



## 2018 Sandbox Invitational

July 5-8, 2018

UMBC Aquatic Complex at the University of Maryland Baltimore County  
1000 Hilltop Circle, Baltimore, MD 21250

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.  
Sanction #MD17/18-072

*This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at [www.mdswwim.org](http://www.mdswwim.org). All participants, coaches, officials, management and spectators will be held to the standards set within*

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Kim Daugherty E-mail: <a href="mailto:daughertykimberlie@gmail.com">daughertykimberlie@gmail.com</a>	Kelli Booth E-mail: <a href="mailto:kelli.booth@gmail.com">kelli.booth@gmail.com</a> 602 S Hanover Streetenter Baltimore, MD 21230 (601)818-0612 Coaches Only
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Chris Waters E-mail: <a href="mailto:Chris@mmsolutionsinc.com">Chris@mmsolutionsinc.com</a> 410-562-6037 Officials Only <b>Meet Notice read &amp; approved by Referee : Yes</b>	Chad Cradock E-mail: <a href="mailto:ccradock@umbc.edu">ccradock@umbc.edu</a>
<b>OFFICIALS CONTACT</b>	<b>ADMIN OFFICIAL</b>
Chris Waters E-mail: <a href="mailto:Chris@mmsolutionsinc.com">Chris@mmsolutionsinc.com</a> 410-562-6037 Officials Only	Kelli Booth Email: <a href="mailto:kelli.booth@gmail.com">kelli.booth@gmail.com</a>

### FACILITY

- UMBC has an eight-lane 50-meter outdoor pool and non-turbulent lane lines. The eight-lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is NOT to be used.
  - The competition course has not been certified in accordance with [USA Swimming Article 104.2.2C\(4\)](#). The minimum water depth, measured in accordance with [USA Swimming Article 103.2.3](#), is 6'0" and 6'1" at the start end and the turn end of the pool.
  - The meet will be conducted using the Daktronics Omni Sport 2000 electronic timing system with touchpads.
- Note:** Parking is authorized in designated areas only. Vehicles parked in unauthorized spaces are subject to citation and towing.

### MEET FORMAT

This is a prelim/final meet. Here is a list of the **assigned MARYLAND TEAMS**

### TEAMS ASSIGNED

ASC, ACSS, BAAC, BCSC, BST, CATY, CAC, PEAK, YCM, CBAC, CAA, EST, FSC, FAST, FCY, FMSC, GMAC, HFY, HOCO, HSST, OPST, RAC, ROCK, SPRC, SPY, TCY

Session	Day	Warm-up	Meet Start	Age Group
1	Thursday	3:30 PM	4:30 PM	All Ages
2, 5, 8	Fri/Sat/Sun	6:30 AM	8:00 AM	13 and Over
3, 6, 9	Fri/Sat/Sun	11:30 AM	12:30 PM	12 and Under
4, 7, 10	Fri/Sat/Sun	4:45 PM	5:30 PM	Finals

#### DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
MD Teams 6/15	6PM on 6/15	MD Teams Entry Deadline
Out of LSC Teams 6/16	9AM 6/16 till meet is full	Out of LSC Teams Entry submission date
Thurs July 5, 2018	4:00 PM	Pos Check in for 800 and 400free events
Friday July 6, 2018	8:00 AM	Pos Check in for 400IM
Saturday July 7, 2018	8:00 AM	Pos Check in for 400free
Sunday July 8, 2018	8:00 AM	Pos Check in for 1500free
Sunday July 8, 2018	1:00 PM	Pos Check in for 12 & Under 400IM

#### SAFETY

**The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.**

- ALL swimmers and spectators attending this meet are guests of the UMBC and are required to adhere to the following:
  - Swimmers leaving the pool area are required to wear shirts, shorts or pants, and shoes at all times.
  - NO ONE is permitted on the basketball courts AT ANY TIME.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present." Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

**In case of inclement weather, call 410-455-2670** for status of meet. Coaches will be notified of any changes to starting times (unless due to weather or emergency).

#### RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. **When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

#### RULES

**This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.** The MSI Scratch Rule is in effect for this meet.

**Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.**

**Deck changes are prohibited.**

## **ELIGIBILITY**

**All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet.** A swimmer's age on the first day of the meet will determine their age for the entire meet.

- Swimmers in the 13-14 and Open age groups must have Long Course 2017-2020 USA Swimming Motivational time standards of "A" and faster to be eligible to compete in the events in that age group. Open events use 15 – 16 'A' time standards.
- Swimmers in the 11-12 and 10 & Under age groups must have Long Course 2017-2020 USA Swimming Motivational time standards of "BB" and faster to be eligible to compete in the events in that age group.
- **BONUS EVENTS FOR MD LSC TEAMS ONLY.** If a swimmer qualifies for 1-3 individual events, they may add up to 3 bonus events. These events are limited to 200 meters or less events and must be marked bonus events in Team Manager. If we are oversubscribed, bonus events will be removed first.

## **SWIMMERS WITH DISABILITIES**

**The Retriever Aquatic Club** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. **Failure to provide advance notice may limit the Retriever Aquatic Clubs ability to accommodate all requests.**

## **HEALTH GUIDELINES**

**All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.**

## **ENTRIES**

- Swimmers will be limited ~~to~~ nine (9) events total for the entire meet plus relays
- Swimmers are limited to a maximum of three (3) individual events, plus two relays, per day, except the Thursday distance session, which has a one (1) event maximum.
- All entries must be submitted with Long Course Times.
- **NO CONVERTED TIMES ALLOWED!**
- All individual and relay entries must be submitted via email to [chrisg@umbc.edu](mailto:chrisg@umbc.edu) A meet entry list with **PROOF OF TIMES OPTION** must be sent with entry file.
- RAC entries will be entered first and then entries in the order received.

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

**ENTRY FEES**

<b>Make checks payable to: Retriever Aquatic Club - All fees are non-refundable</b>	
Individual Event	\$7.50 per event
Relays	\$28.00 per relay
SURCHARGE	\$2.00 per athlete

**SEEDING**

Events will be conducted in the 10&U, 11-12, 13-14 & Open Age Groups.

All Events will be conducted as at Trials & Finals format with the exceptions noted below. The Open age group will have a consolation heat and a finals heat in the finals session. The 13-14, 11-12, and the 10 & U groups will have a finals heat in the finals session. Events will be swum slowest to fastest with the top 3 heats circle seeded.

The following Events will be conducted as Timed Finals events.

**12 & U Events**

- 5 & 6 400 Freestyle will be swum in event order
- 7 & 8 200 Backstroke will be swum in event order
- 45 & 46 200 Breaststroke will be in event order
- 87 & 88 200 Butterfly will be swum in event order
- 91 & 92 400 IM will be swum in event order with top 8 at Finals

**13-14 Events**

- 1 & 2 800 Freestyle swum fastest to slowest alternating Men & Women
- 39 & 40 400IM will be swum in event order with top 8 at Finals
- 81 & 82 400 Freestyle will be swum in event order with top 8 at Finals

**Open Events**

- 3 & 4 800 Freestyle swum fastest to slowest alternating Men & Women
- 37 & 38 400 IM will be swum in event order with top 16 at Finals
- 79 & 80 400 Freestyle will be swum in event order with top 16 at Finals
- 89 & 90 1500 Freestyle will be swum in event order alternating Men & Women with top 8 at Final

**CHECK-IN**

- **Positive Check-In Procedures for Distance Events (400 Free, 400 IM, 800 Free, 1500 Free)** Swimmers must check-in and initial the appropriate check-in sheet by the deadlines specified below. The check-in table will be located next to the scoring tent. Any swimmer not checked in by the

deadline will be scratched from the event. A swimmer's intention to scratch from the event by crossing through their name on the check-in sheet is greatly appreciated. Once checked in, the swimmer must compete. Failure to compete in a positive check-in event will result in the swimmer not being allowed to compete in his/her next scheduled event. Swimmers must provide their own timers for all positive check-in events.

- The following seeding rules will be used to seed the applicable events **IF NEEDED** to limit session length:
  - The 12 & U 400 IM will be limited to the fastest 4 women's and fastest 4 men's heats (32 swimmers in each event).
  - The 800 free events will be limited to the fastest 3 heats (24 swimmers in each event).
  - The Open 400 meter events will be limited to the fastest 6 heats (48 swimmers in each event). The 13-14 400 meter events will be limited to the fastest 6 heats (48 swimmers in each event). The 12&U 400 meter events will be limited to the fastest 6 heats (48 swimmers in each event).
  - All events 200 meters or less will be limited to the fastest 8 heats (64 swimmers in each event) for the 13 & over events and the fastest 6 heats (48 swimmers in each event) for the 12 & under events.
  - The 1500 free events will be limited to the fastest 3 heats (24 swimmers in each event).

## SCRATCHES

- Any swimmer failing to scratch for any **timed final** event and subsequently does not show for the event will be barred from their next event.
- **Finals Scratch Procedures:** USA Swimming Rules **207.11.6(D)** will be followed. A swimmer who declares his/her intention to scratch but fails to return to the scratch table 30 minutes after their last event **WILL BE SEEDED** into the event.

Although alternates (and those finishing below alternates) will not be penalized, it is **STRONGLY ENCOURAGED** that all swimmers finishing below the top sixteen (16) finishers for the Open events and top eight (8) finishers for the 13-14 and 12 & Under events **SCRATCH**. The relevant **Maryland Swimming penalty** shall be applied to any swimmer registered with Maryland Swimming (**\$50.00**) on the last day of the meet. Other competitors in individual events are encouraged to scratch if they do not intend to return for the final session.

**Exceptions for Failure to compete:** USA Swimming Rules **207.11.6(E)** will be in effect.

## SCORING

- 1) For 12 and under age groups, scoring will be on an eight (8) place basis. Individual events: 20-17-16-15-14-13-12-11. Relay events receive double these point values.
- 2) For 13-14 and Open groups, scoring will be on a sixteen (16) place basis. Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relay events receive double these point values.

## AWARDS

Ribbons will be awarded top 8 finishers for all 12 and under events. No ribbons will be awarded for relays.

## RESULTS

**Results will be posted on MSI's website and emailed to person submitting entries within 24 hours of the meet's conclusion.** At the conclusion of the

meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

## COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. **There will be a coach/general meeting ½ hour prior to the start of the Friday morning session. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.**

## OFFICIALS/TIMERS/ VOLUNTEERS

There will be a need for officials. The Retriever Aquatic Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by [Application to Officiate](#) prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area.

## HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

## WARM-UP

**In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.** During the competition, the indoor pool available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

<b>DIRECTIONS</b>	<ul style="list-style-type: none"><li>• <b>From North:</b> Take the Baltimore Beltway (I-695 Outer Loop) to Exit 12-C, Wilkens Avenue.<ul style="list-style-type: none"><li>• At the traffic light, turn Left onto Wilkens Avenue.</li><li>• Turn Left again at the first traffic light onto Walker Avenue (~1 Mile).</li><li>• Turn Right at the Stop Sign onto Hilltop Circle.</li><li>• The UMBC pool is ~ ½ mile around the circle.</li><li>• Turn Left onto Administration Drive.</li><li>• The UMBC pool is on the right behind the UMBC Fieldhouse.</li><li>• Parking Lot 10 is in front of the Retriever Athletic Center. To reach parking garage, continue past Administration Drive, and turn left onto Library Drive.</li></ul></li><li>• <b>From South:</b> Take I-95 north to 195/166.<ul style="list-style-type: none"><li>• Once on exit ramp, veer left towards Catonsville/UMBC.</li><li>• From 166/195, entrance to campus is clearly marked on the right. Proceed onto Hilltop Circle. From Hilltop Circle, take a left on Administration Drive to park in lot 10, or park on Hilltop Circle.</li></ul></li></ul>
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<b>HOTELS</b>	<p>Airport area hotels are about a ten-minute drive to the UMBC campus. Other hotels are about a 15-minute drive. Few hotels are located in areas where walking to restaurants or shopping is convenient. Ask for UMBC rate before making your reservation.</p> <ul style="list-style-type: none"> <li>• <b>Hampton Inn Arundel Mills</b> – 12 minute freeway drive from campus. Free continental breakfast. 410-540-9225</li> <li>• <b>Holiday Inn BWI Airport Conference Center</b> - 410-859-8400 - <a href="http://www.hi-bwi.com">www.hi-bwi.com</a> UMBC rates available</li> <li>• <b>BWI Airport Marriott Hotel</b> – 410-859-8300</li> <li>• <b>Fairfield Inn BWI by Marriott</b> – 410-859-2333</li> <li>• <b>Four Points by Sheraton BWI Airport</b> – 410-859-3300</li> <li>• <b>Hampton Inn @ BWI</b> – 410-850-0600</li> <li>• <b>Marriott Baltimore Waterfront</b> - 410-385-3000</li> <li>• <b>Baltimore Marriott Inner Harbor</b> – 410-962-0202</li> <li>• <b>Hilton Garden Inn – Columbia</b> – 410-750-3700</li> </ul>
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## ORDER OF EVENTS & QUALIFYING TIMES

<b>SESSION 1 (Timed Finals)—Thursday</b> Warm-Ups: 4:00pm Meet Starts: 5:00pm				
Men	Qualifying Time	Event	Qualifying Time	Women
1	10:22.19	13-14 800 Free	10:47.99	2
3	10:00.39	Open 800 Free	10:35.39	4
5	5:48.69	12 & Under 400 Free	5:46.49	6

<b>SESSION 2 (Prelims)—FRIDAY MORNING</b> Warm-Ups: 6:30am Meet Starts: 8:00am				
Men	Qualifying Time	Event	Qualifying Time	Women
13	1:16.99	Open 100 Breaststroke	1:25.39	14
15	1:21.29	13-14 100 Breaststroke	1:27.69	16

<b>21</b>	2:14.89	Open 200 Freestyle	2:26.49	<b>22</b>
<b>23</b>	2:20.59	13-14 200 Freestyle	2:30.09	<b>24</b>
<b>29</b>	1:06.29	Open 100 Butterfly	1:13.39	<b>30</b>
<b>31</b>	1:09.69	13-14 100 Butterfly	1:14.79	<b>32</b>
<b>37</b>	5:20.49	Open 400 IM	5:49.69	<b>38</b>
<b>39</b>	5:36.59	13-14 400 IM	5:57.79	<b>40</b>

<b>SESSION 3 (Prelims) – FRIDAY AFTERNOON</b>				
<b>Warm-Ups: 11:30pm Meet Starts: 12:30pm</b>				
<b>Men</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Women</b>
<b>7</b>	3:06.49	12 & Under 200 Backstroke (timed final event)	3:10.19	<b>8</b>
<b>17</b>	45.39	11-12 50 Breaststroke	45.49	<b>18</b>
<b>19</b>	53.29	10 & Under 50 Breaststroke	53.99	<b>20</b>
<b>25</b>	2:45.19	11-12 200 Freestyle	2:50.39	<b>26</b>
<b>27</b>	3:12.09	10 & Under 200 Freestyle	3:20.99	<b>28</b>
<b>33</b>	1:26.29	11-12 100 Butterfly	1:28.49	<b>34</b>
<b>35</b>	1:51.39	10 & Under 100 Butterfly	1:52.99	<b>36</b>



**SESSION 4 (Finals) – FRIDAY EVENING**

Warm-Ups: 4:45 pm

Meet Starts: 5:30 pm

Men	Event	Women
9	Open 200 Freestyle Relay	10
11	12 & Under 200 Freestyle Relay	12
13	Open 100 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 50 Breaststroke	18
19	10 & Under 50 Breaststroke	20
21	Open 200 Freestyle	22
23	13-14 200 Freestyle	24
25	11-12 200 Freestyle	26
27	10 & Under 200 Freestyle	28
29	Open 100 Butterfly	30
31	13-14 100 Butterfly	32
33	11-12 100 Butterfly	34
35	10 & Under 100 Butterfly	36
37	Open 400 IM	38
39	13-14 400 IM	40
41	12 & Under 200 Medley Relay	42
43	Open 200 Medley Relay	44

**SESSION 5 (Prelims) – SATURDAY MORNING**

Warm-Ups: 6:30am Meet Starts: 8:00am

Men	Qualifying Time	Event	Qualifying Time	Women
47	2:31.39	Open 200 IM	2:45.89	48
49	2:38.79	13-14 200 IM	2:49.19	50
55	27.89	Open 50 Freestyle	31.19	56
57	29.49	13-14 50 Freestyle	31.99	58
63	2:27.99	Open 200 Butterfly	2:41.39	64
65	2:36.19	13-14 200 Butterfly	2:45.69	66
71	1:08.89	Open 100 Backstroke	1:15.69	72
73	1:12.29	13-14 100 Backstroke	1:17.09	74
79	4:46.09	Open 400 Freestyle	5:07.29	80
81	4:59.19	13-14 400 Freestyle	5:14.69	82

**SESSION 6 (Prelims) – SATURDAY AFTERNOON**

Warm-Ups: 11:30pm Meet Starts: 12:30pm

Men	Qualifying Time	Event	Qualifying Time	Women
45	3:28.69	12 & Under 200 Breaststroke (timed final event)	3:36.09	46
51	3:09.29	11-12 200 IM	3:11.49	52
53	3:40.79	10 & Under 200 IM	3:43.19	54
59	34.69	11-12 50 Freestyle	35.79	60
61	39.49	10 & Under 50 Freestyle	39.89	62
67	38.69	11-12 50 Butterfly	38.29	68
69	45.99	10 & Under 50 Butterfly	47.29	70
75	1:29.09	11-12 100 Backstroke	1:31.09	76
77	1:43.59	10 & Under 100 Backstroke	1:45.99	78

**SESSION 7 (Finals) – SATURDAY EVENING**

Warm-Ups: 4:45 pm

Meet Starts: 5:30 pm

Men	Event	Women
47	Open 200 IM	48
49	13-14 200 IM	50
51	11-12 200 IM	52
53	10 & Under 200 IM	54
55	Open 50 Freestyle	56
57	13-14 50 Freestyle	58
59	11-12 50 Freestyle	60
61	10 & Under 50 Freestyle	62
63	Open 200 Butterfly	64
65	13-14 200 Butterfly	66
67	11-12 50 Butterfly	68
69	10 & Under 50 Butterfly	70
71	Open 100 Backstroke	72
73	13-14 100 Backstroke	74
75	11-12 100 Backstroke	76
77	10 & Under 100 Backstroke	78
79	Open 400 Freestyle	80
81	13-14 400 Freestyle	82
83	12 & Under 400 Medley Relay	84
85	Open 400 Medley Relay	86

**SESSION 8 (Prelims) – SUNDAY MORNING**

Warm-Ups: 6:30am Meet Starts: 8:00am

<b>Men</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Women</b>
<b>93</b>	2:48.39	Open 200 Breaststroke	3:05.39	<b>94</b>
<b>95</b>	2:56.79	13-14 200 Breaststroke	3:09.79	<b>96</b>
<b>101</b>	1:01.89	Open 100 Freestyle	1:07.99	<b>102</b>
<b>103</b>	1:04.59	13-14 100 Freestyle	1:09.59	<b>104</b>
<b>109</b>	2:28.89	Open 200 Backstroke	2:42.09	<b>110</b>
<b>111</b>	2:36.59	13-14 200 Backstroke	2:45.59	<b>112</b>
<b>89</b>	18:59.09	Open 1500 Freestyle	20:20.49	<b>90</b>

**SESSION 9 (Prelims) – SUNDAY AFTERNOON**

Warm-Ups: 11:30pm Meet Starts: 12:30pm

<b>Men</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Women</b>
<b>87</b>	3:07.69	12 & Under 200 Butterfly (timed final event)	3:10.19	<b>88</b>
<b>97</b>	1:38.49	11-12 100 Breaststroke	1:41.39	<b>98</b>
<b>99</b>	1:57.69	10 & Under 100 Breaststroke	2:01.49	<b>100</b>
<b>105</b>	1:15.69	11-12 100 Freestyle	1:18.49	<b>106</b>
<b>107</b>	1:30.29	10 & Under 100 Freestyle	1:31.49	<b>108</b>
<b>113</b>	40.89	11-12 50 Backstroke	41.19	<b>114</b>
<b>115</b>	49.19	10 & Under 50 Backstroke	48.89	<b>116</b>
<b>91</b>	6:39.39	12 & Under 400 IM	6:48.29	<b>92</b>

**SESSION 10 (Finals) – SUNDAY EVENING****Warm-Ups: 4:45 pm****Meet Starts: 5:30 pm**

<b>Men</b>	<b>Event</b>	<b>Women</b>
<b>89</b>	Open 1500 Freestyle	<b>90</b>
<b>91</b>	12 & Under 400 IM	<b>92</b>
<b>93</b>	Open 200 Breaststroke	<b>94</b>
<b>95</b>	13-14 200 Breaststroke	<b>96</b>
<b>97</b>	11-12 100 Breaststroke	<b>98</b>
<b>99</b>	10 & Under 100 Breaststroke	<b>100</b>
<b>101</b>	Open 100 Freestyle	<b>102</b>
<b>103</b>	13-14 100 Freestyle	<b>104</b>
<b>105</b>	11-12 100 Freestyle	<b>106</b>
<b>107</b>	10 & Under 100 Freestyle	<b>108</b>
<b>109</b>	Open 200 Backstroke	<b>110</b>
<b>111</b>	13-14 200 Backstroke	<b>112</b>
<b>113</b>	11-12 50 Backstroke	<b>114</b>
<b>115</b>	10 & Under 50 Backstroke	<b>116</b>
<b>117</b>	Open 400 Freestyle Relay	<b>118</b>
<b>119</b>	12 & Under 400 Freestyle Relay	<b>120</b>

**2018 Sandbox Invitational  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to Retriever Aquatic Club):

Chris Gibeau  
UMBC Swimming/Retriever Activities Center  
1000 Hilltop Circle  
Baltimore MD 21250  
Email to: chrisg@umbc.edu

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
Relay Entries		\$28.00 per relay	
Surcharge		\$2.00 per athlete	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

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CLUB

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TITLE

\_\_\_\_\_  
DATE