

LBA IMX Distance Challenge

Hosted by LBA

1/6/2018 – 1/7/2018

Held at Loyola Blakefield, 500 Chestnut Avenue, Towson, MD 21204

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction #MD17/18-032

In granting this approval it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

MEET DIRECTOR <i>Matthew McDonough</i> 8002 Township Drive #C Owings Mills, MD 21117 410-258-2883 mmcdonough@loyolablakefield.org	MEET ENTRY COORDINATOR <i>Matthew McDonough</i> 8002 Township Drive #C Owings Mills, MD 21117 410-258-2883 mmcdonough@loyolablakefield.org
MEET REFEREE Eric Lowe j.eric.lowe@gmail.com	MEET MARSHALL <i>Bridgette Acchione</i> 443-841-3667 Duckies247@gmail.com
OFFICIALS CONTACT <i>Keith Schertle</i> 443-841-3667 kschertle@loyolablakefield.org	ADMIN OFFICIAL <i>Gerry Lindner</i> <i>Gerry.Lindner@ey.com</i>

FACILITY

The competition pool at Loyola Blakefield has been certified in accordance with 104.2c(4)

Pool: Loyola Blakefield is a 8 lane 25 yard pool with non-turbulent lane lines. Colorado Time System with a full matrix scoreboard and horn start. The Depth of the starting end is 12 feet. The aquatic center at Loyola uses the latest state of the art UV System for improved air and water quality. The pool depth is 12 feet at the starting end and 4 feet and ½ feet at the turning end.

There will be continuous warm-up / warm-down lane in lane 8 with lane 7 being an empty buffer lane.

All areas of Loyola Blakefield are Off Limits except for the lobby area of the pool, the stands, the restrooms and pool locker rooms and the pool itself.

Shoes are only allowed on the deck for coaches/officials/workers

(Not Swimmers)

MEET FORMAT

Timed final event

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:00 AM	8:00 AM	11 & Over
2	Saturday	12:00 PM	1:00 PM	11 & Over
3	Saturday	4:10 PM	4:40 PM	11 & Over
4	Sunday	8:00 AM	9:00 AM	11 & Over

- Please note: The above listed starting times may be adjusted once all entries have been received. Coaches will be notified of any changes to starting times.

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday, 12-22-2017	1:00 PM	Entry deadline
Saturday, 1-6-2018	7:15 AM	Official Briefings
Saturday, 1-8-2018	7:30 AM	Timing Meeting
Saturday, 1-6-2018	12:15 PM	Official Briefings
Saturday, 1-6-2018	12:30 PM	Timing Meeting
Sunday, 1-7-2018	8:15 AM	Official Briefings
Sunday, 1-7-2018	8:30 AM	Timing Meeting

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Use of stretch cords, paddles, fins, kick boards, etc are not permitted.

RACING STARTS

Per USA Swimming Rules Article 202.4.9 (D): Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. MD Swim rules shall also apply. Per Maryland Swimming rules, any club that registers an unregistered athlete will be subject to a \$100 fine per occurrence. Only registered

swimmers, coaches, officials, and working meet personnel will be allowed on deck.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited. USA Swimming Rules Article 202.4.9(H, I, J) and 305.3 Code of Conduct.

ELIGIBILITY

This meet is open to the 8 Maryland LSC registered swim clubs who did not fit in the Eagle IMX Speedo challenge this year as of 12/19/14.

There are no qualifying times for the 1000/1650 Free for this meet.

“No Time” (NT) entries are acceptable, but estimated times are strongly encouraged.

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Deck entries allowed only for athletes already entered in the meet at the discretion of the meet director. A swimmer’s age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Loyola Blakefield Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Loyola Blakefield Aquatics ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

All entries must be submitted with Short Course Times by email in Meet Manager form. Checks for Entry Fees should be made payable to Loyola Blakefield Aquatics and mailed with disk (or Entry Forms) to:

Matthew McDonough, Meet Entry Director
8002 Township Drive #C
Owings Mills, MD 21117
mmcdonough@loyolablakefield.org

A Confirmation e-mail will be returned within 24 hours, if you do not receive confirmation please send again.

- **Please note:** Entries received without payment will not be accepted. Phone entries will not be accepted. To verify on-time receipt of your entry, please include a stamped, self-addressed postcard or envelope. The Meet director reserves the right to limit entries or cancel events to stay within the time constraints of the meet.

Deck entries allowed only for athletes already entered in the meet at the discretion of the meet director.

ENTRY LIMITATIONS Swimmers are limited to a maximum of Four (4) Individual Events

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

MEET MANAGEMENT LBA, with the approval of the Technical Planning Chair, reserves the right to split or combine sessions in order to run an efficient meet. The order of events will not be adjusted when sessions are adjusted.

ENTRY DEADLINES **The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations. Each team is requested to submit one check to cover entry fees. Entries will not be considered complete without a check for your team. Maryland LSC entries received prior to the entry deadline receive priority over out of LSC entries received.**

ENTRY FEES

Make checks payable to: Loyola Blakefield Aquatics	
Facility Surcharge	\$5.00 per swimmer
Individual Event	\$7.50
Deck Entry	\$10.00
MD Swimming	\$2.00 per Swimmer

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

SCRATCHES There will be no penalty for scratching pre-seeded events at the block

SCORING No team or individual scoring will be kept.

AWARDS There are no awards.

RESULTS Results will be posted on MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS** There will be a need for officials. LBA welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

Swimmers must provide their own timers for the 1650 free, 500 free and for the 1000 free. LBA will provide timers for the other events.

[OFFICIALS SIGN-UP HERE!](#)

**HOSPITALITY/
CONCESSIONS** There will be limited concessions. Programs will not be available. Heat Sheets will be e-mailed out to the clubs and clubs can forward to their swimmers.

WARM-UP In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.

WAIVER/RELEASE As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Loyola Blakefield Aquatics, Loyola Blakefield, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form

of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS & QUALIFYING TIMES

Saturday, 1-6-2018

Warm-up: 8:15 AM; Meet Start: 8:00 AM

Event #		Age Group	Event
1	Girls	11 & Over	1650 Free
2	Boys	11 & Over	1650 Free

Saturday, 1-6-2018

Warm-up: 12:15 PM; Meet Start: 1:00 PM

Event #		Age Group	Event
3	Girls	OPEN	400 I.M.
4	Boys	OPEN	400 I.M.
5	Girls	OPEN	200 Back
6	Boys	OPEN	200 Back
7	Girls	OPEN	200 Breast
8	Boys	OPEN	200 Breast
9	Girls	OPEN	200 Fly
10	Boys	OPEN	200 Fly

Saturday, 1-6-2018

Warm-up: 5:10 PM; Meet Start: 4:40 PM

Event #		Age Group	Event
11	Girls	OPEN	500 Free
12	Boys	OPEN	500 Free

Sunday, 1-7-2018

Warm-up: 8:15 AM; Meet Start: 9:00 AM

Event #		Age Group	Event
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13	Girls	11 & Over	1000 Free
14	Boys	11 & Over	1000 Free

Minimal Time Standards

In order to be in the 1000 free or the 1650 free you must have a provable 500 free time faster than 6:30

200 back is 3:15

200 brst is 3:30

200 fly is 3:30

500 free 7:00

LBA Sprint to the Finish Mini Meet

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **LBA**):

Loyola Blakefield Aquatics

ATTN: MATTHEW MCDONOUGH

8002 TOWNSHIP DRIVE #C

OWINGS MILLS, MD 21117

Email to: mmcdonough@loyolablakefield.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 MD Swim Surcharge per swimmer		\$2.00 per swimmer	
\$5 Facility Surcharge per swimmer		\$5.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules

during this meet. Loyola Blakefield Aquatics, Loyola Blakefield, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE