



LIVE M.A.S Invitational
 Hosted by **Merritt Swimming**
 January 25-27 2019
 Held at **Loyola University Aquatic Complex**
 4900 N. Charles Street
 Baltimore, Md 21220

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
 Sanction # MDSI 18-19/025

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswwim.org. All participants, coaches, officials, management and spectators will be held to the standards set within

CERTIFIED MEET DIRECTOR Meaghan King (978)509-2721 mking@merrittclubs.com	CERTIFIED MEET ENTRY COORDINATOR Meaghan King 8757 Mylander Lane Towson, Md 21286 (978)509-2721
MEET REFEREE Linda Sue Lottes (410)917-9928 lsmdswim@gmail.com Meet Notice read & approved by Referee : YES	USA REGISTERED OPERATIONAL RISK DIRECTOR Ryan Jackson 449-825-7638 rjackson@merrittclubs.com
OFFICIALS CONTACT Linda Sue Lottes (410)917-9928 lsmdswim@gmail.com	ADMIN OFFICIAL Bruce Claus

FACILITY

Loyola University is an indoor 10 lane, 25-yard facility with non-turbulent lane dividers, and spectator seating. Warm-up lanes will be available for the duration of the meet.
 The meet will be run on a Colorado Timing System with scoreboard. The

minimum water depth measured in accordance with Article 103.2.3 is 5”to 7” at a distance of 1.0-5.0 meters from both the start end of the pool and from the turn end of the pool. **The competition course has not been certified in accordance with 104.2.2C (4).**

Important: Spectators will be limited to the café space, and spectator area. Swimmers will be restricted to the general pool area. Entering other parts of the facility is prohibited.

No Athletic Trainer will be provided for this event by Loyola University.

No Chairs will be allowed on the pool deck by swimmers, only the bleachers are to be used for swimmer seating.

Parking: Park only in the designated areas. Parking on Charles is permitted. Please follow Baltimore City Parking signs. Parking is **NOT** permitted on Wyndhurst Avenue at any time.

MEET FORMAT

This is a timed final, pre-seeded “BB” and Slower meet. Distance events will be swum mixed age mixed gender, and will be a positive check in event. Distance events will be swum fastest to slowest.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00pm	5:00pm	All
2	Saturday	7:00am	8:00am	9-10, 13-14
3	Saturday	12:00pm	1:00pm	11-12, 15-18
4	Sunday	7:00am	8:00am	9-10, 13-14
5	Sunday	12:00pm	1:00pm	11-12, 15-18

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday January 4, 2019	5:00pm	Entry Deadline
Thursday January 24, 2019	4:00pm	Scratch Deadline for Sat/ Sun Events
Friday January 25, 2019	4:30pm	Positive Check in 500 Free/ 400 IM
Friday January 25, 2019	4:30pm	Coaches General Meeting
Fri/ Sat/ Sun	45 mins prior to the start of sessions	Officials Briefing

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas

and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. If following the MDSI Scratch Rule: Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. Include any minimum/maximum time standards for qualification to enter the event, team affiliations, etc.

SWIMMERS WITH DISABILITIES

Merritt Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit **Merritt Swimming's** ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. **Merritt Swimming** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

Maryland LSC Team

ENTRY LIMITATIONS Swimmers may swim a maximum of 4 individual events plus 1 relays per day and a total of 9 individual events and 2 relays for the meet. Due to fire restrictions of the deck, only 390 athletes per session will be allowed to enter the meet. Distance events will be swum mixed age, mixed gender 9-12, and 13 & Over.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES **The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.**

ENTRY FEES

Make checks payable to: Merritt Athletic Swimming	
LSC Surcharge	\$7.00 per Swimmer
Individual Event	\$7.50 per event
Relays	\$16.00 per relay

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN A positive check-in, located on the pool deck, next to the Aquatic Offices will be required for the following events:

- 9-12 Mixed 500 Free
- 13 & Over Mixed 500 Free
- 9-12 Mixed 400 IM
- 13 & Over Mixed 400 IM

In a positive check-in events a swimmer who is checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual events. Swimmers must provide their own counters and timers.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block. We are encouraging all coaches to email mking@merrittclubs.com by Thursday January 24, 2019 at 4:00pm with any Saturday or Sunday Scratches. Friday night distance will be a positive check-in.

SCORING No scoring will take place at this meet.

AWARDS Ribbons will be awarded to the top 8 finishers in each event , 1st-3rd in relays , age groups 9-10, 11-12, 13-14, 15-18.

RESULTS **Results will be posted on **Merritt Swimming's** and MDSI's website within 24 hours of the meet's conclusion.** At the conclusion of the

meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

**COACHES/OFFICIALS/MEET
STAFF**

POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:

There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located outside the Aquatic Office. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

There will be a need for officials. Merritt Swimming welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. A small refreshment area will be available at the concession stand for swimmers and spectators.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down **There is to be no diving or horseplay in this area.**

ORDER OF EVENTS & QUALIFYING TIMES

Session 1: Friday January 25, 2019
Warm-up: 4:00pm Meet Start: 5:00pm

#	Girls/ Women	Event	Boys/ Men	#
1	6:44.89/6:07.79	9-12 Mixed 500 Free	6:37.39/ 5:57.69	1
2	5:50.89/ 5:43.49	13 & Over Mixed 500 Free	5:31.39/ 5:19.39	2
3	NT/ 5:29.29	9-12 Mixed 400 IM	NT/ 5:19.79	3
4	5:13.59/ 5:06.49	13 & Over 400 IM	4:52.99/ 4:442.09	4

2: Saturday January 26, 2019
Warm-up: 7:00am Meet Start: 8:00am

#	Girls/ Women	Event	Boys/ Men	#
5	1:15.99	13-14 100 Breast	1:09.79	6
7	1:31.89	9-10 100 Breast	1:30.19	8
9	2:23.29	13-14 200 Back	2:14.69	10
1	NT	9-10 200 Back	NT	12
13	1:00.69	13-14 100 Free	56.29	14
15	1:10.49	9-10 100 Free	1:09.69	16
17	2:26.99	13-14 200 IM	2:15.69	18
19	2:52.69	9-10 200 IM	2:50.99	20
21	2:26.99	13-14 200 Fly	2:17.17	22
23	NT	9-10 200 Fly	NT	24
25	NT	13-14 200 Free Relay	NT	26
27	NT	9-10 200 Free Relay	NT	28

Session 3: Saturday January 26, 2019
Warm-up: 12:00pm Meet Start: 1:00pm

#	Girls/ Women	Event	Boys/ Men	#
29	1:14.49	15-18 100 Breast	1:06.49	30
31	1:20.39	11-12 100 Breast	1:18.39	32
33	2:20.69	15-18 200 Back	2:08.49	34
35	2:31.39	11-12 200 Back	2:27.99	36
37	59.59	15-18 100 Free	53.89	38
39	1:03.09	11-12 100 Free	1:00.89	40
41	2:24.19	15-18 200 IM	2:10.89	42
43	2:34.89	11-12 200 IM	2:30.89	44
45	2:22.89	15-18 200 Fly	2:09.79	46
47	2:34.99	11-12 200 Fly	2:31.39	48
49	NT	15-18 200 Free Relay	NT	50
51	NT	11-12 200 Free Relay	NT	52

Session 4: Sunday January 27, 2019

Warm-up: 7:00am Meet Start 8:00am

#	Girls/ Women	Event	Boys/ Men	#
53	27.99	13-14 50 Free	25.69	54
55	31.39	9-10 50 Free	30.99	56
57	2:44.59	13-14 200 Breast	2:32.89	58
59	NT	9-10 200 Breast	NT	60
61	1:06.19	13-14 100 Back	1:01.79	62
63	1:19.29	9-10 100 Back	1:19.19	64
65	2:11.29	13-14 200 Free	2:02.59	66
67	2:35.59	9-10 200 Free	2:29.39	68
69	1:05.99	13-14 100 Fly	1:01.29	70
71	1:24.09	9-10 100 Fly	1:23.49	72
73	NT	13-14 200 Medley Relay	NT	74
75	NT	9-10 200 Medley Relay	NT	76

Session 5: Sunday January 27, 2019

Warm-up: 12:00pm Meet Start 1:00pm

#	Girls/ Women	Event	Boys/ Men	#
77	27.49	15-18 50 Free	24.79	78
79	29.09	11-12 50 Free	27.89	80
81	2:41.29	15-18 200 Breast	2:24.59	82
83	2:54.09	11-12 200 Breast	2:47.09	84
85	1:04.69	15-18 100 Back	58.59	86
87	1:11.79	11-12 100 Back	1:09.29	88
89	2:08.49	15-18 200 Free	1:57.69	90
91	2:18.19	11-12 200 Free	2:13.59	92
93	1:04.59	15-18 100 Fly	58.59	94
95	1:11.49	11-12 100 Fly	1:09.59	96
97	NT	15-18 200 Medley Relay	NT	98
99	NT	11-12 200 Medley Relay	NT	100

Meet Name
Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **Merritt Athletic Swimming**):

Merritt Swimming
 ATTN: Meaghan King
 8757 Mylander Lane
 Towson, MD 21286
 Email to: mking@merrittclubs.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
Surcharge per swimmer		\$7.00 per swimmer	
Relay Entries		\$16.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 SIGNATURE (Coach or Club Representative)

 CLUB

 TITLE

 DATE