



## Mariner Swim Club “Go The Distance” Meet

Hosted by **MARINER SWIM CLUB**

November 10-11, 2018

Held at Gilman School

5407 Roland Ave, Baltimore, MD 21210

**Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.**

Sanction # MDSI 18-19/010

**In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C**

**This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswim.org](http://www.mdswim.org). All participants, coaches, officials, management and spectators will be held to the standards set within**

<b>CERTIFIED MEET DIRECTOR</b> Michelle Cerny <a href="mailto:mcerny5@gmail.com">mcerny5@gmail.com</a>	<b>CERTIFIED MEET ENTRY COORDINATOR</b> Nina Groseclose PO Box 5625 Baltimore, MD 21210 <a href="mailto:ngroseclose@gmail.com">ngroseclose@gmail.com</a>
<b>MEET REFEREE</b> Greer Verheyen 443-377-6306 <a href="mailto:greer.verheyen@constellation.com">greer.verheyen@constellation.com</a> Meet Notice read & approved by Referee: YES	<b>USA REGISTERED OPERATIONAL RISK DIRECTOR</b> Mike Saulo
<b>OFFICIALS CONTACT</b> Greer Verheyen 443-377-6306 <a href="mailto:greer.verheyen@constellation.com">greer.verheyen@constellation.com</a>	<b>ADMIN OFFICIAL</b> Gero Verheyen

### **FACILITY**

Gilman School has a 6 lane, 25-yard pool with non-turbulent lane dividers and spectator seating. The minimum water depth, measured in accordance with Article 103.2.3 is: 10.5 at a distance of 1.0 to 5.0 yards from the starting end of the pool and 3.5' measured 1.0 to 5.0 yards from the turning end of the pool. The competition course has not been certified in accordance with 104.2.2C (4). All diving starts will take place from the deep end of the pool only.

There will be one lane available throughout competition for continuous warm-up/down.

**IMPORTANT:** Spectators and swimmers will be restricted to the general pool area and locker rooms that are reserved for this meet. Entering other facility areas is prohibited.

**PARKING:** Parking will be available for spectators, coaches, and officials will be available in the lower lot of Gilman School.

**MEET FORMAT**

This is a timed final Age Group meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:00 AM	8:00 AM	12 and under
2	Sunday	7:00 AM	8:00 AM	11-14
3	Sunday	1:00 PM	2:00 PM	15 and older

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Tuesday, October 16	5:00 PM	Entry deadline
Friday, October 26	5:00 PM	Entry fee deadline
Saturday, November 10	7:30 AM	Coaches/General Meeting
Saturday, November 10 and Sunday, November 11	1 hour prior to start of session	Officials briefings
Saturday, November 10	7:30 AM	12 & under 500 free Positive check-in
Sunday, November 11	7:30 AM	11-12 and 13-14 Positive check-in
Sunday, November 11	1:30 PM	15 & older Positive check-in

**SAFETY**

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**RACING STARTS**

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a forward racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

**ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will

determine their age for the entire meet. Provable 500 time for 11 and over swimmers.

This meet is open to all 9 and over swimmers (no 8 & unders), registered with USA Swimming for 2018. Swimmers age as of November 10, 2018 will apply for the entire meet. The 2018 USA Swimming rules will apply.

Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00.

Minimum provable times for 1650 No Time (NT) swimmers are:

- 15 & over swimmers must have a provable time of 6:00 or faster in the 500-yard freestyle to compete in the 1650
- 11-14 swimmers must have a provable time of 6:30 or faster in the 500-yard freestyle to compete in the 1650
- Estimated times for NT entries for the 1650 would be appreciated
- All entry times are subject to verification and will be run thru the SWIMS database

#### **SWIMMERS WITH DISABILITIES**

**MARINER SWIM CLUB** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit **MARINER SWIM CLUB's** ability to accommodate all requests.

#### **HEALTH GUIDELINES**

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24-hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

#### **ENTRIES**

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A completed and signed Entry Summary Sheet and payment in full must be received by the Meet Entry Coordinator by the entry deadline. **MARINER SWIM CLUB** entries will be entered first and then accept teams/entries in the order received, until the four/five-hour rule is reached. Entries received thereafter will be returned immediately.

#### **ENTRY LIMITATIONS**

Swimmers may swim a maximum of 1 individual event per day a total of 2 individual events for the meet. The Meet Director reserves the right to limit entries in order to stay within the 4 HOUR TIME LIMIT for the 12 and under sessions of the meet and to meet the occupancy requirements of the facility.

#### **ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES**

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

**ENTRY FEES**

Make checks payable to: <b>MARINER SWIM CLUB</b>	
Swimmer Surcharge	\$10.00 per Swimmer
Individual Event	\$10.00 per event

**SEEDING**

The conforming time standard for this meet is short course yards or converted long course time. Swimmers will be seeded and swim from fastest to slowest; alternating women and men heats for all 1650 sessions. All non-conforming times will be seeded last in rank order

**CHECK-IN**

A positive check-in, located at the Admin table, and will be required for the following events:

Check in for event will be as stated in the Deadline and Meeting Summary. **Swimmers that fail to check in will be scratched from the event and not seeded.** Swimmers that check in, been seeded, and fails to complete said event shall be barred from his/her next individual event.

**AWARDS**

No awards will be given at this event.

**RESULTS**

Results will be posted on [MARINER SWIM CLUB's](#) and MDSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

**COACHES/OFFICIALS/MEET STAFF**

**POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:**  
*There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located at the Admin table. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

There will be a need for officials. [MARINER SWIM CLUB](#) welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

Each participating club is requested to provide at least one official (referee, starter, admin or stroke and turn judge) per session if entering 25 or more splashes. Walk-on officials are welcome and should report to the meet referee during warm-ups.

**EACH SWIMMER MUST PROVIDE THEIR OWN TIMER (MANDATORY) AND COUNTER.** The size of the meet makes it important for the meet to stay on schedule on both days. **COACHES AND SWIMMERS MUST MAKE SURE THAT EACH SWIMMER IS READY TO SWIM AND THAT THEIR TIMER (REQUIRED) AND LAP COUNTER ARE IN PLACE PRIOR TO THE CONCLUSION OF THE PRIOR HEAT.**

#### **HOSPITALITY/ CONCESSIONS**

There will be a hospitality area open to all coaches and officials. **CONCESSIONS WILL NOT BE AVAILABLE.**

#### **WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be 1 lane available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

## ORDER OF EVENTS & QUALIFYING TIMES

**Session 1 Saturday, November 10: 9-12 500 freestyle**

**Warm-up: 7:00 AM Meet Start: 8:00 AM**

#	Girls/Women	Event	Boys/Men	#
1	NT	9-12 500 Free	NT	2

**Session 2 Sunday, November 11: 11-14 year old 1650 freestyle**

**Warm-up: 7:00 AM Meet Start: 8:00 AM**

#	Girls/Women	Event	Boys/Men	#
3	NT	14 and under 1650 freestyle (500 free 6:30 minimum for NT)	NT	4

**Session 3 Sunday, November 11: 15 and older 1650 freestyle**

**Warm-up: 1:00 PM**

#	Girls/Women	Event	Boys/Men	#
5	NT	15 and older 1650 freestyle (500 free 6:00 minimum for NT)	NT	6

**Meet Name**  
**Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to  
 (checks payable to **MARINER SWIM CLUB**):

**MARINER SWIM CLUB**

ATTN: Treasurer

PO Box 5625

Baltimore, MD 21210

Email to: treasurer@marinerswimming.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$10.00 per event	
Surcharge per swimmer		\$10.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
 SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
 CLUB

\_\_\_\_\_  
 TITLE

\_\_\_\_\_  
 DATE