

Fifteenth Annual Unity Championship Swim Meet

Hosted by The Baltimore City Swim Club

July 26-28, 2019

Held at *The UMBC Natatorium, The University of Maryland - Baltimore County*
1000 Hilltop Circle Baltimore, MD 21250

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 18-19/075

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswim.org. All participants, coaches, officials, management and spectators will be held to the standards set within.

CERTIFIED MEET DIRECTOR Brendan McElroy 1608 Hollins Street Baltimore, MD 21223 coachmcelroy@gmail.com 443-253-3615	CERTIFIED MEET ENTRY COORDINATOR Baltimore City Swim Club C/O Karen Cooper-Coleman 1529 Kennewick Road Baltimore, MD 21218 (410) 396-0677 KarenCC03@Comcast.net
MEET REFEREE Linda Sue Lottes lsmdswim@gmail.com Meet Notice read & approved by Referee : YES	USA Registered MEET SAFETY DIRECTOR Stephanie McCown stephymccown@gmail.com
OFFICIALS CONTACT Linda Sue Lottes Please use link below Official Session Availability	ADMIN OFFICIAL Karen Cooper-Coleman

FACILITY

UMBC has an eight-lane 50-meter outdoor pool and non-turbulent lane lines. The eight-lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is NOT to be used. The minimum water depth, measured in accordance with **USA Swimming Article 103.2.3**, is: 6'1" at a distance of 1 meter from the start end of the pool. 6' at a distance of 1 meter from the turn end of the pool. **The competition course has not been certified in accordance with 104.2.2C(4)**. The meet will be conducted Daktronics Omni Sport 2000 electronic timing system with touchpads. Parking is authorized in designated areas only. Vehicles parked in unauthorized spaces are subject to citation and towing.

MEET FORMAT

This is a timed final Age Group, pre-seeded meet. There are no qualifying times. NT/No time entries are acceptable. While there are no qualifying times for the 200 and above events, in order to adhere to the required timelines, the Meet Director does reserve the right to limit the 200 and above events to a specified number of the fastest seeded swimmers.

Swimmers must provide his/her own timer and counter for the 400 and 800 freestyle events. Upon request by the Meet Director, Technical Planning may split or combine sessions in order to run a more effective meet. Order of events may not be changed.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	8:00 AM	9:00 AM	13 & Older
2	Friday	12:30 PM	1:30 PM	12 & Under
3	Saturday	8:00 AM	9:00 AM	13 & Older
4	Saturday	12:30 PM	1:30 PM	12 & Under
5	Sunday	8:00 AM	9:00 AM	13 & Older
6	Sunday	12:30 PM	1:30 PM	12 & Under

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday, July 12, 2019	5:00 PM	Entry deadline
July 26, 27, 28 AM Sessions 1, 3, & 5	8:00 AM	Team Scratch Sheets distributed
July 26, 27,28 AM Sessions 1, 3, & 5	8:20 AM	Positive Scratch Deadline
Friday, July 26, 2019	8:40 AM	Coaches/General Meeting
July 26, 27, 28 AM Sessions 2, 4, & 6	12:30 PM	Team Scratch Sheets distributed
July 26, 27,28 AM Sessions 2, 4, & 6	12:50 PM	Positive Scratch Deadline
Official Briefings	1 Hour prior to each Session	

SAFETY

The MSI Safety Program is in effect for this meet. **Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.** Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA as an athlete or as a non-athlete and are working at the meet. The only exception is for the timers and volunteers assisting with the conduct of the meet.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to the entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH

The Baltimore City Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets.

DISABILITIES Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit The Baltimore City Swim Club's ability to accommodate all requests.

HEALTH GUIDELINES All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

ENTRIES All entries must be submitted with Long Course Times (converted times are acceptable). Each Team *must* also submit a Team Manager Individual Entries Summary Report. Email is preferred for electronic entries however, disks are also acceptable. A completed Team Manager Individual Entries Summary Report and payment in full must be received by the Meet Entry Coordinator by the entry deadline. The Baltimore City Swim Club and Jewish Community Center entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

ENTRY LIMITATIONS Swimmers may swim a maximum of 4 individual events plus 1 relay per day and a total of 12 individual events and 2 relays for the meet.
The first 600 swimmers from MD LSC teams get first priority placement. There will be 200 swimmer spots reserved for out of LSC swimmers.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: The Baltimore City Swim Club	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.00 per event
Relays	\$16.00 per relay
Facility Surcharge	\$5.00 per Swimmer

SEEDING The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

SCRATCHES Positive Scratch for all events is outlined in the Deadline and Meeting summary. A Swimmer who FAILS to SCRATCH for the **400 Freestyle, 800 Freestyle, and 400 Individual Medley** and subsequently **FAILS TO COMPETE** in the said event shall be **barred** from their next individual event.

SCORING

All scoring will be on an eight (8) place basis.

- Individual Events: 9-7-6-5-4-3-2-1
- Relay Events: 18-14-12-10-8-6-4-2

AWARDS

Individual Events: 1st Medals, 2nd – 8th Ribbons
Relays: 1st - 3rd Ribbons

The awards for the 10 & Under category will be awarded separately for the 8 & Under and 9–10 age groups.

High Point Awards: Plaques and special surprise awards to top individual female and male swimmers with the highest point totals in each age group.

RESULTS

Results will be posted MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES/OFFICIALS/ MEET STAFF

POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF: *There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located at the Administrative Tent. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

There will be a need for officials. The Baltimore City Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the UMBC concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

FRIDAY, JULY 26, 2019

Warm-up: 8:00 AM; Meet Start: 9:00 AM

Session 1

#	Girls/Women	Event	Boys/Men	#
1	NT	Open 400 IM	NT	2
3	NT	13 – 14 400 IM	NT	4
5	NT	Open 50 Breast	NT	6
7	NT	13 – 14 50 Breast	NT	8
9	NT	Open 200 Breast	NT	10
11	NT	13-14 200 Breast	NT	12
13	NT	Open 100 Free	NT	14
15	NT	13 – 14 100 Free	NT	16
17	NT	13 & Over 800 Free	NT	18

FRIDAY, JULY 26, 2019

Warm-up: 12:30 PM; Meet Start: 1:30 PM

Session 2

#	Girls/Women	Event	Boys/Men	#
19	NT	11-12 400 IM	NT	20
21	NT	10 & Under 200 IM	NT	22
23	NT	11- 12 200 Fly	NT	24
25	NT	11-12 50 Breast	NT	26
27	NT	10 & Under 50 Breast	NT	28
29	NT	11 – 12 200 Back	NT	30
31	NT	11 – 12 100 Free	NT	32
33	NT	10 & Under 100 Free	NT	34
35	NT	11 – 12 200 Breast	NT	36

SATURDAY, JULY 27, 2019
Warm-up: 8:00 AM; Meet Start: 9:00 AM

Session 3

#	Girls/Women	Event	Boys/Men	#
37	NT	Open 200 Free Relay	NT	38
39	NT	13-14 200 Free Relay	NT	40
41	NT	Open 200 Back	NT	42
43	NT	13-14 200 Back	NT	44
45	NT	Open 100 Fly	NT	46
47	NT	13-14 100 Fly	NT	48
49	NT	Open 50 Back	NT	50
51	NT	13-14 50 Back	NT	52
53	NT	Open 200 Free	NT	54
55	NT	13-14 200 Free	NT	56
57	NT	Open 100 Breast	NT	58
59	NT	13-14 100 Breast	NT	60
61	NT	11 & Over 400 Free	NT	62

SATURDAY, JULY 27, 2019
Warm-up: 12:30 PM; Meet Start: 1:30 PM

Session 4

#	Girls/Women	Event	Boys/Men	#
63	NT	11-12 50 Back	NT	64
65	NT	10 & U 50 Back	NT	66
67	NT	11-12 200 Free	NT	68
69	NT	10 & U 200 Free	NT	70
71	NT	11-12 100 Fly	NT	72
73	NT	10 & U 100 Fly	NT	74
75	NT	11-12 100 Breast	NT	76
77	NT	10 & U 100 Breast	NT	78
79	NT	11-12 200 Free Relay	NT	80
81	NT	10 & U 200 Free Relay	NT	82

SUNDAY, JULY 28, 2019
Warm-up: 8:00 AM; Meet Start: 9:00 AM
Session 5

#	Girls/Women	Event	Boys/Men	#
83	NT	Open 50 Fly	NT	84
85	NT	13-14 50 Fly	NT	86
87	NT	Open 200 IM	NT	88
89	NT	13-14 200 IM	NT	90
91	NT	Open 100 Back	NT	92
93	NT	13-14 100 Back	NT	94
95	NT	Open 200 Fly	NT	96
97	NT	13-14 200 Fly	NT	98
99	NT	Open 50 Free	NT	100
101	NT	13-14 50 Free	NT	102
103	NT	Open 200 Medley Relay	NT	104
105	NT	13-14 200 Medley Relay	NT	106

SUNDAY, JULY 28, 2019
Warm-up: 12:30 PM; Meet Start: 1:30 PM
Session 6

#	Girls/Women	Event	Boys/Men	#
107	NT	11-12 50 Fly	NT	108
109	NT	10 & U 50 Fly	NT	110
111	NT	11-12 200 IM	NT	112
113	NT	11-12 100 Back	NT	114
115	NT	10 & U 100 Back	NT	116
117	NT	11-12 50 Free	NT	118
119	NT	10 & U 50 Free	NT	120
121	NT	11-12 200 Medley Relay	NT	122
123	NT	10 & U 200 Medley Relay	NT	124

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Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **The Baltimore City Swim Club**):

The Baltimore City Swim Club

ATTN: Karen Cooper-Coleman

1529 Kennewick Road

Baltimore, MD 21218

Email to: karenCC03@Comcast.net

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
LSC Surcharge		\$2.00 per swimmer	
Relay Entries		\$16.00 per relay	
Facility Surcharge		\$5.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Baltimore City Swim Club, University of Maryland - Baltimore County, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE