

MARYLAND SWIMMING LSC, INC.

2018 MARYLAND LSC SENIOR SHORT COURSE CHAMPIONSHIPS Hosted by
MARYLAND SWIMMING, INC. AND ALL PARTICIPATING CLUBS

FEBRUARY 22-25, 2018

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UNITED STATES NAVAL ACADEMY - LEJEUNE HALL POOL
121 BLAKE ROAD, ANNAPOLIS, MD 21401

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction #MD17/18 – 027

In granting this approval it is understood and agreed that USA Swimming and MD Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. **USA Swimming Article 202.6.6C**

This meet is held under the dictates of the MD Swimming Honor Code/Code of Conduct available at www.mdswim.org. All participants, officials, coaches, management and spectators will be held to the standards set within.

ENTRY DEADLINE: TUESDAY FEBRUARY 13, 2018 @ 8:00 PM

The 2017 Maryland LSC Senior Short Course Championships is open only to Maryland Swimming Inc. LSC registered teams and athletes.

MEET DIRECTOR	MEET ENTRY COORDINATOR
Meet Director: Cathy VanNetta Championship Meet Coordinator: Susan McDonald	Chris Kaplan 6814 Rockcrest Circle New Market, MD 21774-6696 ckaplan1313@comcast.net
MEET REFEREES	MEET MARSHALL
Jamie Cahn jemcahn@comcast.net	Trevor Rill trevorrill0904@gmail.com
OFFICIALS CONTACT	ADMIN REFEREE
Jamie Cahn Link to Officiate	Greer Verheyen Greer.Verheyen@constellation.com

FACILITY

Indoor, 10-lane, 50-meter pool with non-turbulent lane lines, continuous flow through gutters, and Colorado timing system with button plungers and stop watches as back-ups. The pool depth throughout is 8'0". A 10 lane, SCM pool will be available throughout the meet for warm-up and warm-down. The competition course has not been certified in accordance with 104.2.2C (4).

All swimmers and spectators attending this meet are guests of the United States Naval Academy and are required to adhere to the following:

Chairs are not permitted in the stands.

Swimmers leaving the pool area are required to wear shirts, shorts or pants and shoes at all times.

MEET FORMAT

All Teams are required to maintain a clean and safe team area throughout the meet.

Please note the change to the meet notice as this will be a full scratch meet

All events are OPEN age group and the Meet will be conducted as a Trials & Finals Meet. There will be an A, B, C, D Finals (32 Swimmers) for each Prelim/final event.

Thursday's Timed Final Events will be swum using 10 Lanes.

PRELIMS on Friday, Saturday and Sunday will be swum using 10 Lanes.

FINALS on Friday, Saturday and Sunday will be swum using 8 Lanes.

The 1000 Freestyle event on Thursday will be a timed finals event and will be swum in event order slowest to fastest.

The 1650 Freestyle event on Sunday will be a timed finals event. The top 8 seeded swimmers in each event will compete during the finals session. The remaining swimmers will swim in the prelims session, fastest to slowest, alternating Girls/Boys.

The Relays on Thursday Night are Timed Finals and will swim in event order slowest to fastest.

Relays on Friday, Saturday & Sunday will be swum as follows: The top 16 seeded relays after positive scratches will swim in the finals session. The remaining relays will swim in the prelim sessions. There will be no option to swim AM/PM relays.

We reserve the right to change the warmup and start times based on entries received. Please check www.mdswim.org for any changes to warmup and start times. The meet entry director reserves the right to limit entries to ensure that sessions fall within the Maryland LSC Swimming Rules.

BREAKS: After entries are received, breaks between events may be applied to ensure swimmers receive a minimum of 20 minutes between events. These breaks will be applied at the discretion of the meet referee.

FINALS SESSIONS: Walk Out Music will be played during the championship heat at finals. The top three finalists will be presented their awards after certain events have been swum determined by the Admin Referee.

SCHEDULE:

Session	Day	Warm-up	Meet Start	Scratch Deadline	Age Group
1	THURSDAY	4:00 PM	5:00 PM	4:15 pm Thursday	OPEN
2	FRIDAY	6:30 AM	8:00 AM	5:30 pm Thursday	OPEN
3	FRIDAY	4:30 PM	5:30 PM		OPEN
4	SATURDAY	6:30 AM	8:00 AM	6:00 pm Friday	OPEN
5	SATURDAY	4:30 PM	5:30 PM	5:00 pm MD Swim Awards	OPEN
6	SUNDAY	6:30 AM	8:00 AM	6:00 pm Saturday	OPEN
7	SUNDAY	3:30 PM	4:30 PM		OPEN

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, February 13, 2018	8:00 PM	Entry Deadline
Thursday February 22, 2018	4:15 PM	Officials Briefing
FR, SA, SU Feb. 22 – 25, 2018	7:15 AM	Officials Briefings
Friday February 23, 2018	7:30 AM	Coaches Meeting / If Needed

SAFETY

The 2018 USA Swimming & MSI warm-up and safety guidelines shall be in effect for the meet. Those guidelines may be accessed through the MSI website (mdswim.org). Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Maryland LSC Rules shall also apply.

No one will be allowed on deck unless they are registered with USA Swimming as an athlete, coach or official and/or those who are part of the timing and administrative staff assisting with the conduct of the meet.

Swimmers entering the meet must be registered with MSI by the entry deadline date.

No Deck Registrations will be permitted.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Videotaping or picture taking, on deck by meet volunteers will not be permitted. Volunteers wishing to tape or photograph their swimmer shall do so from the spectator stands. Any person(s) violating this rule will be subject to discipline by the Meet Director or Referee up to and including removal from the venue for the remainder of the meet. EXCEPTION: The Certified meet photographer and anyone else specifically given pre- authorization by the Meet Director or Referee.

The practice of Deck Changing is prohibited. Swimmer must use locker rooms to change into and out of their swimsuits. Swimmers participating in deck

changing will be in violation of the USA Swimming Code of Conduct/Sportsmanship Policy and could be subject to removal from further competition in the meet.

HEALTH GUIDELINES

All meets in the Maryland Swimming LSC are guided by the Maryland Department of Health and Mental Hygiene as posted on the Maryland Swimming Website. This not only applies to Viral Gastroenteritis but other infectious diseases as well. The Meet Staff has the authority to inform and protect coaches and swimmers from a potential outbreak of illness. Any participants or spectators who exhibited symptoms of illness within 24 hours prior and/or during the event are encouraged to withdraw from the competition and/or leave the venue as a safety precaution.

ELIGIBILITY

Open to ALL 2018 USA Swimming Inc. / Maryland Swimming Inc. registered swimmers of the Maryland Swimming LSC Teams and unattached Maryland LSC registered swimmers ONLY who meet the listed qualifying times. The meet is closed to ALL outside the LSC teams and swimmers.

Swimmers must be registered prior to entry deadline.

There will be no on deck registration available at this meet.

A swimmer's age on the first day of the meet will determine their age for the entire meet.

Age as of February 22, 2018 shall apply for the entire meet.

Swimmers must be equal to or faster than the Qualifying Times for the meet. The qualifying times must have been achieved in a USA Swimming sanctioned/approved/observed meet, between February 25, 2016 and the entry deadline for this meet (February 13, 2018). No times achieved outside of this time period may be used to qualify for this meet. The qualifying times must have been achieved in a short course yard pool. Converted times will not be accepted.

Relay Eligibility: The qualifying times may either be met by an actual relay time within the qualifying period or by aggregate time. If the time is entered using an actual time swum in a sanctioned meet, the swimmers actually swimming the event in the meet do not have to be the same swimmers. Times used to prove aggregate times must be times from swimmers who are eligible for the meet in the age group whose relay time is being proved by aggregate times. Swimmers who actually swim the relay in the meet do not have to be the same.

Qualifying times exception 1: If a swimmer qualifies for either the 1000 Free or the 1650 Free they may enter the other (1000 Free or 1650 Free) event if they have not achieved the qualifying time for the event within the qualifying period. The time entered for that event should be at the qualifying time if never swum or a verifiable time outside of the qualifying period if swum before.

Qualifying time's exception 2: Swimmers that have achieved USA Swimming National Qualifying Times may enter any events they have not swum within

the qualifying period assuming they have met the qualifying time.

SWIMMERS WITH DISABILITIES

Maryland Swimming Inc. welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Maryland Swimming's ability to accommodate all requests.

ENTRY LIMITATIONS All Swimmers are limited to 9 Individual Events and 5 Relays for the meet not to exceed 3 Individual Events on any day or 2 relay events on Thursday and 1 relay event on Friday, Saturday & Sunday. Each Team is limited to two (2) relay teams per event.

Failure of any swimmer to comply with the above rules will result in the swimmer being scratched from all events entered beyond the above rule at the discretion of the meet entry coordinator.

The meet entry director reserves the right to limit entries to ensure that sessions fall within the Maryland LSC Swimming Rules. If the meet becomes oversubscribed, the meet will be reduced in the following manner:

1. Bonus events will be eliminated
2. Events will be limited to 8 per swimmer
3. Events will be limited to 6 heats
4. Any heats not full (10 swimmers) WILL BE ELIMINATED
5. Entry times furthest away from AAA times will be cut

NO LATE ENTRIES WILL BE ACCEPTED.

NO DECK ENTRIES WILL BE ACCEPTED (INDIVIDUAL OR RELAY)

Maryland Swimming reserves the right to change the warmup and start times based on entries received.

BONUS EVENTS

All Bonus Event Qualifying times must have been achieved in a USA Swimming sanctioned/approved/observed meet, between February 25, 2016 and the entry deadline for this meet (February 13, 2018). No times achieved outside of this time period may be used to qualify for this meet. The qualifying times must have been achieved in a short course yard pool. Converted times will not be accepted.

Bonus events will be offered using the following guidelines:

- Qualify for 1 or more events, you get 2 bonus events
- The bonus events may be used on any day of the meet
- Events 400 yards or longer are not eligible as bonus events. (400 IM, 500 FREE, 1000 FREE, 1650 FREE)
- The bonus events must meet the following time standards:

50 YD bonus events must be within .50 seconds of the qualifying time for the meet. 100 YD bonus events must be within 1 second of the qualifying time for the meet. 200 YD bonus events must be within 2 seconds of the qualifying time for the meet.

- If the meet becomes oversubscribed the bonus events will be the first entries removed from the meet.

All Bonus Events should be marked with a (B) or a (*) on the entry repo

ENTRIES

All entries should be submitted via email (Hy-Tek OR Team Unify entry file) along with a file containing Microsoft Word or PDF documents of the entries (Please check proof of times option).

PROOF OF TIMES: Times will be proven through SWIMS database. Coaches should be prepared to submit proof of times (in addition to the proof of times – entry report required with the entries) upon request by the Meet Director or Referee for those times rejected by the SWIMS database. Failure to prove a time will result in the swimmer being scratched from the event. Any swimmer entered with a falsified or non-provable time will be subject to a \$100.00 fine per occurrence.

A completed and signed Entry Summary Sheet (Last page of this announcement) should be emailed along with entries for them to be considered complete.

ENTRY PROCEDURE: ALL ENTRIES SHOULD BE EMAILED OR MAILED TO THE MEET ENTRY CHAIRMAN TO THE EMAIL ADDRESS OR MAILING ADDRESS ON PAGE 1.

The email/mail should include the following:

- Entry file compatible with HY-TEK Meet Manager
- Team entries in a Word/PDF document with the proof of times option included. This should include Individual and Relay Entries. Proof of times for both Individual and Relay events (actual or aggregate) must be included.
- Entry Fee report in a Word/PDF document
- Entry Summary/Release form contained in the last page of this notice
- Relay only swimmers must be included on your roster. This can be done by adding names to your relay entries (including alternates). As always, those names can be changed up until the time of the event. No swimmers can be added to your roster after the deadline of the meet.
- Bonus events should be marked with an *

For entries to be officially accepted, the following must be received by the Meet Entry Director:

- Entry File/Paper Entries and all information included above by February 13, 2018 @ 8:00 PM
- Completed Entry Summary / Release Form / Team Communication Form contained as the last page of this meet notice
- All should be emailed to ckaplan1313@comcast.net
- OR mailed to:

Chris Kaplan
6814 Rockcrest Circle
New Market, MD 21774

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by TUESDAY FEBRUARY 13, 2018 @ 8:00PM.

ENTRY FEE BILLING All Maryland Swim Teams will be invoiced by Maryland Swimming for all entries following the competition. Checks sent with entries will be returned. Fees are to be paid in full April 1, 2018 or a 10% late fee will be added. Any UN-attached Maryland registered swimmers, not affiliated with any club and entering on their own, must send a check with their entry or the entries will not be accepted.

ENTRY FEES

ALL TEAMS WILL BE INVOICED BY MARYLAND SWIMMING	
Individual Event	\$7.50 per individual event
Ind. Event / Paper Entry	\$15.00 per individual event
MD Swimming Surcharge	\$2.00 per Swimmer
Relays	\$15.00 per relay event
Relays / Paper Entry	\$30.00 per relay event

ALL Entry times must be submitted in SCY. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. Converted times or no time entries will not be accepted.

SEEDING

SCRATCHES

This will be a full scratch meet. As such, each athlete will be required to scratch from any preliminary event in which they no longer wish to participate by the deadlines listed below. Scratch rules in effect will follow the MSI and USA Swimming Rules.

- Any swimmer who has not positively scratched any preliminary and fails to compete or declare a false start prior to their heat, shall be barred from his next individual preliminary event and must report to the Meet Referee before participating in their next individual preliminary events entered.
- Any swimmer qualifying for a D, C, B, or A (bonus and consolation final or) final race in an individual event, who fails to compete in said final, shall be barred from further competition for the remainder of the meet USA Swimming Rule 207.6.D(1).
- The top 4 alternates for finals will be announced with the preliminary results. These alternates must follow the scratch procedures. All other swimmers finishing below the places of the announced alternates will be excused from the responsibility of returning for bonus, consolation or championship finals heats (4.9 Maryland Swimming Championship Meet (MSCM)).

Preliminary Scratch Deadlines

- Scratches will close 30 mins after finals start for the next day’s events
- Thursday Events: Scratch Table Closes at 4:15 PM Thursday
- Friday Events: Scratch Table Closes at 5:30 PM on Thursday
- Saturday Events: Scratch Table Closes at 6:00 PM on Friday
- Sunday Events: Scratch Table Closes at 6:00 PM on Saturday

SCHEDULE:

Session	Day	Warm-up	Meet Start	Scratch Deadline	Age Group
1	THURSDAY	4:00 PM	5:00 PM	4:15 pm Thursday	OPEN
2	FRIDAY	6:30 AM	8:00 AM	5:30 pm Thursday	OPEN
3	FRIDAY	4:30 PM	5:30 PM		OPEN
4	SATURDAY	6:30 AM	8:00 AM	6:00 pm Friday	OPEN
5	SATURDAY	4:30 PM	5:30 PM	5:00 pm MD Swim Awards	OPEN
6	SUNDAY	6:30 AM	8:00 AM	6:00 pm Saturday	OPEN
7	SUNDAY	3:30 PM	4:30 PM		OPEN

SCORING

Team Scoring is as follows:

Individual Events: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

Relay Events: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

AWARDS

Individual Events: Medals for 1st, 2nd and 3rd places will be awarded.

Relay Events: Team Medals for 1st, 2nd and 3rd places will be awarded.

Participation awards will be given to all swimmers entered in individual events

MD SWIMMING JACKETS

On behalf of MD Swimming, jackets will be presented to each individual event winner. Second and third place individual event winners will have the

option to purchase the jacket. Only one jacket per swimmer will be awarded.

RESULTS

Live Results will be available via the MarylandSwimming website (mdswim.org). The meet will also be available via Meet Mobile. Final Results will be posted on the MDSI website within 48 hours of the meet's conclusion.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration using Deck Pass. Coaches shall prominently display their Meet Specific MDSI Championship Meet wrist ID Bands

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS

There will be a need for officials. Maryland Swimming welcomes and encourages anyone willing to volunteer to complete an application to officiate via the link below. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification /registration using Deck Pass. Officials shall prominently display their Meet Specific MDSI Championship Meet wrist ID Bands

This is a National Certification Meet. If you wish to apply for National Certification (N3), you must be certified for one year in the position for which you are applying. You also must submit a Request for N3 Evaluation by February 13, 2018. To be evaluated at an OQM you must work at least 4 sessions (Including official's briefings) as an official at the meet. Not all sessions worked need to be evaluated positions. Please see National Official Certification Summary and National Official Re-Certification Summary on the USA Swimming Web Page (www.usaswimming.org). Preference for assigned positions will be given to those working the majority of the sessions.

OFFICIALS SIGN-UP

Officials wishing to volunteer should sign up using the following link:
[Application to Officiate MSI Senior Championships](#)

WORKERS

This meet is hosted by ALL TEAMS of the Maryland Swimming LSC. Any Team with swimmers entered in the meet will be required to provide workers.

Each Team needs to provide the name, phone number and email address of a Team Manager. In addition, the name, phone number and email address of a coach. This info is to be submitted via the form at the end of the meet notice.

The Team Manager should be available during all sessions of the meet.

Each Team will be sent their worker assignments once entries have been received. Worker assignments will also be posted on the Maryland Swimming website (www.mdswim.org).

Each Club/Swimmer is responsible for supplying your own timers and counters for the following events:

- All Thursday Events
- 1650 FREE (Sunday)
- All AM relay events (Friday, Saturday & Sunday)

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand operated by NAAC.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area and should be monitored by each teams coaching staff.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. CBAC, ST. Mary's College, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

**2018 MARYLAND LSC SENIOR SHORT COURSE
CHAMPIONSHIPS
QUALIFYING TIMES**

GIRLS	EVENT	BOYS
26.39	50 FREESTYLE	23.79
56.79	100 FREESTYLE	51.59
2:03.89	200 FREESTYLE	1:54.79
5:29.89	500 FREESTYLE	5:14.39
11:13.89	1000 FREESTYLE	10:47.19
18:39.59	1650 FREESTYLE	18:29.59
1:04.89	100 BACKSTROKE	59.79
2:18.69	200 BACKSTROKE	2:09.89
1:14.29	100 BREASTSTROKE	1:07.89
2:40.59	200 BREASTSTROKE	2:28.09
1:04.89	100 BUTTERFLY	57.99
2:22.29	200 BUTTERFLY	2:11.39
2:20.79	200 IM	2:09.29
4:59.39	400 IM	4:43.99
1:47.59	200 FREESTYLE RELAY	1:37.19
3:51.19	400 FREESTYLE RELAY	3:30.39
8:23.59	800 FREESTYLE RELAY	7:47.19
4:24.89	200 MEDLEY RELAY	4:01.29
4:24.89	400 MEDLEY RELAY	4:01.29

NOTE: QUALIFICATION PERIOD – FEBRUARY 25, 2016 UNTIL THE FEBRUARY 13, 2018 ENTRY DEADLINE FOR THIS MEET.

NOTE: QUALIFYING TIME FOR THE 200 MEDLEY RELAY WILL BE THE SAME AS THE 400 MEDLEY RELAY. ENTRY TIMES FOR THE 200 MEDLEY RELAY SHOULD BE THE SAME AS THE 400 MEDLEY RELAY.

2018 MARYLAND LSC SENIOR SHORT COURSE CHAMPIONSHIPS

ORDER OF EVENTS

THURSDAY FEBRUARY 22, 2018

SESSION 1

Warm-up: 4:00 PM Meet Start: 5:00 PM

GIRLS	Event	BOYS
1	OPEN 200 MEDLEY RELAY*	2
3	OPEN 1000 FREESTYLE	4
5	OPEN 800 FREE RELAY	6

Positive Check In & Scratch Deadline 4:15 pm Thursday all Session 1 events

NOTE 1: Swimmers must supply their own timers and counters for ALL Session 1 events.

Note 2: Presentation of Awards may be adjusted by the Admin Referee.

AWARDS

Presented immediately after each event.

FRIDAY FEBRUARY 23, 2018

SESSION 2

PRELIMINARY / TIMED FINAL EVENTS Warm-up:

6:30 AM

Meet Start: 8:00 AM

GIRLS	Event	BOYS
7	OPEN 200 FREESTYLE	8
9	OPEN 100 BREASTSTROKE	10
11	OPEN 100 BUTTERFLY	12
13	OPEN 400 IM	14
15	OPEN 400 MEDLEY RELAY*	16

Scratch Deadline 5:30 pm THURSDAY for all preliminary events

***Top 16 seeded relays, after positive check-in, will swim in the Finals Session 3.**

FRIDAY FEBRUARY 23, 2018

SESSION 3

FINALS / TIMED FINALS EVENTS

Warm-up: 4:30 PM

Meet Start: 5:30 PM

GIRLS	Event	BOYS	
7	OPEN 200 FREESTYLE	8	
9	OPEN 100 BREASTSTROKE	10	
11	OPEN 100 BUTTERFLY	12	
13	OPEN 400 IM	14	
15	OPEN 400 MEDLEY RELAY*	16	

***Top 16 seeded relays, after positive check-in, will swim in the Finals Session 3.**

There will be a 10 minute break after event 14 prior to the relays.

Note: Presentation of Awards may be adjusted by the Admin Referee.

AWARDS

Presented immediately after each event.

**2018 MARYLAND LSC SENIOR SHORT COURSE CHAMPIONSHIPS
ORDER OF EVENTS**

SATURDAY FEBRUARY 24, 2018

SESSION 4

PRELIMINARY / TIMED FINAL EVENTS

Warm-up: 6:30 AM Meet Start: 8:00 AM

GIRLS	Event	BOYS
17	OPEN 200 BUTTERFLY	18
19	OPEN 50 FREESTYLE	20
21	OPEN 200 BREASTSTROKE	22
23	OPEN 100 BACKSTROKE	24
25	OPEN 500 FREESTYLE	26
27	OPEN 200 FREE RELAY	28

Scratch Deadline 6:00 pm FRIDAY for all preliminary events

Swimmers must supply their own counters for 500 Free.

***Top 16 seeded relays, after positive check-in, will swim in the Finals Session 5.**

SATURDAY FEBRUARY 24, 2018

SESSION 5

FINALS / TIMED FINALS EVENTS

Warm-up: 4:30 PM Meet Start: 5:30 PM

GIRLS	Event	BOYS
17	OPEN 200 BUTTERFLY	18
19	OPEN 50 FREESTYLE	20
21	OPEN 200 BREASTSTROKE	22
23	OPEN 100 BACKSTROKE	24
25	OPEN 500 FREESTYLE	26
27	OPEN 200 FREE RELAY	28

Swimmers must supply their own counters for 500 Free.

***Top 16 seeded relays, after positive check-in, will swim in the Finals Session 5.**

There will be a 10 minute break after event 26 prior to the relays.

Note: Presentation of Awards may be adjusted by the Admin Referee.

AWARDS

Presented immediately after each event.

2018 MARYLAND LSC SENIOR SHORT COURSE CHAMPIONSHIPS

ORDER OF EVENTS

SUNDAY FEBRUARY 25, 2018

SESSION 6

PRELIMINARY / TIMED FINAL EVENTS Warm-up:

6:30 AM

Meet Start: 8:00 AM

GIRLS	Event	BOYS
29	OPEN 200 BACKSTROKE	30
31	OPEN 100 FREESTYLE	32
33	OPEN 200 IM	34
35	OPEN 1650 FREESTYLE*	36
37	OPEN 400 FREESTYLE RELAY**	38

Scratch Deadline 6:00 pm SATURDAY for all preliminary events

Swimmers must supply their own timers and counters for 1650 Free.

*Top 8 seeded 1650 swimmers in each event, after positive scratches, will swim in the Finals Session 7.

The remaining swimmers will swim in the prelims session, fastest to slowest, alternating Girls/Boys.

**Top 16 seeded relays, after positive scratches, will swim in the Finals Session 7.

Events 37 & 38 will swim after event 34 in the prelims session 6.

SUNDAY FEBRUARY 25, 2018

SESSION 7

FINALS / TIMED FINALS EVENTS

Warm-up: 3:30 PM

Meet Start: 4:30 PM

GIRLS	Event	BOYS
35	OPEN 1650 FREESTYLE	36
29	OPEN 200 BACKSTROKE	30
31	OPEN 100 FREESTYLE	32
33	OPEN 200 IM	34
37	OPEN 400 FREESTYLE RELAY*	38

Swimmers must supply their own timers and counters for 1650 Free.

*Top 16 seeded relays, after positive check-in, will swim in the Finals Session 7.

There will be a 10 minute break after event 34 prior to the relays.

Note: Presentation of Awards may be adjusted by the Admin Referee.

AWARDS

Presented immediately after each event.

**2018 MARYLAND LSC SENIOR SHORT COURSE CHAMPIONSHIPS ENTRY
SUMMARY / RELEASE FORM / TEAM COMMUNICATION FORM**

Complete mail this form along with entries to:

CHRIS KAPLAN
C/O MARYLAND SWIMMING
6814 ROCKCREST CIRCLE
NEW MARKET, MD 21774-6696
Email to: [Chris Kaplan](mailto:Chris.Kaplan@usa-swimming.com)

TEAM NAME	
TEAM CODE	
COACH	
COACH PHONE	
COACH EMAIL	
MANAGER	
MGR PHONE	
MGR EMAIL	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
Individual Entries/Paper		\$15.00 per event	
Relay Entries		\$15.00 per relay	
Relay Entries / Paper		\$30.00 per relay	
MD Swimming Surcharge		\$2.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE