

2019 Independence Meet
June 22-23, 2019
Hosted by The Annapolis Swim Club
Held at The UMBC Aquatic Center
060119 University of Maryland, Baltimore County (UMBC)
1000 Hilltop Circle
Baltimore MD 21250

**Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MDSI 18-19/050**

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswim.org. All participants, coaches, officials, management and spectators will be held to the standards set within

| | |
|---|---|
| CERTIFIED MEET DIRECTOR John Murphy ascmeetentries@gmail.com | CERTIFIED MEET ENTRY COORDINATOR John Murphy ascmeetentries@gmail.com |
| MEET REFEREE Doug Karr Dkarr29@gmail.com | USA REGISTERED OPERATIONAL RISK DIRECTOR Mark Mangold Markmangold33@gmail.com |
| OFFICIALS CONTACT Doug Karr Dkarr29@gmail.com | ADMIN OFFICIAL Becky Sloan sloangang@gmail.com |

FACILITY

UMBC has an outdoor eight lane 50 meter outdoor pool and non-turbulent lane lines. The eight lane 25-yard indoor pool will be available for continuous warm up and warm down during the meet, after assigned warm up periods are complete. The diving well is not to be used.

The competition pool has not been certified in accordance with USA Swimming Article 104.2.2C(4). The minimum water depth, measured in accordance with USA Swimming Article 103.2.3 is 6'0" and 6'1" at the start end and turn end of the pool.

The meet will be conducted using the Daktronics Omni Sport 2000 electronic timing systems with touchpads.

NOTE: Parking is authorized in designated areas only. Vehicles parked in unauthorized spaces are subject to citation and towing.

MEET FORMAT

The meet will be conducted in a timed final format.

| Session | Day | Warm-up | Meet Start | Age Group |
|---------|----------|----------|------------|--------------|
| 1 | Saturday | 12:00 pm | 1:00 pm | 12 and under |
| 2 | Saturday | 4:00 pm | 5:00 pm | 13 and over |
| 3 | Sunday | 7:00 am | 8:00 am | 12 and under |
| 4 | Sunday | 12:00 pm | 1:00 pm | 13 and over |
| | | | | |

DEADLINE AND MEETING SUMMARY:

| Day, Date | Time | For: |
|------------------------|----------|-------------------------|
| Thursday June 1, 2019 | 5:00 pm | Entry deadline |
| Saturday June 23, 2019 | 12:00 pm | Coaches/General Meeting |
| Saturday June 23, 2019 | 12:00 pm | Official Briefings |
| | | |

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

All swimmers and spectators attending this meet are guests of the UMBC and are required to adhere to the following:

Swimmers leaving the pool area are required to wear shirts, shorts or pants, and shoes at all times.

NO ONE is permitted on the basketball courts AT ANY TIME.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. Include any minimum/maximum time standards for qualification to enter the event, team affiliations, etc.

SWIMMERS WITH DISABILITIES

The Annapolis Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Annapolis Swim Club's ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene . This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. Annapolis Swim Club entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately.

All entries must be submitted via email to ascmeetentries@gmail.com

ENTRY LIMITATIONS

Swimmers may swim a maximum of eight (8) individual events, with a maximum of four (4) individual events per day.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

| Make checks payable to: Annapolis Swim Club – All fees are non-refundable | |
|--|--------------------|
| LSC Surcharge and facility surcharge | \$15.00per Swimmer |
| Individual Event | \$7.50 per event |
| | |

SEEDING

Events will be conducted in the 10 and Under, 11-12, 13-14 and 15-18 Age Groups.

The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

RESULTS

Results will be posted on MDSI's website within 24 hours of the meet's conclusion

COACHES

[POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:](#) *There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located in the lobby of the pool. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. Annapolis Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials.
Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

Saturday 06/22/19

Warm-up: 12:00; Meet Start: 1:00

| # | Girls/Women Slower than | Event | Boys/Men Slower than | # |
|----|----------------------------|----------------------|-------------------------|----|
| 1 | 1:20.59 | 10 & under 100 free | 1:19.89 | 2 |
| 3 | 1:12.49 | 11-12 100 free | 1:09.89 | 4 |
| 5 | 1:32.69 | 10 & under 100 back | 1:31.49 | 6 |
| 7 | 1:23.29 | 11-12 100 back | 1:21.49 | 8 |
| 9 | 47.49 | 10 & under 50 breast | 46.99 | 10 |
| 11 | 41.99 | 11-12 50 breast | 41.59 | 12 |
| 13 | 40.99 | 10 & under 50 fly | 40.19 | 14 |
| 15 | 35.39 | 11-12 50 fly | 35.29 | 16 |
| 17 | 3:17.09 | 10 & under 200 IM | 3:15.39 | 18 |
| 19 | 2:56.79 | 11-12 200 IM | 2:53.89 | 20 |

Saturday 06/22/19

Warm-up: 4:00; Meet Start: 5:00

| # | Girls/Women Slower than | Event | Boys/Men Slower than | # |
|----|----------------------------|------------------|-------------------------|----|
| 21 | 31.99 | 13-14 50 free | 29.49 | 22 |
| 23 | 31.19 | 15-18 50 free | 27.89 | 24 |
| 25 | 2:45.59 | 13-14 200 back | 2:36.59 | 26 |
| 27 | 2:42.09 | 15-18 200 back | 2:28.89 | 28 |
| 29 | 1:27.69 | 13-14 100 breast | 1:21.29 | 30 |
| 31 | 1:25.39 | 15-18 100 breast | 1:16.99 | 32 |
| 33 | 2:45.69 | 13-14 200 Fly | 2:36.19 | 34 |
| 35 | 2:41.39 | 15-18 200 Fly | 2:27.99 | 36 |

Sunday 06/23/19

Warm-up: 7:00; Meet Start: 8:00

| # | Girls/Women Slower than | Event | Boys/Men Slower than | # |
|----|----------------------------|-----------------------|-------------------------|----|
| 37 | 35.59 | 10 & under 50 Free | 35.49 | 38 |
| 39 | 33.19 | 11-12 50 free | 32.09 | 40 |
| 41 | 42.89 | 10 & under 50 back | 42.99 | 42 |
| 43 | 37.99 | 11-12 50 back | 37.49 | 44 |
| 45 | 1:46.29 | 10 & under 100 breast | 1:44.19 | 46 |
| 47 | 1:33.39 | 11-12 100 breast | 1:30.39 | 48 |
| 49 | 1:35.99 | 10 & under 100 fly | 1:34.99 | 50 |
| 51 | 1:20.79 | 11-12 100 fly | 1:18.59 | 52 |
| 53 | 2:56.29 | 10 & under 200 free | 2:50.79 | 54 |
| 55 | 2:37.29 | 11-12 200 free | 2:32.49 | 56 |

Sunday 06/23/19
Warm-up: 12:00; Meet Start: 1:00

| # | Girls/Women Slower than | Event | Boys/Men Slower than | # |
|----|----------------------------|------------------|-------------------------|----|
| 57 | 2:30.09 | 13-14 200 free | 2:20.59 | 58 |
| 59 | 2:26.49 | 15-18 200 free | 2:14.89 | 60 |
| 61 | 1:17.09 | 13-14 100 back | 1:12.29 | 62 |
| 63 | 1:15.69 | 15-18 100 back | 1:08.89 | 64 |
| 65 | 3:09.79 | 13-14 200 breast | 2:56.79 | 66 |
| 67 | 3:05.39 | 15-18 200 breast | 2:48.39 | 68 |
| 69 | 1:14.79 | 13-14 100 fly | 1:09.69 | 70 |
| 71 | 1:13.39 | 15-18 100 fly | 1:06.29 | 72 |
| 73 | 1:09.59 | 13-14 100 free | 1:04.59 | 74 |
| 75 | 1:07.99 | 15-18 100 free | 1:01.89 | 76 |
| 77 | 2:49.19 | 13-14 200 IM | 2:38.79 | 78 |
| 79 | 2:45.89 | 15-18 200 IM | 2:31.39 | 80 |

**2019 Independence Meet
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to Annapolis Swim Club):
Ken DeGruchy

7611 Gunmill lane
 Glen Burnie Md 21060
 Email to : Ascmeentries@gmail.com

| | |
|--------------|--|
| Team Name | |
| Club Code | |
| Coach | |
| Coach Phone | |
| Coach Email | |
| Team Address | |

| Item | Total Number | Cost per | Total |
|-------------------------------------|--------------|----------------|-------|
| Individual Entries | | 7.50 per event | |
| \$15 facility/Surcharge per swimmer | | 15.00 | |
| Relay Entries | | | |
| Total Fees Due | | | |

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 SIGNATURE (Coach or Club Representative)

 CLUB

 TITLE

 DATE