



Mariner Swim Club Winter Invitational Meet

Hosted by **MARINER SWIM CLUB**

January 5-6, 2019

Held at Loyola University Aquatic Complex
4900 N. Charles Street
Baltimore, MD 21210

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MDSI 18-19/021

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswwim.org. All participants, coaches, officials, management and spectators will be held to the standards set within.

CERTIFIED MEET DIRECTOR Michelle Cerny Mcerny5@gmail.com	CERTIFIED MEET ENTRY COORDINATOR Nina Groseclose PO Box 5625 Baltimore, MD 21210 ngroseclose@gmail.com
MEET REFEREE Greer Verheyen 443-377-6306 greer.verheyen@constellation.com Meet Notice read & approved by Referee: YES	USA REGISTERED OPERATIONAL RISK DIRECTOR Mike Saulo
OFFICIALS CONTACT Greer Verheyen 443-377-6306 greer.verheyen@constellation.com	ADMIN OFFICIAL Gero Verheyen

FACILITY

Loyola University has an indoor 10 lane, 25-yard pool with non-turbulent lane dividers and spectator seating. Warm-up lanes will be available throughout the meet.

The meet will be run on the Colorado Timing System with scoreboard. The minimum water depth, measured in accordance with Article 103.2.3 is: 5' to 7' at a distance of 1.0 to 5.0 meters from both the starting end of the pool and from the turning end of the pool. The competition course has not been certified in accordance with 104.2.2C (4).

IMPORTANT: Spectators and swimmers will be restricted to the general pool area. Entering other facility areas is prohibited.

PARKING: Park only in the designated areas. Parking on Charles Street is permitted. Please following Baltimore City Parking Signs. **Parking is NOT permitted on Wyndhurst Avenue at any time.**

MEET FORMAT

This is a timed final Age Group pre-seeded meet. Events will be swum slowest to fastest. Upon request by the Meet Director, Technical Planning may split or combine sessions in order to run a more effective meet. Order of events may not be changed.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday, January 5	7:00 AM	8:00 AM	11-12 & 15 and Older
2	Saturday, January 5	1:00 PM	2:00 PM	9-10 & 13-14
3	Sunday, January 6	7:00 AM	8:00 AM	11-12 & 15 and Older
4	Sunday, January 6	1:00 PM	2:00 PM	9-10 & 13-14

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday, December 17	5:00 PM	Entry deadline
Friday, December 27	5:00 PM	Entry fees deadline
Saturday, January 6	7:30 AM	Coaches/General Meeting
Saturday, January 6 & Sunday, January 7	1 hour prior to start of session	Official Briefings

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. No one will be permitted on deck unless they are registered with USA Swimming as an athlete or as a non-athlete working the meet. The only exceptions will be timers and administrative staff assisting with the conduct of the meet. All coaches and officials must show current USA Swimming membership identification in order to gain access to the pool deck.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Overhead (dive-over) starts will be used during the meet. Coaches are asked to make sure your swimmers understand how overhead starts are done.

Please note that the timing equipment uses a strobe as part of the starting equipment. Therefore, flash photography is PROHIBITED at the start of all the races.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet.

This meet is open to all USA registered swimmers who meet the qualifying time standards set out in the attached Order of Events. No 8 & unders.

Ages 11-Up swimmers must be A times or slower than the USA Swimming 2017-2020 Time Standards. 15-Up use 15-16 Times. All 9-10 swimmers must be at the RAC Meet Qualifying times or slower. Times are yard times. NTs will be accepted.

Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00

SWIMMERS WITH DISABILITIES

MARINER SWIM CLUB welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit **MARINER SWIM CLUB** ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24-hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. **MARINER SWIM CLUB** entries will be entered first and then accept teams/entries in the order received, until the four/five-hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

ENTRY LIMITATIONS Swimmers may swim a maximum of 3 individual events plus 1 relay per day and a total of 6 individual events and 2 relays for the meet. Due to fire code restrictions on deck, **only 380 athletes per session** will be allowed to enter into the meet.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: MARINER SWIM CLUB	
Swimmer Surcharge	\$10.00 per Swimmer
Individual Event	\$7.50 per event
Relays	\$26.00 per relay

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING All scoring will be on a sixteen (16) place basis.

AWARDS Ribbons will be awarded to the top 8 finishers. Relay ribbons will be awarded to the top 3 finishers.

RESULTS Results will be posted on [MARINER SWIM CLUB](#) and MDSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES/OFFICIALS/MEET STAFF

POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:
There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located in the admin office. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that

at least one coach representative from each team attend all coaches meetings.

There will be a need for officials. [MARINER SWIM CLUB](#) welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand. Heat Sheets will be available on Meet Mobile and posted in the Spectators Gallery.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

Session 1: SATURDAY, January 5, 2019
Warm-up: 7:00 AM Meet Start: 8:00 AM

#	Boys/Men Slower Than	Event	Girls/Women Slower Than	#
1	58.59	15-Up 100 Fly	1:04.59	2
3	31.19	11-12 50 Fly	31.49	4
5	1:57.69	15-Up 200 Free	2:08.49	6
7	1:00.89	11-12 100 Free	1:03.09	8
9	58.59	15-Up 100 Back	1:04.69	10
11	32.29	11-12 50 Back	32.89	12
13	2:24.59	15-Up 200 Breast	2:41.29	14
15	1:18.39	11-12 100 Breast	1:20.39	16
17	24.79	15-Up 50 Free	27.49	18
19	NT	11-12 200 Medley Relay	NT	20
21	NT	15-Up 400 Medley Relay	NT	22

SESSION 2: SATURDAY, January 5, 2019
Warm-up: 1:00 PM Meet Start: 2:00 PM

#	Boys/Men Slower Than	Event	Girls/Women Slower Than	#
23	2:15.69	13-14 200 Fly	2:25.79	24
25	1:30.74	9-10 100 Fly	1:31.59	26
27	2:02.59	13-14 200 Free	2:11.29	28
29	1:14.24	9-10 100 Free	1:15.24	30
31	1:01.79	13-14 100 Back	1:06.19	32
33	39.74	9-10 50 Back	39.29	34
35	1:09.79	13-14 100 Breast	1:15.99	36
37	43.79	9-10 50 Breast	44.64	38
39	25.99	13-14 50 Free	28.19	40
41	NT	9-10 200 Medley Relay	NT	42
43	NT	13-14 400 Medley Relay	NT	44

SESSION 3: SUNDAY, January 6, 2019
Warm-up: 7:00 AM Meet Start: 8:00 AM

#	Boys/Men Slower Than	Event	Girls/Women Slower Than	#
45	2:09.79	15-Up 200 Fly	2:22.89	46
47	1:09.59	11-12 100 Fly	1:11.49	48
49	53.89	15-Up 100 Free	59.59	50
51	27.89	11-12 50 Free	29.09	52
53	2:08.49	15-18 200 Back	2:20.69	54
55	1:09.29	11-12 100 Back	1:11.79	56
57	1:06.49	15-Up 100 Breast	1:14.49	58
59	36.19	11-12 50 Breast	36.89	60
61	2:10.89	15-Up 200 IM	2:24.19	62
63	1:09.09	11-12 100 IM	1:12.29	64
65	NT	15-Up 400 Free Relay	NT	66
67	NT	11-12 200 Free Relay	NT	68

SESSION 4: SUNDAY, January 6, 2019
Warm-up: 1:00 PM Meet Start: 2:00 PM

#	Boys/Men Slower Than	Event	Girls/Women Slower Than	#
69	1:01.29	13-14 100 Fly	1:05.99	70
71	37.94	9-10 50 Fly	38.99	72
73	56.29	13-14 100 Free	1:00.69	74
75	32.74	9-10 50 Free	33.29	76
77	2:14.69	13-14 200 Back	2:243.39	78
79	1:24.44	9-10 100 Back	1:24.99	80
81	2:32.89	13-14 200 Breast	2:44.59	82
83	1:36.04	9-10 100 Breast	1:38.44	84
85	2:17.19	13-14 200 IM	2:26.99	86
87	1:24.44	9-10 100 IM	1:26.24	88
89	NT	13-14 400 Free Relay	NT	90
91	NT	9-10 200 Free Relay	NT	92

Meet Name
Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to
 (checks payable to **MARINER SWIM CLUB**):

MARINER SWIM CLUB

ATTN: Treasurer

PO Box 5625

Baltimore, MD 21210

Email to: treasurer@marinerswimming.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
Surcharge per swimmer		\$10 per swimmer	
Relay Entries		\$26 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 SIGNATURE (Coach or Club Representative)

 CLUB

 TITLE

 DATE