



EARLY SEASON MINI & MID DISTANCE MEET

Hosted by COLUMBIA AQUATICS ASSOCIATION

OCTOBER 21 & 22, 2017

Held at HOWARD COMMUNITY COLLEGE POOL - 10901 LITTLE PATUXENT PARKWAY COLUMBIA MD 21044

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD 17-18/012

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
USA Swimming Article 202.6.6C

| | |
|--|--|
| CERTIFIED MEET DIRECTOR | CERTIFIED MEET ENTRY COORDINATOR |
| SUSAN MCDONALD 410-381-0020 SUSAN.MCDONALD@COLUMBIAASSOCIATION.ORG | SUSAN MCDONALD 9450 GERWIG LANE COLUMBIA MD 21046 410-381-0020 SUSAN.MCDONALD@COLUMBIAASSOCIATION.ORG |
| MEET REFEREE | USA Registered MEET SAFETY DIRECTOR |
| TERESA EMIG 410-206-1660 TERESAEMIG@YAHOO.COM Meet Notice read & approved by Referee: YES | LAURA MCARTHUR 443-474-7986 SAFETYDIRECTOR@CLIPPERSWIM.ORG |
| OFFICIALS CONTACT | ADMIN OFFICIAL |
| TERESA EMIG TERESAEMIG@YAHOO.COM | DIPPER WETTSTEIN CAAOFFICIALS@CLIPPERSWIM.ORG |

FACILITY

HCC has an indoor six-lane 25-yard pool with non-turbulent lane lines and diving blocks for the 50 yard and above events. No starting blocks for 25 yard events.

The meet is run using the Colorado timing system, scoreboard, and electronic start.

The minimum water depth, measured in accordance with USA Swimming Rules and Regulations Article 103.2.3 is:

11' 6" at a distance of 1 meter from the start end of the pool and 10'6" at a distance of 16 feet from the start end of the pool.

3'11" at a distance of 1 meter from the turn end of the pool and 4'4" at a distance of 8 feet from the turn end of the pool.

There are no warm up/down lanes available during the meet.

The competition course has not been certified in accordance with the USA Swimming Rules and Regulations Article 104.2.2C (4).

A seeding area with a Clerk-of-Course will be used during the meet and will be located in the gymnasium.

Due to county and state fire codes, there will be limited seating for spectators in the pool area.

MEET FORMAT

This is a timed final, age group meet, open to all USA Swimming registered athletes up to 12 years of age.

There are no qualifying times for this meet.

Events will be swum slowest to fastest.

The same events will take place for the Saturday AM and Sunday AM Sessions.

Teams may submit entries for only one AM session on a first come first serve basis.

MEET SCHEDULE:

| Session | Day | Warm-up | Meet Start | Age Group |
|---------|----------|----------|------------|-----------|
| 1 | Saturday | 7:00 AM | 8:30 AM | 8 & Under |
| 2 | Saturday | 12:30 PM | 1:40 PM | 9 - 12 |
| 3 | Sunday | 7:00 AM | 8:30 AM | 8 & Under |
| 4 | Sunday | 12:30 PM | 1:40 PM | 9 - 12 |

DEADLINE AND MEETING SUMMARY:

| Day, Date | Time | For: |
|-----------------------------------|--------|--------------------|
| Monday, October 2 | 6:00PM | Entry deadline |
| Saturday & Sunday October 21 & 22 | 8:00AM | Official Briefings |
| Saturday & Sunday October 21 & 22 | 1:00PM | Official Briefings |

SAFETY

The MSI Safety Program is in effect for this meet.

Coaches are advised to closely supervise their swimmers at all times.

NO running or horseplay will be tolerated.

Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Due to county and state fire codes, there will be limited seating for spectators in the pool area.

RACING STARTS

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.

When un-accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc.

Swimmers must be registered prior to entry deadline.

There will be no on deck registration available at this meet.

A swimmer's age on October 22, 2017 will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Columbia Aquatics Association welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets.

Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals.

Failure to provide advance notice may limit **Columbia Aquatics Association's** ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well.

The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness.

At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

Submit entries using the appropriate Hy-tek file by EMAIL to the Meet Director.

Teams entering with less than 10 swimmers or Unattached swimmers not affiliated with a USA Swim Club, can submit entries on computer entry forms. Mail entries with **required signature waived** to the MEET DIRECTOR.

Meet fees should not be mailed to the Meet Entry Coordinator until a confirmation has been received from the Host Team. Meet fees and a completed and signed Entry Summary Sheet must be received by the start of the meet.

Columbia Aquatics Association's Entries will be processed first and then accepted entries will be processed on a first come, first serve basis until reaching the four/five hour rule is reached. Entries received thereafter will be returned immediately.

Maryland LSC Registered Teams have first priority.

ENTRY LIMITATIONS

Swimmers are limited to FOUR events per morning session and TWO events per afternoon session.

ENTRY VERIFICATION

The Meet Entry Coordinator will acknowledge receipt by return email within 48 hours of receipt. Contact the Meet Director if an acknowledgement has NOT been received.

ENTRY DEADLINES

The Meet Entry Coordinator must be receive entries by the date and time listed in the Deadline and Meeting Summary.

Maryland LSC entries received prior to the entry deadline receive priority over out of LSC entries received.

No late entries will be accepted. There will be no on deck registrations.

ENTRY FEES

| Make checks payable to: CAA | |
|------------------------------------|--------------------|
| LSC Surcharge | \$2.00 per swimmer |
| Individual Event | \$7.00 per event |

SEEDING

Entry times must be in short course yards.

Swimmers will be seeded slowest to fastest.

AWARDS

Ribbons will be awarded 1-8 for each event.

RESULTS

Results will be posted on **Columbia Aquatics Association's and MSI's website within 24 hours of the meet's conclusion.**

At the conclusion of the meet, teams may obtain Hy-tek backups on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming.

Meet Management will require all coaches to show proof of certification/registration through USA Swimming Deck Pass or a membership card.

Meetings may be held at the meet referee's discretion.

Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/

There will be a need for officials.

VOLUNTEERS

Columbia Aquatics Association welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet.

All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration with a Deck Pass or a membership card.

Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

Official briefings will be held in the classroom outside the pool deck at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/

There will be a hospitality area open to all coaches and officials.

CONCESSIONS

Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet.

The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

Meet Management reserves the right to change warm-up times according to the number of entries.

ORDER OF EVENTS & QUALIFYING TIMES**Saturday, October 21****Warm-up: 7:00AM ; Meet Start: 8:30AM****Session 1**

| Boys Events | Age & Event Name | Girls Events |
|--------------------|-----------------------------|---------------------|
| 1 | 7 & Under 50 Free | 2 |
| 3 | 8 Year old 50 Free | 4 |
| 5 | 6 & Under 25 Breast | 6 |
| 7 | 7 Year old 25 Breast | 8 |
| 9 | 8 Year old 25 Breast | 10 |
| 11 | 6 & Under 25 Back | 12 |
| 13 | 7 Year old 25 Back | 14 |
| 15 | 8 Year old 25 Back | 16 |
| 17 | 7 & Under 50 Fly | 18 |
| 19 | 8 Year old 50 Fly | 20 |
| 21 | 7 & Under 100 IM | 22 |
| 23 | 8 Year old 100 IM | 24 |
| 25 | 7 & Under 50 Breast | 26 |
| 27 | 8 Year old 50 Breast | 28 |
| 29 | 6 & Under 25 Free | 30 |
| 31 | 7 Year old 25 Free | 32 |
| 33 | 8 Year old 25 Free | 34 |
| 35 | 6 & Under 25 Fly | 36 |
| 37 | 7 Year old 25 Fly | 38 |
| 39 | 8 Year old 25 fly | 40 |
| 41 | 7 & Under 50 Back | 42 |
| 43 | 8 Year old 50 Back | 44 |
| 45 | 7 & Under 100 Free | 46 |
| 47 | 8 Year old 100 Free | 48 |

Saturday, October 21**Warm-up: 12:30 PM ; Meet Start: 1:40 PM****Session 2**

| Boys Events | Event/Age | Girls Event |
|--------------------|---------------------------|--------------------|
| 49 | 9-10 Year old 200 IM | 50 |
| 51 | 11-12 Year old 200 IM | 52 |
| 53 | 9-10 Year old 200 Fly | 54 |
| 55 | 11-12 Year old 200 Fly | 56 |
| 57 | 9-10 Year old 200 Breast | 58 |
| 59 | 11-12 year old 200 Breast | 60 |

ORDER OF EVENTS & QUALIFYING TIMES

Sunday, October 22

Warm-up: 7:00AM ; Meet Start: 8:30AM

Session 3

| Boys Events | Age & Event Name | Girls Events |
|--------------------|-----------------------------|---------------------|
| 61 | 7 & Under 50 Free | 62 |
| 63 | 8 Year old 50 Free | 64 |
| 65 | 6 & Under 25 Breast | 66 |
| 67 | 7 Year old 25 Breast | 68 |
| 69 | 8 Year old 25 Breast | 70 |
| 71 | 6 & Under 25 Back | 72 |
| 73 | 7 Year old 25 Back | 74 |
| 75 | 8 Year old 25 Back | 76 |
| 77 | 7 & Under 50 Fly | 78 |
| 79 | 8 Year old 50 Fly | 80 |
| 81 | 7 & Under 100 IM | 82 |
| 83 | 8 Year old 100 IM | 84 |
| 85 | 7 & Under 50 Breast | 86 |
| 87 | 8 Year old 50 Breast | 88 |
| 89 | 6 & Under 25 Free | 90 |
| 91 | 7 Year old 25 Free | 92 |
| 93 | 8 Year old 25 Free | 94 |
| 95 | 6 & Under 25 Fly | 96 |
| 97 | 7 Year old 25 Fly | 98 |
| 99 | 8 Year old 25 fly | 100 |
| 101 | 7 & Under 50 Back | 102 |
| 103 | 8 Year old 50 Back | 104 |
| 105 | 7 & Under 100 Free | 106 |
| 107 | 8 Year old 100 Free | 108 |

Sunday, October 22

Warm-up: 12:30 PM ; Meet Start: 1:40 PM

Session 4

| Boys Events | Event/Age | Girls Event |
|--------------------|-------------------------|--------------------|
| 109 | 9-10 Year old 200 Back | 110 |
| 111 | 11-12 Year old 200 Back | 112 |
| 113 | 9-10 Year old 400 IM | 114 |
| 115 | 11-12 Year old 400 IM | 116 |
| 117 | 9-10 Year old 200 Free | 118 |
| 119 | 11-12 Year old 200 Free | 120 |

Meet Name

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **CAA**):

Columbia Aquatics Association

ATTN: Susan McDonald

9450 Gerwig Lane Columbia MD 21046

Email to: Susan.McDonald@ColumbiaAssociation.org

| | |
|---------------------|--|
| Team Name | |
| Club Code | |
| Coach | |
| Coach Phone | |
| Coach Email | |
| Team Address | |

| Item | Total Number | Cost per | Total |
|-----------------------|---------------------|--------------------|--------------|
| LSC Surcharge | | \$2.00 per swimmer | |
| Individual Entries | | \$7.00 per event | |
| Relay Entries | | \$0.00 per relay | |
| Total Fees Due | | | |

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE