



**2018 Mid-Atlantic JCC Junior Maccabi Meet**

Hosted by **JCC Swimming**

May 6, 2018

Held at ROSENBLOOM OWINGS MILLS JCC

3506 Gwynnbrook Avenue, Owings Mills, MD 21117

**Held under the Approval of USA Swimming, Inc., issued by Maryland Swimming, Inc.**

Approval # MD/17-18-004AM

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

*This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswim.org](http://www.mdswim.org). All participants, coaches, officials, management and spectators will be held to the standards set within*

<b>CERTIFIED MEET DIRECTOR</b> Brendan McElroy 443 253 3615 coachmcelroy@gmail.com	<b>CERTIFIED MEET ENTRY COORDINATOR</b> Bill Kirkner 3506 Gwynnbrook Ave Owings Mills, MD 21117 410 559 3530 bkirkner@jcc.org
<b>MEET REFEREE</b> Linda Sue Lottes (410) 917-9928 lsmdswim@gmail.com Meet Notice read & approved by Referee : YES	<b>USA REGISTERED OPERATIONAL RISK DIRECTOR</b> TBD Possibly Trevor Rill
<b>OFFICIALS CONTACT</b> Kevin Regert kregert@verizon.net <a href="#">Official Session Availability</a>	<b>ADMIN OFFICIAL</b> Judy Egerton

**JUNIOR MACCABI COMMISSIONER OF SPORT FOR SWIMMING: Dmitry Cherches**

**FACILITY**

The pool has six lanes, 25 yards in length with non-turbulent lane lines. A Colorado Dolphin timing system (wireless digital stopwatch system with automatic start) will be used to provide two times per lane; with a third manual watch at each lane. The depth of the pool is 3.5 feet at the turn end to 9 feet at the start end. The competition course HAS NOT been certified in accordance with USA Swimming 104.2.2C (4).

**MEET FORMAT**

This is a timed final-prelim/final Age Group pre-seeded meet unless otherwise indicated. Events will be swum slowest to fastest. There

may be possible Event Entry Limitations. Upon request by the Meet Director, Technical Planning may split or combine events to run a more effective meet. Order of events may not be changed.

Session	Day	Warm-up	Meet Start	Age Group
1	Sunday	9:00 AM	10:00 AM	9 to 12

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Wednesday, April 18	5:00 PM	Entry deadline
Sunday, May 6	8:45 AM	Coaches/General Meeting
Sunday, May 6	9:00 AM	Official Briefings
Sunday, May 6	9:45 AM	Timer Briefings

**SAFETY**

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**RACING STARTS**

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

**ELIGIBILITY**

Boys and Girls, ages 9 – 12. Participants must be registered with their local delegation for the JCC Junior Maccabi event. As part of the registration process, local delegations must ensure that all participating athletes meet the eligibility requirements for this event as set out in the event documentation.. A swimmer’s age on the first day of the meet will determine their age for the entire meet.

**SWIMMERS WITH DISABILITIES**

JCC Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit JCC Swimming’s ability to accommodate all requests.

## HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene . This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

## ENTRIES

**ENTRY FEES:** All events are limited to participants in the Mid-Atlantic JCC Junior Maccabi event. **There are no additional “per event” fees.**

**ENTRY DEADLINE:** All entries (Computer Entry Sheets, Team Summary Sheets) and fees must be delivered to the address below no later than 8:00 pm Wednesday, April 18.

Meet entries may be submitted in advance by E-Mail (Team Manager Meet Entry files only) to [bkirkner@icc.org](mailto:bkirkner@icc.org). Teams may send a Meet Manager Entry file on disk to the address below. Teams with less than 10 swimmers may send paper entries with payment, but must include the following: swimmer’s name, USA ID number (if applicable), team, event, entry time, and coach’s name and phone number. No phone entries will be accepted.

**SEND ENTRIES TO:** Junior Maccabi Swim Meet  
c/o Bill Kirkner  
3506 Gwynnbrook Avenue  
Owings Mills, MD 21117  
Email entries to [bkirkner@icc.org](mailto:bkirkner@icc.org)

## ENTRY LIMITATIONS

- A swimmer may enter four (4) individual events and up to two (2) relay events per day.
- All “mixed” relay entries must contain two swimmers of each gender.
- All entries must be submitted on a computer file compatible with Hy-Tek Meet Manager software.
- Each team must submit a “Team Summary Sheet.” (A PDF of the team’s entry report sorted by name attached to the entry email which contains the team’s entry file is sufficient.)
- JCC reserves the right to change the warm up and start times after the entries are received and will notify club coaches/representatives of changes.
- **“No Time” entries are allowed for all events except the 500 Freestyle.** If a swimmer does not have a verifiable time, the coach should make a reasonable effort to establish a seed time for their swimmer (i.e., though a time trial at practice.) The seeding process is designed to allow swimmers to race against their most closely matched competition, with the expected result of producing better competition and avoiding serious “mismatches,” which can detract from the spirit and goals of the day. Coaches are therefore **STRONGLY DISCOURAGED** from “making up” times.
- Entries for the 500 Freestyle will be limited. If demand for this event causes us to exceed the timeline limit of four hours, teams may be restricted to their one fastest male and one fastest female

entry. Swimmers who need to be removed from the event will be allowed to register for a different event without penalty.

<b>ENTRY VERIFICATION</b>	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
<b>ENTRY DEADLINES</b>	All entries (Computer Entry Sheets, Team Summary Sheets) and fees must be delivered to the address below no later than 8:00 pm Wednesday, April 18.
<b>ENTRY FEES</b>	All events are limited to participants in the Mid-Atlantic JCC Junior Maccabi event. <b>There are no additional “per event” fees.</b>
<b>SEEDING</b>	The conforming time standard for this meet is short course yards or long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order
<b>SCORING</b>	All scoring will be on a sixteen (16) place basis:  Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2- Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.
<b>AWARDS</b>	Individual medals for 1 – 3 place in each event by age group and gender.
<b>RESULTS</b>	<b>Results will be posted on MDSI’s website within 24 hours of the meet’s conclusion.</b> Meet results will be available in real-time on Active.com’s Meet Mobile Application. All teams will be emailed a Hy-Tek compatible file, as well as a PDF of the results.
<b>COACHES</b>	<b>All coaches on deck must be registered with JCC Swimming or with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</b>
<b>OFFICIALS TIMERS VOLUNTEERS</b>	There will be a need for officials. JCC Swimming welcomes and encourages anyone willing to volunteer to complete the <a href="#">Official Session Availability</a> form prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official’s assistance will be greatly appreciated and will help to ensure a <b>great meet for the swimmers.</b> Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
<b>HOSPITALITY/ CONCESSIONS</b>	A full range of food, drinks and swimming apparel will be on sale during the Sunday session.
<b>WARM-UP</b>	<b>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches</b>

attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

**SCHEDULE:**

Sunday Morning (9 – 12 Boys and Girls)

- Opening Ceremonies: 8:30am
- Warm-ups begin: 9:20 – 9:45am
- Pace Lanes/ Starts: 9:45 – 9:55am
- Timer meeting: 9:45am
- Meet Starts: 10:00am

**DIRECTIONS:**

From I-695 - take I-695 to exit 19, I-795 north. Take I-795 to exit 4, towards MD 140/Reisterstown Road. Follow exit ramp bearing right onto Owings Mills Boulevard. Follow Owings Mills Boulevard about two miles to traffic light at Gwynnbrook Avenue. Turn right onto Gwynnbrook Avenue and follow for about half a mile, turn left into the JCC parking lot.

**ORDER OF EVENTS & QUALIFYING TIMES**

**Sunday May 6th**

**Warm-up: 9:20 AM; Meet Start: 10:00 AM**

GIRLS	EVENT	Boys
1	9-10 Individual Medley	2
3	11-12 Individual Medley	4
5	9-10 50 Freestyle	6
7	11-12 Freestyle	8
9	9-10 100 Breaststroke	10
11	11-12 100 Breaststroke	12
13	9-10 50 Backstroke	14
15	11-12 50 Backstroke	16
17	9-10 100 Butterfly	18
19	11-12 100 Butterfly	20
21	9-10 200 Medley relay	22
Mixed	9-10 200 Medley relay	23
24	11-12 200 Medley relay	25
Mixed	11-12 200 Medley relay	26
27	9-10 100 Individual Medley	28
29	11-12 100 Individual Medley	30
31	9-10 100 Freestyle	32
33	11-12 100 Freestyle	34
35	9-10 50 Breaststroke	36
37	11-12 50 Breaststroke	38
39	9-10 100 Backstroke	40
41	11-12 100 Backstroke	42

<b>43</b>	9-10 50 Butterfly	<b>44</b>
<b>45</b>	11-12 50 Butterfly	<b>46</b>
<b>47</b>	9-10 500 Freestyle	<b>48</b>
<b>49</b>	11-12 500 Freestyle	<b>50</b>
<b>51</b>	9-10 200 Free relay	<b>52</b>
Mixed	9-10 200 Free relay	<b>53</b>
<b>54</b>	11-12 200 Free relay	<b>55</b>
Mixed	11-12 200 Free relay	<b>56</b>

**TEAM SUMMARY SHEET**  
**2018 Mid-Atlantic**  
**Junior Maccabi Games**  
**May 6, 2018**

Please email a Hy-Tek entry file and mail a CD/DVD/USB drive with a check, this form, and a hard copy of the entries to:

**Junior Maccabi Swim Meet**  
**c/o Bill Kirkner**  
**3506 Gwynnbrook Avenue**  
**Owings Mills, MD 21117**  
Email entries to [bkirkner@jcc.org](mailto:bkirkner@jcc.org)

Please email prior to dropping any entries off at the above address.

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club Coach or Rep: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Entries must be received by **8:00 pm Wednesday, April 18, 2018**

Please list all coaches you expect will be on deck for this meet:

- |          |          |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |

**Waiver, Acknowledgement and Liability Release:**

I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet JCC Swimming, JCC of greater Baltimore, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE