



Live M.A.S Invitational

Hosted by Merritt Athletic Swimming

January 26-28, 2018

Held at **Loyola University Aquatic Complex**

4900 N. Charles Street

Baltimore, MD 21210

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD17-18/078

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
Meaghan Simpson msimpson@merrittclubs.com	Meaghan Simpson 8757 Mylander Lane Towson, MD 21286 (978)509-2721 msimpson@merrittclubs.com
MEET REFEREE	USA Registered MEET SAFETY DIRECTOR
Linda Sue Lottes (410) 917- 9928 lsmdswim@gmail.com	Ryan Jackson rjackson@merrittclubs.com
OFFICIALS CONTACT	ADMIN OFFICIAL
Linda Sue Lottes lsmdswim@gmail.com	Michael Bell mikebell@msn.com

FACILITY

Loyola University is an indoor 10 lane, 25-yard facility with non-turbulent lane dividers and spectator seating. Warm-up lanes will be available throughout the meet.

The meet will be run on a Colorado Timing System with scoreboard. The minimum water depth, measured in accordance with Article 103.2.3 is: 5' to 7' at a distance of 1.0 to 5.0 meters from both the start end of the pool and from the turn end of the pool. The competition course has not been certified in accordance with Rule 104.2.2c(4).

IMPORTANT: Spectators will be limited to the café space and spectator area and swimmers will be restricted to the general pool area. Entering other parts of the facility is prohibited.

No Athletic Trainer will be provided for this event by Loyola University.

No chairs will be allowed on the pool deck for swimmers, only bleachers are to be used for swimmers seating.

PARKING: Park only in the designated areas. Parking on Charles Street is permitted. Please follow Baltimore City Parking Signs. **Parking is NOT permitted on Wyndhurst Avenue at any time.**

MEET FORMAT

This is a timed final "BB" and Slower

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00pm	5:00pm	9-10, 11-12, 13-14, 15-18
2	Saturday	7:00 am	8:00am	9-10, 13-14
3	Saturday	12:00pm	1:00pm	11-12, 15-18
4	Sunday	7:00 am	8:00am	9-10, 13-14
5	Sunday	12:00pm	1:00pm	11-12, 15-18

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday January 4, 2018	5:00pm	Entry deadline
Friday January 26, 2017	4:30 pm	500 Free, 400 IM positive check ins
Saturday January 27, 2018	7:15 am	Coaches/General Meeting
Fri/ Sat/ Sun	45 mins prior to start	Official Briefings

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

No one will be permitted on deck unless they are registered with USA Swimming as an athlete or as a non-athlete working the meet. The only exceptions will be timers and administrative staff assisting with the conduct of the meet. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

No-Recall Starting Procedures will be followed in this meet. (USA Swimming Rule Section 101.1.2 and Section 101.1.3).

Overhead (dive-over) starts will be used during the meet. Coaches are asked to make sure your swimmers understand how overhead starts are done.

Please note that the timing equipment uses a strobe as part of the starting equipment. Therefore, flash photography is PROHIBITED at the start of all the races.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited – **No Deck Changes are permitted. USA Swimming Article 202.4.9(H,I,J)**

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. Any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event are encouraged to withdraw from the competition and/or leave the venue as a safety precaution.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available and no on deck entries at this meet.

This meet is open to all USA registered swimmers who meet the qualifying time standards set out in the attached Order of Events. No 8 & Unders.

All 9-14 swimmers must be BB **times or slower than** the USA Swimming 2017-2020. 15-18's will use the 15-16 BB time standard. Times are yard times, Age is determined as of the first day of the meet, **January 26, 2018. NTs will be accepted.**

Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00.

SWIMMERS WITH DISABILITIES

Merritt Athletic Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Merritt Athletic Swimming's ability to accommodate all requests.

ENTRIES

E-mail entries are strongly encouraged and should be sent to the meet entry director. The e-mail must include a Hy-Tek entry file, a file of the swimmers’ name and events, the amount owed to cover entry fees, and the name, e-mail address, and phone number of a team representative in case of questions regarding the entries.

All times must be submitted in yard times only. USA Swimming identification numbers must be submitted. Entries without identification numbers will not be accepted. Deck Entries will NOT be accepted. Scratches are appreciated. **NTs will be accepted.**

The Meet Director reserves the right to limit entries in order to stay within a 4 HOUR TIME LIMIT for each session of the meet and to meet the occupancy requirements of the facility. Merritt Athletic Swimming entries will be entered first and then accept teams/entries in the order received. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

Swimmers may swim a maximum of **4 individual events a day** plus one relay and a total of 9 individual events not including relays for the entirety of the swim meet. Due to fire restrictions on deck, only **390 athletes per session** will be allow to enter into the meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations and no on deck entries.

ENTRY FEES

Make checks payable to: Merritt Athletic Swimming: all fee’s are non-refundable	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.00 per event
Relays	\$16.00 per relay

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN

A positive check-in by 4:30pm on Friday January 26, 2018 will be required for the following events:

- 9-10 500 Free
- 11-12 500 Free
- 13-14 500 free
- 15-18 500 Free
- 9-10 400 IM
- 11-12 400 IM
- 13-14 400 IM

- 15-18 400 IM

Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event. Distance events will be swum fastest to slowest. Swimmer must provide their own counters and timers.

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block.

SCORING

No Scoring will take place at this meet

AWARDS

Ribbons will be awarded to the top 8 finishers in each event age group, 9-10, 11-12, 13-14, 15-18. Ribbons will be awarded 1st-3rd place for relays.

RESULTS

Results will be posted on Merritt Athletic Swimming's and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment. Results will also be posted periodically throughout the meet.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings

**OFFICIALS/TIMERS
/
VOLUNTEERS**

There will be a need for officials. Merritt Athletic Swimming Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. A small refreshment area will be available at the concession stand for swimmers and spectators.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/ RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Merritt Athletic Swimming, Loyola University, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS & QUALIFYING TIMES

Session 1: Friday, January 26, 2018
Warm-up: 4:00pm Meet Start: 5:00pm

#	Girls/ Women	Event	Boys/ Men	#
1	7:35.49	9-10 500 Free	7:26.99	2
3	6:38.39	11-12 500 Free	6:27.49	4
5	6:20.09	13-14 500 Free	5:58.99	6
7	6:12.09	15-18 500 Free	5:45.99	8
9	NT	9-10 400 IM	NT	10
11	5:56.79	11-12 400 IM	5:46.39	12
13	5:39.69	13-14 400 IM	5:17.39	14
15	5:31.99	15-18 400 IM	5:05.59	16

Session 2: SATURDAY, JANUARY 27, 2017

Warm-up: 7:00 AM; Meet Start: 8:00 AM

#	Girls/ Women	Event	Boys/ Men	#
17	1:22.39	13-14 100 Breast	1:15.59	1 8
19	1:44.99	9-10 100 Breast	1:41.89	2 0
21	2:35.39	13-14 200 Back	2:25.89	2 2
23	NT	9-10 200 Back	NT	2 4
25	1:05.79	13-14 100 Free	1:00.89	2 6
27	1:19.99	9-10 100 Free	1:18.79	2 8
29	2:39.19	13-14 200 IM	2:28.59	3 0
31	3:15.59	9-10 200 IM	3:13.19	3 2
33	2:37.89	13-14 200 Fly	2:26.99	3 4
35	NT	9-10 200 Fly	NT	3 6
37	NT	13-14 200 Free Relay	NT	3 8
39	NT	9-10 200 Free Relay	NT	4 0

Session 3 : SATURDAY, JANUARY 27, 2018

Warm-up: 12:00 PM; Meet Start: 1:00PM

#	Girls/ Women	Event	Boys/ Men	#
41	1:20.69	15-18 100 Breast	1:12.09	4 2
43	1:27.39	11-12 100 Breast	1:25.49	4 4
45	2:32.39	15-18 200 Back	2:19.19	4 6

47	2:43.99	11-12 200 Back	2:40.29	48
49	1:04.59	15-18 100 Free	58.39	50
51	1:08.29	11-12 100 Free	1:05.89	52
53	2:36.19	15-18 200 IM	2:21.79	54
55	2:47.79	11-12 200 IM	2:44.19	56
57	2:34.89	15-18 200 Fly	2:20.59	58
59	2:47.89	11-12 200 Fly	2:43.99	60
61	NT	15-18 200 Free Relay	NT	62
63	NT	11-12 200 Free Relay	NT	64

Session 4: SUNDAY, JANUARY
Warm-up: 7:00 AM; Meet Start: 8:00 AM

#	Girls/ Women	Event	Boys/ Men	#
65	30.29	13-14 50 Free	27.89	66
67	35.19	9-10 50 Free	34.49	68
69	2:58.29	13-14 200 Breast	2:45.59	70
71	NT	9-10 200 Breast	NT	72
73	1:11.69	13-14 100 Back	1:06.89	74
75	1:30.69	9-10 100 Back	1:29.69	76
77	2:22.19	13-14 200 Free	2:12.79	78
79	2:57.39	9-10 200 Free	2:47.99	80
81	1:11.39	13-14 100 Fly	1:06.39	82

83	1:39.09	9-10 100 fly	1:37.99	8 4
85	NT	13-14 200 Medley Relay	NT	8 6
87	NT	9-10 200 Medley Relay	NT	8 8

Session 5 : SUNDAY, JANUARY
Warm-up: 12:00 PM; Meet Start: 1:00 PM

#	Girls/ Women	Event	Boys/ Men	#
89	29.79	15-18 50 Free	26.79	90
91	31.49	11-12 50 Free	30.29	92
93	2:54.69	15-18 200 Breast	2:36.59	94
95	3:08.59	11-12 200 Breast	3:00.99	96
97	1:10.09	15-18 100 Back	1:03.49	98
99	1:118.49	11-12 100 Back	1:15.79	10 0
101	2:19.19	15-18 200 Free	2:07.49	10 2
103	2:29.69	11-12 200 Free	2:24.59	10 4
105	1:09.99	15-18 100 Fly	1:03.39	10 6
107	1:18.29	11-12 100 Fly	1:16.49	10 8
109	NT	15-18 200 Medley Relay	NT	11 0
111	NT	11-12 200 Medley Relay	NT	11 2

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to

Merritt Athletic Swimming):

Merritt Athletic Swimming

ATTN: Meaghan Simpson

8757 Mylander Lane

Towson, MD 21286

Email to: msimpson@merrittclubs.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
\$2 Surcharge per swimmer		\$2.00 per swimmer	
Relay Entries		\$16.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE

