

LBA IMX Distance Challenge

Hosted by LBA

1/5/2019 – 1/6/2019

Held at Loyola Blakefield, 500 Chestnut Avenue, Towson, MD 21204

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction #MD18/19-019

In granting this approval it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswim.org. All participants, coaches, officials, management and spectators will be held to the standards set within

MEET DIRECTOR <i>Bridgette Acchione</i> 9713 Denrob Court Baltimore MD 21234 443-286-7088 Bridgette.schertle@gmail.com	MEET ENTRY COORDINATOR <i>Keith Schertle</i> 144 Westbury Rd Lutherville MD 21093 443-841-3368 kschertle@loyolablakefield.org
MEET REFEREE Barry Schaub 410-628-6586 Jamesschaub09@comcast.net Meet Notice read & approved by Referee : YES	MEET MARSHALL <i>Dominic Breschi</i> 443-841-3367 DBreschi@loyolablakefield.org
OFFICIALS CONTACT Bridget McMahon bridgetannmcmahon@gmail.com	ADMIN OFFICIAL <i>Gerry Lindner</i>

FACILITY

The competition pool at Loyola Blakefield has been certified in accordance with 104.2c(4)

Pool: Loyola Blakefield is a 8 lane 25 yard pool with non-turbulent lane lines. Colorado Time System with a full matrix scoreboard and horn start. The Depth of the starting end is 12 feet. The aquatic center at Loyola uses the latest state of the art UV System for improved air and water quality. The pool depth is 12 feet at the starting end and 4 feet and ½ feet at the turning end.

There will be continuous warm-up / warm-down lane in lane 8 with lane 7 being an empty buffer lane.

All areas of Loyola Blakefield are Off Limits except for the lobby area of the pool, the stands, the restrooms and pool locker rooms and the pool itself.

MEET FORMAT**Timed final event**

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:15 AM	8:00 AM	11 & Over
2	Saturday	12:00 PM	1:00 PM	11 & Over
3	Saturday	4:10 PM	4:40 PM	11 & Over
4	Sunday	8:15 AM	9:00 AM	11 & Over

- Please note: The above listed starting times may be adjusted once all entries have been received. Coaches will be notified of any changes to starting times.

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday, 12-21-2018	1:00 PM	Entry deadline
Saturday, 1-5-2019	7:15 AM	Official Briefings
Saturday, 1-5-2019	12:15 PM	Official Briefings
Saturday, 1-5-2019	12:30 PM	Timing Meeting
Sunday, 1-6-2019	8:15 AM	Official Briefings

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing **both** a forward racing start and a backstroke start, or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

Swimmers from MD Swimming team assigned on the MDSI website are eligible for this meet.

"No Time" (NT) entries will not be accepted.

For the 1000 and 1650, all swimmers must have a provable 500 free time of 6:30 or faster. Estimated time will be accepted if swimmer meet time standard set.

Time standards required to be eligible are as follows:

400 IM – provable 200 IM time of 3:15 or faster
200 Back - provable time of 3:15 or faster
200 Breaststroke - provable time of 3:30 or faster
200 Fly - provable time of 3:30 or faster
500 Free - provable time of 7:00 or faster

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer’s age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Loyola Blakefield Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Loyola Blakefield Aquatics ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

Email is preferred for electronic entries. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline.

ENTRY LIMITATIONS

Swimmers are limited to a maximum of Four (4) Individual Events per day.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations.

ENTRY FEES

Make checks payable to: Loyola Blakefield Aquatics	
LSC Surcharge	\$2.00 per swimmer
Individual Event	\$7.50
Facility Fee	\$5.00 per Swimmer

SEEDING	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order
SCRATCHES	There will be no penalty for scratching pre-seeded events at the block
SCORING	No team or individual scoring will be kept.
AWARDS	There are no awards.
RESULTS	Results will be posted on Loyola Blakefield Aquatic's and MDSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
COACHES/OFFICIALS/ MEET STAFF	<p><i>POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF: There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located at the main pool entrance double doors. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.</i></p> <p>There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</p> <p>Swimmers must provide their own timers for the 1650 free, 500 free and for the 1000 free. LBA will provide timers for Session 2 only.</p> <p><u>OFFICIALS SIGN-UP HERE!</u></p>
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. There will be limited concessions. Programs will not be available. Heat Sheets will be e-mailed out to the clubs and clubs can forward to their swimmers.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right

to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

Saturday, 1-5-2019

Warm-up: 7:15 AM; Meet Start: 8:00 AM

Event #		Age Group	Event
1	Girls	11 & Over	1650 Free
2	Boys	11 & Over	1650 Free

Saturday, 1-5-2019

Warm-up: 12:15 PM; Meet Start: 1:00 PM

Event #		Age Group	Event
3	Girls	OPEN	400 I.M.
4	Boys	OPEN	400 I.M.
5	Girls	OPEN	200 Back
6	Boys	OPEN	200 Back
7	Girls	OPEN	200 Breast
8	Boys	OPEN	200 Breast
9	Girls	OPEN	200 Fly
10	Boys	OPEN	200 Fly

Saturday, 1-5-2019

Warm-up: 4:10 PM; Meet Start: 4:40 PM

Event #		Age Group	Event
11	Girls	OPEN	500 Free
12	Boys	OPEN	500 Free

Sunday, 1-6-2019

Warm-up: 8:15 AM; Meet Start: 9:00 AM

Event #		Age Group	Event
13	Girls	11 & Over	1000 Free
14	Boys	11 & Over	1000 Free

**LBA IMX Meet
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **LBA**):

Loyola Blakefield Aquatics
ATTN: Keith Schertle
144 Westbury Rd
Lutherville MD 21093
Email to: kschertle@loyolablakefield.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 Surcharge per swimmer		\$2.00 per swimmer	
\$5 Facility Surcharge per swimmer		\$5.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Loyola Blakefield Aquatics, Loyola Blakefield, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE