



## EST/CAA/LBA/NAAC MINI Meet

Hosted by Eagle Swim Team

February 17, 2019

Held at McDonogh School – Rosenburg Aquatic Center, 8600 McDonogh Road, Owings Mills, MD, 21117

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD 18-19/077

**In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C**

**This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswim.org](http://www.mdswim.org). All participants, coaches, officials, management and spectators will be held to the standards set within**

<b>CERTIFIED MEET DIRECTOR</b>	<b>CERTIFIED MEET ENTRY COORDINATOR</b>
Daniel Russell 443-544-7150 Daniel.russell0827@gmail.com	Clarke Nyman PO BOX 215 Glyndon, MD, 21071 315-382-2125 Coach.clarke.est@gmail.com
<b>MEET REFEREE</b>	<b>USA Registered MEET SAFETY DIRECTOR</b>
Dipper Wettstein 443-745-4406 <a href="mailto:CAAofficials@ClippersSwim.org">CAAofficials@ClippersSwim.org</a> Meet Notice read & approved by Referee : YES	Margaret Bitz mbitz@mcdonogh.org
<b>OFFICIALS CONTACT</b>	<b>ADMIN OFFICIAL</b>
Dipper Wettstein 443-745-4406 <a href="mailto:CAAofficials@ClippersSwim.org">CAAofficials@ClippersSwim.org</a>	Cathy VanNetta 443-676-3195 <a href="mailto:vannettac@gmail.com">vannettac@gmail.com</a>

### FACILITY

McDonogh School has an indoor eight-lane, 25 yard competition pool. In addition, opposite the competition pool is a nine-lane, 20 yard warm-up/cool-down pool. The facility is equipped with a Daktronic Inc. automatic timing, scoreboard, horn start, non-turbulent lane dividers and a separate spectator seating area. "The minimum water depth, measured in accordance with article 103.2.3, is 8'0" at the start end and 6'0" at the turn end." The competition course has not been certified in accordance with 104.2.2C (4). There is ample parking in the McDonogh School's Eagle Lot. Please do not park or leave your car in the drop-off circle.

### MEET FORMAT

This is a timed final meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Sunday	2:20 PM	3:00 PM	8 & UNDER

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Friday, Feb. 1, 2019	12:00PM	Entry deadline
Sunday, Feb. 17, 2019	1 hour before meet starts	Officials Meeting
Sunday, Feb. 17, 2019	10 minutes before meet starts	Coaches Meeting (1 per team)

**SAFETY**

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**RACING STARTS**

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES**

- This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.
- Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.
- Deck changes are prohibited.
- If needed, overhead (dive-over) starts will be used during the meet. Coaches are asked to make sure the swimmers are familiar with and understand how overhead starts are done.

**ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. All swimmers must be 8 years of age or younger, and a swimmer's age on the first day of the meet will determine their age for the entire meet. There will be no time standards.

**SWIMMERS WITH DISABILITIES**

**EAGLE SWIM TEAM** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered

service animals. Failure to provide advance notice may limit **EAGLE SWIM TEAM's** ability to accommodate all requests.

**HEALTH GUIDELINES**

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Referee has the authority to inform and protect coaches, spectators, volunteers and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, anyone who exhibits symptoms of illness may be asked to withdraw from the competition for a 24 hour period. Swimmers will need to be cleared by the Meet Referee in order to return to competition.

**ENTRIES**

All entries must be submitted with Short Course Yard Times. Teams can use a "No Time" (NT), but estimated times are strongly encouraged. All entries must be submitted via email to Clarke Nyman – [coach.clarke.est@gmail.com](mailto:coach.clarke.est@gmail.com) – with accompanying (1) Team Manager or Team Unify Electronic Files [.hy3, .cl2], and (2) a PDF Report of Entries by NAME.

Checks for Entry Fees should be made payable to Eagle Swim Team and mailed with disk (or Entry Forms) to :

Clarke Nyman, Entry Director  
PO BOX 215  
Glyndon, MD, 21071

Please Note: Payment in full must be received before the entry deadline to the Meet Entry Coordinator in order to be accepted. **EAGLE SWIM TEAM** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately.

**ENTRY LIMITATIONS**

Swimmers may swim a maximum of five (5) individual events and two (2) relays.

**ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt, and acceptance/rejection of the entry file.

**ENTRY DEADLINES**

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted.

**ENTRY FEES**

<b>Make checks payable to: EAGLE SWIM TEAM</b>	
Swimmer Surcharge	\$5.00 per Swimmer
Individual Event	\$8.00 per event
Relay Event	\$20.00 per relay

<b>SEEDING</b>	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest.
<b>CHECK-IN</b>	No Check-in. Meet will be pre-seeded.
<b>SCRATCHES</b>	There will be no penalty for scratching events.
<b>SCORING</b>	The meet will not be scored.
<b>AWARDS</b>	Heat winner awards will be distributed.
<b>RESULTS</b>	<b>Results will be posted on <b>EAGLE SWIM TEAM's</b> and MSI's website within 24 hours of the meet's conclusion.</b> At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
<b>COACHES/OFFICIALS/MEET STAFF</b>	<p><b><u><a href="#">POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF:</a></u></b>  <i>There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located <u>on the landing inside the main pool doors</u>. <b>DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.</b></i></p> <p>There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</p>
<b>OFFICIALS/TIMERS/VOLUNTEERS</b>	There will be a need for officials. <b>EAGLE SWIM TEAM</b> welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
<b>WARM-UP</b>	<b>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.</b> During the competition, there will be lanes available for continuous warm-up/down (if available). <b>There is to be no diving or horseplay in this area.</b>

## ORDER OF EVENTS & QUALIFYING TIMES

### Session 1

Sunday, February 17, 2019

Warm-up: 2:20 PM; Meet Start: 3:00 PM

Girls/Women	Event	Boys/Men
1	100 MEDLEY RELAY	2
<b>5 MINUTE BREAK</b>		
3	50 FREE	4
5	25 BREAST	6
7	50 BACK	8
9	25 FLY	10
11	100 FREE	12
<b>5 MINUTE BREAK</b>		
13	50 BREAST	14
15	25 FREE	16
17	50 FLY	18
19	25 BACK	20
21	100 IM	22
<b>5 MINUTE BREAK</b>		
23	100 FREE RELAY	24

**EST/CAA/LBA/NAAC MINI MEET**

**Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **EAGLE SWIM TEAM**):

EAGLE SWIM TEAM

ATTN: MEET ENTRY COORDINATOR

PO BOX 215

GLYNDON, MD, 21071

Email to: COACH.CLARKE.EST@GMAIL.COM

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Surcharge		\$5.00 per swimmer	
Individual Entries		\$8.00 per event	
Relay Entries		\$20.00 per relay	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. EAGLE SWIM TEAM, McDONOGH SCHOOL, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

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SIGNATURE (Coach or Club Representative)

CLUB

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TITLE

DATE