

BST

Eastern Shore Invitational
Hosted by BST
December 1,2,3 2017
Held at Sussex Academy Aquatics Center
21150 Airport Road
Georgetown, DE 19947

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 17-18/024

In granting this Sanction it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

MEET DIRECTOR Ellen Doxtater 410.603.3205 Coachellen1@hotmail.com	MEET ENTRY COORDINATOR Brittany Thornton 16672 Woodland Ct Bridgeville, DE 19933 302-569-4899 Brittanyrae4331@gmail.com
MEET REFEREE Dale Doxtater 410.548.1557 Doxtater3@comcast.net	USA Registered MEET SAFETY DIRECTOR NAME Mark Oliphant PHONE: EMAIL: meoliphant@comcast.net
OFFICIALS CONTACT Dale Doxtater Doxtater3@comcast.net	ADMIN OFFICIAL Ashley Snyder

FACILITY

SAAC has an eight-lane pool with a Colorado Automatic Timing System, scoreboard, electronic start, and non-turbulent lane dividers. Upper Mezzanine seating will be available for spectators. A clerk of Course will be set up for the AM sessions only. The minimum water depth, measured in accordance with Article 103.2.3 is: 10' at a distance of 1 meter from the start end of the pool. 3'6" at a distance of 1 meter from the turn end of the pool. **The competition course has not been certified in accordance with 104.2.2C (4).** Ample parking is available.

MEET FORMAT

This will be a Timed Finals Meet

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00 PM	5:00 PM	10 &U, 11-12,13-14, Open
2	Saturday	7:00 AM	8:00 AM	8 &U, 9-10, 11-12

3	Saturday	12:00 PM	1:00 PM	13-14, Open
4	Saturday	Upon Completions Session 3	30 Minutes after Completion Session 3	12 & Over
5	Sunday	7:00 AM	8:00 AM	8 & U, 9-10, 11-12
6	Sunday	12:00 PM	1:00 PM	13-14, Open

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday Nov 17, 2017	6:00 PM	Entry deadline
Friday Dec 1, 2017	TBD	Coaches/General Meeting
Positive Check-In Session 1	4:30 Friday, Dec 1	Positive Check-In Closes
Prior to Sessions	45 Minutes Before Session	Official Briefings
Prior to Sessions	40 Minutes Before Session	Timer Briefings
Positive Check-In Session 4	3:00 PM Saturday, Dec 2	Positive Check-In Closes

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Swimmers must remain on-deck or in assigned team areas. If Swimmers need to go into spectator areas they need to be dressed appropriately. Locker rooms are for changing only. Swimmers are not to remain or play in the changing or shower areas..

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. This is a closed meet, and is limited to swimmers from invited teams, including Maryland Swimming LSC teams, BST/HoCo/SPRC/OPST/CCY/SFY/CDEL.

SWIMMERS WITH DISABILITIES

BST welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file,

including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit BST's ability to accommodate all requests.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. At the discretion of the Meet Referee, any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event may be asked to withdraw from the competition and/or leave the venue as a safety precaution.

ENTRIES

All entries should be submitted via e-mail (Hy Tek entry file) along with a file containing a Microsoft Word or PDF document of the entries (Please check the proof of times option). There are no time standards for entries. NT times will be accepted. Seeding will be Short Course Times, NT swimmers. **BST** entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 1 Event for sessions 1 and 4, and a maximum of 5 events for sessions 2,3, 5 and 6 of which no more than 3 may be individual events. No more than 2 relay teams per team per relay event.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

All entries must be in the hands of the Meet Entry Coordinator no later than Friday Nov 17, 2017, by 6:00 PM. **No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.**

ENTRY FEES

Make checks payable to: BST	
LSC Surcharge	\$2.00 per Swimmer
Facility Fee	\$10.00 per Swimmer
Individual Event	\$7.00 per Event
Relays	\$28.00 per Relay

SEEDING

The conforming time standard for this meet is short yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. There are no time standards for entries. NT times will be accepted. Seeding will be Short Course Times, NT swimmers.

CHECK-IN

A positive check-in, located **TBD** will be required for the following events:

- All events Session 1
- All events Session 4

Check in for event will be as stated in the Deadline and Meeting Summary. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

Positive check-in events will be limited to 40 swimmers. Order of seeding shall be valid short course times, NT's by age of swimmer, oldest to youngest.

SCORING

Events are swum for times, events will not be scored

AWARDS

Awards will be for places 1-6 for age groups 11 – 12 and below. No relay awards will be given.

RESULTS

Results will be posted on BST's and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hytek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials and timers. BST welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the TBD at the date and time listed in the Deadline and Meeting Summary. Teams will be asked to provide times for this meet in order to participate.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will not be lanes available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

ORDER OF EVENTS & QUALIFYING TIMES

DAY, Dec 1

Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls Event	Session 1		Boys Event
1	11-12	500 FREE	2
3	13-14	500 FREE	4
5	OPEN	500 FREE	6

DAY, Dec 2

Warm-up: 7:00 AM; Meet Start: 8:00 AM

Girls Event	Session 2		Boys Event
7	8-U	25 Fly	8
9	10 - U	200 FREE	10
11	11-12	200 FREE	12
13	10 - U	50 BACK	14
15	11-12	50 BACK	16
17	10 - U	100 FLY	18
19	11-12	100 FLY	20
21	10 - U	50 BREAST	22
23	11-12	50 BREAST	24
25	10 - U	100 Free	26
27	11-12	100 Free	28
29	8-U	25 Free	30
31	9-10	200 FREE RELAY	32
33	11-12	200 FREE RELAY	34

DAY, Dec 2

Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls Event	Session 3		Boys Event
35	13-14	200 FREE RELAY	36
37	OPEN	200 FREE RELAY	38
39	13-14	100 BACK	40
41	OPEN	100 BACK	42
43	13-14	200 FLY	44
45	OPEN	200 FLY	46
47	13-14	100 BREAST	48
49	OPEN	100 BREAST	50
51	13-14	100 FREE	52
53	OPEN	100 FREE	54
55	13-14	200 IM	56
57	OPEN	200 IM	58
59	OPEN	400 FREE RELAY	60

DAY, Dec 2

Warm-up: Upon Completion Session 3; Meet Start: 30 Minutes After Completion Session 3

Girls Event	Session 4		Boys Event
61	9-10	200 IM	62
63	11-12	400 IM	64
65	13-14	400 IM	66
67	OPEN	400 IM	68

DAY, Dec 3

Warm-up: 7:00 AM; Meet Start: 8:00 AM

Girls Event	Session 5		Boys Event
69	8-U	25 BREAST	70
71	10-U	100 BACK	72
73	11-12	100 BACK	74
75	10-U	50 FREE	76
77	11-12	50 FREE	78
79	10-U	100 BREAST	80
81	11-12	100 BREAST	82
83	10-U	50 FLY	84
85	11-12	50 FLY	86
87	10-U	100 IM	88
89	11-12	200 IM	90
91	8-U	25BACK	92
93	10-U	200 MEDLEY RELAY	94
95	11-12	200 MEDLEY RELAY	96

DAY, Dec 3

Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls Event	Session 6		Boys Event
97	13-14	200 MEDLEY RELAY	96
99	OPEN	200 MEDLEY RELAY	100
101	13-14	200 BACK	102
103	OPEN	200 BACK	104
105	13-14	50 FREE	106
107	OPEN	50 FREE	108
109	13-14	200 BREAST	110
111	OPEN	200 BREAST	112
113	13-14	100 FLY	114
115	OPEN	100 FLY	116
117	13-14	200 FREE	118
119	OPEN	200 FREE	120
121	OPEN	400 MEDLEY RELAY	122

**Eastern Shore Invitational
Summary of Fees/Release Form**

Attn: Brittany Thorton
16672 Woodland Ct
Bridgeville, DE 19933
302-569-4899

Complete and email or mail this form along with entry fees to (checks payable to **BST**)
BST

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
\$2 Surcharge per swimmer		\$ 2.00 per Swimmer	
Relay Entries		\$28.00 per relay	
Facility Surcharge		\$ 10.00 per Swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE