



CAC Inaugural Invitational Meet
Hosted by Calvert Aquatics Club on February 11, 2018
at the Edward T. Hall Aquatic Center located at 130 Auto Drive Prince Frederick, MD 20678

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD 17-18/080

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mds swim.org. All participants, coaches, officials, management and spectators will be held to the standards set within.

CERTIFIED MEET DIRECTOR Kim Beall Meet.director@cbacswim.org	CERTIFIED MEET ENTRY COORDINATOR Pietro Deriu 909-478-2501 coachpietro@calvertaquaticsclub.org
MEET REFEREE Adam Scott Meet Notice read & approved by Referee : YES	USA Registered MEET SAFETY DIRECTOR Ryan Kohl Rkohl@calvertaquaticsclub.org
OFFICIALS CONTACT Mike Mehls Mikemehls3@gmail.com	ADMIN OFFICIAL Kim Beall

FACILITY

The Edward T. Hall Aquatic facility features an indoor ten lane 25 yard pool , non-turbulent lane lines and continuous flow through gutters. The competition course shall consist of eight or ten (as decided by the meet director and meet referee) 25 yard long lanes established between the end of the pool and a movable bulkhead. Two lanes will be available for continuous warm-up/warm-down during the meet. The meet will be conducted using the Colorado electronic timing system with touchpads. The depth of the competition pool varies from 13 feet to 8.6 feet.

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Notes:

1. Chairs are not permitted in the stands area.
2. Swimmers leaving the pool area are required to wear shirts, shorts or pants, and shoes at all times

3. Parking is authorized in designated parking spaces only. Vehicles parked in unauthorized spaces or on the grass are subject to citation and towing.
4. Parking for swim meet participants/attendees will be behind the pool facility in the rear lot. (See map for details).

MEET FORMAT

This is a timed finals Age Group, pre-seeded meet unless otherwise indicated. This meet is open to the following clubs: CAC, CBAC and PEAK. Events will be swum slowest to fastest. 500 Free and 400 IM require positive Check In. Order of events shall not be changed.

Session	Day	Warm-up	Meet Start	Age Group
1	Sunday, February 11 2018	7:00 AM	8:00 AM	10&U, 11-12,13-14, 15 & Older

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Saturday, January 27 2018	5:00 PM	Entry deadline
Saturday, February 11 2018	7:15 AM	Official Briefings
Saturday, February 11 2018	7:30 AM	Coaches Meeting If Needed
Saturday, February 11 2018	7:45 AM	500 Free POSITIVE CHECK-IN
Saturday, February 11 2018	10:00 AM	400 IM POSITIVE CHECK-IN

SAFETY

The MDSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration

available at this meet. This meet is open to the following clubs: CAC, CBAC and PEAK.

- A swimmer's age on the first day of the meet will determine their age for the entire meet.
- All entries should be submitted in short course yards. Converted times using standard conversion methods are NOT acceptable.
- USA Swimming athlete-members must be under the supervision of a USA Swimming member coach during the warm-up, competition, and warm-down. The Meet Director will assist swimmers without their own coach in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet [USA Swimming, Article 202.3.2]

SWIMMERS WITH DISABILITIES

Calvert Aquatics Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Calvert Aquatics Club's ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. Calvert Aquatics Club entries will be entered first and then accept teams/entries in the order received, until the four hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

12 and Under Swimmers: Must have SCY qualifying times slower than Maryland short course championship and faster than USA Swimming 2017-2020 'B' Time Standard for the 50(s) and 100(s) event .

13-14 Swimmers: Must have SCY qualifying times slower than 2018 13 and under Maryland Senior Short Course Championship and faster than USA Swimming Inc. 2017-2020 'B' Time Standard for the 100(s) event and faster than "BB" Time Standard for the 500FR, 400IM and all 200(s) events.

15&O Swimmer must have SCY qualifying times slower than 2018 Maryland Senior short course championship and faster than 15-16 USA Swimming 2017-2020 'B' Time Standard for the 100(s) event and faster than "BB" Time Standard for the 200(s) , 500 FR and 400 IM event.

Swimmers may swim a maximum of 4 individual events per day. Converted times will not be accepted. No Times (NT) will not be accepted.

- 500 Free, 400 IM, 200 Fly, 200 back and 200 breast will be limited to the fastest 10 swimmers for each event. If the competition lanes are modified to only use eight competition lanes for the swim meet, then the meet director and meet referee reserve the right to limit this number to the fastest eight swimmers in the 500 free, 400 IM, 200 fly, 200 back and 200 breast.

In the event that the timeline will allow, the host club reserves the right to eliminate the minimum time standard for swimmers already entered in the meet. If the timeline is still not reached the host club will open up to new swimmers. This decision will be made on February 2nd, 2018 and teams will be notified by email.

Meet Referee and Meet Director reserve the right to change the warm-up and start times based on entries received. Please check for any changes on www.mds swim.org.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations.

ENTRY FEES

Make checks payable to: Calvert Aquatics Club	
LSC Surcharge	\$2.00 per Swimmer
Meet Surcharge	\$10.00 per swimmer
Individual Event	\$7.00 per event

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN A positive check-in, will be required for the following events:

- 500 free
- 400 IM

The positive check-in location will be at the announcing stand on the pool deck. Swimmers who fail to check in will be scratched from the event and not seeded. A swimmer who has checked in, been seeded, and fails to compete, in said event, shall be barred from his/her next individual event.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING No team or individual scoring will be kept.

AWARDS Ribbons will be awarded to the top 8 finishers in each age group, 10 & U, 11-12, and 13-14 and 15& O.

RESULTS	Results will be posted on Calvert Aquatics Club's and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Deck Pass will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. Calvert Aquatics Club welcomes and encourages anyone willing to volunteer to contact Mike Mehls by email (mikemehls3@gmail.com) prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Deck Pass will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. There is to be no diving or horseplay in this area.
Directions	<p>GPS Address (See map for parking and entrance to aquatic facility) Edward T. Hall Aquatic Center 130 Auto Drive Prince Frederick, MD 20678</p> <p>From Route 4 South From Route 4 South, turn west / right onto Auto Drive at the Bayside Auto Dealership. In approximately 300 yards, the facility will be on your right after the roundabout at 130 Auto Drive.</p> <p>From Route 4 North From Route 4 North, turn west / left onto Stoakley Road at traffic light. In approximately 100 yards, turn north / right onto North Prince Frederick Blvd towards Maryland VEIP Station. Continue about 200 yards and travel around the roundabout to facility parking lot at 130 Auto Drive.</p>

ORDER OF EVENTS & QUALIFYING TIMES for Saturday, February 11, 2018

Warm-up: 07:00 AM; Meet Start: 08:00 AM

Girls/Women SCY	Boys/Men SCY
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EVENT #	Slower than	Faster Than	Event	Slower than	Faster Than	EVENT #
1	SEE	BELOW	13&O 500 Free	SEE	BELOW	2
3	31.59	38.89	10&U 50 Free	32.09	38.09	4
5	28.19	33.79	11-12 50 Free	28.19	32.59	6
7	SEE	BELOW	13&O 50 Free	SEE	BELOW	8
9	42.49	53.29	10&U 50 Breaststroke	42.49	52.09	10
11	36.89	43.09	11-12 50 Breaststroke	37.19	42.89	12
13	SEE	BELOW	13&O 200 Breaststroke	SEE	BELOW	14
15	37.19	46.99	10&U 50 Backstroke	37.99	47.69	16
17	32.59	38.29	11-12 50 Backstroke	32.89	38.19	18
19	SEE	BELOW	13&O 200 Backstroke	SEE	BELOW	20
21	36.09	47.39	10&U 50 Butterfly	37.29	45.69	22
23	31.09	36.69	11-12 50 Butterfly	31.29	37.09	24
25	SEE	BELOW	13&O 200 Butterfly	SEE	BELOW	26
27	1:20.49	1:42.59	10&U 100 IM	1:21.49	1:39.39	28
29	1:10.39	1:24.39	11-12 100 IM	1:11.09	1:20.89	30
31	SEE	BELOW	13&O 200 IM	SEE	BELOW	32
33	1:10.89	1:29.59	10&U 100 Free	1:11.99	1:27.79	34
35	1:01.19	1:13.59	11-12 100 Free	1:01.89	1:10.99	36
37	SEE	BELOW	13&O 100 Free	SEE	BELOW	38
39	1:33.39	1:58.09	10&U 100 Breaststroke	1:33.39	1:53.59	40
41	1:19.99	1:34.39	11-12 100 Breaststroke	1:20.59	1:32.49	42
43	SEE	BELOW	13&O 100 Breaststroke	SEE	BELOW	44
45	1:20.59	1:41.99	10&U 100 Backstroke	1:21.59	1:40.19	46
47	1:09.89	1:25.19	11-12 100 Backstroke	1:10.89	1:22.19	48
49	SEE	BELOW	13&O 100 Backstroke	SEE	BELOW	50
51	1:26.69	1:53.99	10&U 100 Butterfly	1:26.69	1:52.39	52
53	1:10.29	1:25.09	11-12 100 Butterfly	1:11.19	1:23.29	54
55	SEE	BELOW	13&O 100 Butterfly	SEE	BELOW	56
57	2:36.39	2:57.39	10&U 200 Free	2:36.39	2:47.99	58
59	2:13.89	2:29.69	11-12 200 Free	2:15.09	2:24.59	60
61	SEE	BELOW	13&O 200 Free	SEE	BELOW	62
63	2:31.69	2:47.79	12&U 200 IM	2:32.69	2:44.19	64
65	SEE	BELOW	13&O 400 IM	SEE	BELOW	66

**13-14 and 15&O
Qualification time**

Girls/Women SCY		Event	Boys/Men SCY	
Slower than	Faster Than		Slower than	Faster Than
5:29.99	6:20.09	13-14 500 Free	5:19.99	5:58.99
5:29.89	6:12.09	15&O 500 Free	5:14.39	5:45.99
4:59.49	5:39.69	13-14 400 IM	4:49.99	5:17.39
4:59.39	5:31.99	15&O 400 IM	4:43.99	5:05.59
26.49	32.69	13-14 50 Free	24.99	29.99
26.39	32.09	15&O 50 Free	23.79	28.89
2:40.69	2:58.29	13-14 200 Breaststroke	2:33.09	2:45.59
2:40.59	2:54.69	15&O 200 Breaststroke	2:28.09	2:36.59
2:18.79	2:35.39	13-14 200 Backstroke	2:14.69	2:25.89
2:18.69	2:32.39	15&O 200 Backstroke	2:09.89	2:19.19
2:22.39	2:37.89	13-14 200 Butterfly	2:17.99	2:26.99
2:22.29	2:34.89	15&O 200 Butterfly	2:11.39	2:20.59
2:20.89	2:39.19	13-14 200 IM	2:13.69	2:28.59
2:20.79	2:36.19	15&O 200 IM	2:09.29	2:21.79
57.19	1:10.79	13&O 100 Free	53.99	1:05.59
56.79	1:09.59	15&O 100 Free	51.59	1:02.89
1:14.39	1:28.69	13-4 100 Breaststroke	1:10.79	1:21.39
1:14.29	1:26.89	15&O 100 Breaststroke	1:07.89	1:17.59
1:04.99	1:17.19	13-14 100 Backstroke	1:01.99	1:12.09
1:04.89	1:15.39	15&O 100 Backstroke	59.79	1:08.29
1:04.99	1:16.89	13-14 100 Butterfly	1:01.99	1:11.49
1:04.89	1:15.39	15&O 100 Butterfly	57.99	1:08.29
2:03.99	2:22.19	13-14 200 Free	1:58.09	2:12.79
2:03.89	2:19.19	15&O 200 Free	1:54.79	2:07.49

**Calvert Aquatics Club Inaugural Meet
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to Calvert Aquatics Club):
Calvert Aquatics Club
ATTN: Ivan Pinto
136 West Dares Beach Road Box 125

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
Meet Surcharge		\$10.00 per swimmer	
\$2 LSC Surcharge per swimmer		\$2.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE