOOTH@GMAIL.COM)

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$8.00 per event	
Relay Entries		\$28.00 per relay	
Surcharge		\$5.00 per athlete	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
 SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
 CLUB

\_\_\_\_\_  
 TITLE

\_\_\_\_\_  
 DATE