



## Maryland Swimming "B" Championships

Hosted by **MARINER SWIM CLUB**

March 16-17, 2019

Held at UMBC Aquatic Complex  
University of Maryland-Baltimore County  
1000 Hilltop Circle Baltimore, MD, 21250

**Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.**  
Sanction # MDSI 18-19/035

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswim.org](http://www.mdswim.org). All participants, coaches, officials, management and spectators will be held to the standards set within

<b>CERTIFIED MEET DIRECTOR</b> Michelle Cerny <a href="mailto:mcerny5@gmail.com">mcerny5@gmail.com</a>	<b>CERTIFIED MEET ENTRY COORDINATOR</b> Nina Groseclose PO Box 5625 Baltimore, MD 21210 <a href="mailto:ngroseclose@gmail.com">ngroseclose@gmail.com</a>
<b>MEET REFEREE</b> Greer Verheyen 443-377-6306 <a href="mailto:greer.verheyen@constellation.com">greer.verheyen@constellation.com</a> Meet Notice read & approved by Referee : YES	<b>USA REGISTERED OPERATIONAL RISK DIRECTOR</b> Mike Saulo
<b>OFFICIALS CONTACT</b> Greer Verheyen 443-377-6306 <a href="mailto:greer.verheyen@constellation.com">greer.verheyen@constellation.com</a>	<b>ADMIN OFFICIAL</b> Gero Verheyen

### FACILITY

UMBC is an eight lane, 25-yard facility with a separate warm down pool. The facility has an automatic timing scoreboard, horn start, and non-turbulent lane dividers. The minimum water depth, measured in accordance with Article 103.2.3, is 4'0" to 4'1.5" at the start end and 5'0" and 4'8" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

### MEET FORMAT

This is a timed final, age group meet open to MD registered athletes 11 and

older with times slower than the B Championship qualifying times. Events will be swum slowest to fastest. Upon request by the Meet Director, Technical Planning may split or combine sessions in order to run a more effective meet. Order of events may not be changed.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00 AM	9:00 AM	11-Up Girls/Women
2	Saturday	2:00 PM	3:00 PM	11-Up Boys/Men
3	Sunday	8:00 AM	9:00 AM	11-Up Girls/Women
4	Sunday	2:00 PM	3:00 PM	11-Up Boys/Men

#### DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, February 26	5:00 PM	Entry deadline
Saturday March 16	8:00 AM	Coaches/General Meeting
Saturday, March 16 – Session 1	1 hour prior to the start of the session	Official Briefings
Saturday, March 16 – Session 1	20 mins. after warmups start	Athlete Check In Deadline
Saturday, March 16 – Session 2	1 hour prior to the start of the session	Official Briefings
Saturday, March 16 – Session 2	20 mins. after warmups start	Athlete Check In Deadline
Sunday, March 17 – Session 3	1 hour prior to the start of the session	Official Briefings
Sunday, March 17 – Session 3	20 mins. after warmups start	Athlete Check In Deadline
Sunday, March 17 – Session 4	1 hour prior to the start of the session	Official Briefings
Sunday, March 17 – Session 4	20 mins. after warmups start	Athlete Check In Deadline

#### SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

#### RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Overhead (dive-over) starts will be used during the meet. Coaches are asked to make sure your swimmers understand how overhead starts are done.

Please note that the timing equipment uses a strobe as part of the starting equipment. Therefore, flash photography is PROHIBITED at the start of all the races.

#### RULES

This meet will be conducted in accordance with the current USA Swimming

Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

## **ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet.

This meet is open to all USA Swimming registered swimmers who meet the SCY qualifying standards. Modified 'B' Times and slower. Slower than 1 second per 50 under the USA Swimming 'B' Times for 11 & Over Swimmers. 15 & Over Use 15-16 'B' Times. Times are in yards. Max 4 individual events and 1 relay per session. **NT will not be accepted.** Swimmer must have provable time. Age is determined as of March 17th. No 10 & Unders.

Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00.

## **SWIMMERS WITH DISABILITIES**

**MARINER SWIM CLUB** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit **MARINER SWIM CLUB** ability to accommodate all requests.

## **HEALTH GUIDELINES**

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

## **ENTRIES**

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline.

The Meet Director reserves the right to limit entries in order to stay within a 4 HOUR TIME LIMIT for each session of the meet and to meet the occupancy requirements of the facility. **MARINER SWIM CLUB** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

**ENTRY LIMITATIONS** Swimmers may swim a maximum of 4 individual events per day and a total of 6 individual events for the meet. Only 2 relays per team will be accepted for each relay event.

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

**ENTRY FEES**

<b>Make checks payable to: MARINER SWIM CLUB</b>	
<b>Swimmer Surcharge</b>	<b>\$10.00 per Swimmer</b>
Individual Event	\$8.00 per event
Relays	\$28 per relay

**SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**CHECK-IN** Athlete check-in will be required for all events. Deadline for Athlete Check-In will be 20 minutes after the start of each warm-up session. Swimmers who fail to “check-in” will be scratched from the event and not seeded. Any swimmer who “checks-in” for an event and fails to compete in said event shall be barred from competing in his/her next individual event per MSI Rules and Regulations 3.1.7 Positive Check-in Events.

**SCORING** All scoring will be on a sixteen (16) place basis.

- Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**AWARDS** Ribbons will be awarded to places 1st through 8th. Relay ribbons will be awarded to teams placing 1st through 3rd. Heat winner awards will be given out.

**RESULTS** **Results will be posted on MARINER SWIM CLUB and MDSI’s website within 24 hours of the meet’s conclusion.** At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

**COACHES/OFFICIALS/MEET STAFF** **POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:** *There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located in the admin office. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a*

*meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

There will be a need for officials. [MARINER SWIM CLUB](#) welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/  
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand. Heat Sheets will be available on Meet Mobile and posted in the Spectators Gallery

**WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

## ORDER OF EVENTS & QUALIFYING TIMES

Session 1: Saturday, March 16, 2019  
Warm-up: 7:30 AM Meet Start: 8:30 AM

EVENT #	GIRLS / WOMEN SLOWER THAN	EVENT
1	1:11.99	15-UP 100 FLY
2	1:13.39	13-14 100 FLY
3	35.09	11-12 50 FLY
4	2:23.19	15-UP 200 FREE
5	2:26.19	13-14 200 FREE
6	1:10.29	11-12 100 FREE
7	1:12.09	15-UP 100 BACK
8	1:13.69	13-14 100 BACK
9	36.59	11-12 50 BACK
10	2:58.69	15-UP 200 BREAST
11	3:02.29	13-14 200 BREAST
12	1:29.39	11-12 100 BREAST
13	30.79	15-UP 50 FREE
14	31.29	13-14 50 FREE
15	NT	11-12 200 MEDLEY RELAY
16	NT	15-UP 400 MEDLEY RELAY
17	NT	13-14 400 MEDLEY RELAY

Session 2: Saturday, March 16, 2019  
Warm-up: 1:00 PM Meet Start: 2:00 PM

EVENT #	BOYS / MEN SLOWER THAN	EVENT
18	1:05.39	15-UP 100 FLY
19	1:08.39	13-14 100 FLY
20	35.19	11-12 50 FLY
21	2:11.49	15-UP 200 FREE
22	2:16.79	13-14 200 FREE
23	1:07.89	11-12 100 FREE
24	1:05.49	15-UP 100 BACK
25	1:08.89	13-14 100 BACK
26	36.29	11-12 50 BACK
27	2:40.59	15-UP 200 BREAST
28	2:49.59	13-14 200 BREAST
29	1:27.49	11-12 100 BREAST
30	27.79	15-UP 50 FREE
31	28.89	13-14 50 FREE
32	NT	11-12 200 MEDLEY RELAY
33	NT	15-UP 400 MEDLEY RELAY
34	NT	13-14 400 MEDLEY RELAY

**Session 3: Sunday, March 17, 2019**  
**Warm-up: 7:30 AM Meet Start: 8:30 AM**

<b>EVENT #</b>	<b>GIRLS / WOMEN SLOWER THAN</b>	<b>EVENT</b>
35	2:38.89	15-UP 200 FLY
36	2:41.89	13-14 200 FLY
37	1:20.29	11-12 100 FLY
38	1:06.59	15-UP 100 FREE
39	1:07.79	13-14 100 FREE
40	32.49	11-12 50 FREE
41	2:36.39	15-UP 200 BACK
42	2:39.39	13-14 200 BACK
43	1:20.49	11-12 100 BACK
44	1:22.69	15-UP 100 BREAST
45	1:24.39	13-14 100 BREAST
46	40.99	11-12 50 BREAST
47	2:40.19	15-UP 200 IM
48	2:43.19	13-14 200 IM
49	1:20.39	11-12 100 IM
50	NT	15-UP 400 FREE RELAY
51	NT	13-14 400 FREE RELAY
52	NT	11-12 200 FREE RELAY

**Session 4: Sunday, March 17, 2019**  
**Warm-up: 1:00 PM Meet Start: 2:00 PM**

<b>EVENT #</b>	<b>BOYS / MEN SLOWER THAN</b>	<b>EVENT</b>
53	2:24.59	15-UP 200 FLY
54	2:30.99	13-14 200 FLY
55	1:18.49	11-12 100 FLY
56	1:00.39	15-UP 100 FREE
57	1:02.89	13-14 100 FREE
58	31.29	11-12 50 FREE
59	2:23.19	15-UP 200 BACK
60	2:29.89	13-14 200 BACK
61	1:17.79	11-12 100 BACK
62	1:14.09	15-UP 100 BREAST
63	1:17.59	13-14 100 BREAST
64	40.59	11-12 50 BREAST
65	2:25.79	15-UP 200 IM
66	2:32.59	13-14 200 IM
67	1:16.99	11-12 100 IM
68	NT	15-UP 400 FREE RELAY
69	NT	13-14 400 FREE RELAY
70	NT	11-12 200 FREE RELAY

## Maryland Swimming B Championships

### Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to  
(checks payable to **MARINER SWIM CLUB**):

**MARINER SWIM CLUB**

ATTN: Treasurer

PO Box 5625

Baltimore, MD 21210

Email to: treasurer@marinerswimming.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$8.00 per event	
Surcharge per swimmer		\$10.00	
Relay Entries		\$28.00 per relay	
<b>Total Fees Due</b>			

#### **Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

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SIGNATURE (Coach or Club Representative)

CLUB

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TITLE

DATE