

Holiday Invitational

Hosted by Annapolis Swim Club
December 7-9, 2018
The Arundel Olympic Swim Center
2690 Riva Road, Annapolis MD 21401

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 18-19/069

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

CERTIFIED MEET DIRECTOR Ken DeGruchy 7611 Gunmill Lane Glen Burnie MD, 21060 ascmeetentries@gmail.com	CERTIFIED MEET ENTRY COORDINATOR Ken DeGruchy 7611 Gunmill Lane Glen Burnie MD, 21060 ascmeetentries@gmail.com
MEET REFEREE Doug Karr DKarr29@gmail.com (410)353-5948 Meet Notice read & approved by Referee : YES	USA Registered MEET SAFETY DIRECTOR Elizabeth Cmiel
OFFICIALS CONTACT Doug Karr DKarr29@gmail.com (410)353-5948	ADMIN OFFICIAL Becky Sloan sloangang@gmail.com

FACILITY The competition course has not been certified in accordance with 104.2.2C (4).

MEET FORMAT Timed Final event.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00 PM	5:00 PM	13-14, 15-18
2	Saturday	7:00 AM	8:00 AM	13-14,15-18
3	Saturday	12:00 PM	1:00 PM	9-10,11-12
4	Sunday	7:00 AM	8:00 AM	13-14,15-18
5	Sunday	12:00 PM	1:00 PM	9-10, 11-12

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday 11/26/18	5:00 pm	Entry deadline
Saturday 12/8/18	7:00 am	Coaches/General Meeting
Friday 12/8/18	4:30 pm	Freestyle positive check ins
Saturday 12/8/18	7:00 am	Official Briefings

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer’s age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

ASC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit ASC’s ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any

participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES Entries should be submitted by email in in Hy-tek format. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. **ASC** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.
Maryland LSC Team

ENTRY LIMITATIONS Swimmers may swim a maximum of 4 individual events per session.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: ASC	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.50 per event
Facility charge	\$13.00 per swimmer

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN A positive check-in, located deck side, will be required for the following events:

- 500 free

SCRATCHES There will be no penalty for scratching pre-seeded events at the block

RESULTS Results will be posted on and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/
VOLUNTEERS

There will be a need for officials. ASC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the snack room area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/
CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

COACHES/OFFICIAL
S/MEET STAFF

POSITIVE CHECK IN FOR COACHES, OFFICIALS and MEET STAFF: *There will be a positive check in for all coaches, officials and approved meet staff. The check in table will be located on deck. DECK PASS must be presented showing current fully certified Coach Membership or current fully certified Officials Membership. Meet Staff must be listed on an approved list provided by the host team. Upon verification of credentials, a meet specific wristband will be given that shall be worn at all times while on deck. Failure to comply will result in deck access being denied or immediate removal from the pool deck.*

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

Friday December 7, 2018
Warm-up: 4:00pm; Meet Start: 5:00pm

Event #	Girls/Women	Event	Boys/Men	Event #
1		100 breast		2
3		200 back		4
5		500 Free		6
		500 Free will be swum fastest to slowest. All swimmers must provide their own timer and counter		

Saturday, December 8, 2018
Warm-up: 7:00 am; Meet Start: 8:00 am

Event #	Girls/Women	Event	Boys/Men	Event #
7		15-18 200 Fly		8
9		13-14 200 fly		10
11		15-18 50 free		12
13		13-14 50 Free		14
15		15-18 100 Back		16
17		13-14 100 Back		18
19		15-18 200 free		20
21		13-14 200 free		22
23		13-14 400 Free Relay		24
25		15-18 400 Free Relays		26

Saturday, December 8, 2018
Warm-up: 12:00pm; Meet Start: 1:00pm

Event #	Girls/Women	Event	Boys/Men	Event #
27		11-12 100 IM		28
29		9-10 100 IM		30
31		11-12 50 free		32
33		9-10 50 free		34
35		11-12 100 back		36
37		9-10 100 back		38
39		11-12 50 breast		40
41		9-10 50 Breast		42
43		11-12 100 fly		44
45		9-10 100 fly		46
47		11-12 200 free relay		48
49		9-10 200 free relay		50

Sunday December 9, 2018
Warm-up: 7:00 am; Meet Start: 8:00 am

Event #	Girls/Women	Event	Boys/Men	Event #
51		15-18 200 IM		52
53		13-14 200 IM		54
55		15-18 100 Fly		56
57		13-14 100 Fly		58
59		15-18 100 free		60
61		13-14 100 free		62
63		15-18 200 breast		64
65		13-14 200 breast		66
67		13-14 400 Medley Relays		68
69		15-18 400 Medley relay		70

Sunday December 9, 2018
Warm-up: 12:00pm; Meet Start: 1:00 pm

Event #	Girls/Women	Event	Boys/Men	Event #
71		11-12 100 IM		72
73		9-10 100 IM		74
75		11-12 100 Breast		76
77		9-10 100 Breast		78
79		11-12 50 Fly		80
81		9-10 50 Fly		82
83		11-12 100 Free		84
85		9-10 100 Free		86
87		11-12 50 Back		88
89		9-10 50 Back		90
91		11-12 200 Medley Relay		92
93		9-10 200 Medley Relay		94

**Annapolis Swim Club Holiday Invitational
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to ASC):

Annapolis Swim Club
7611 Gunmill Lane
Glen Burnie, MD 21060
ascmeetentries@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 Surcharge per swimmer		\$2.00 per swimmer	
Relay Entries		\$15.00 per relay	
Facility Charge		\$13.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE