

INDEPENDENCE MEET
Hosted by the Annapolis Swim Club
June 24-25, 2017

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 16-17/047

CERTIFIED MEET DIRECTOR Ken DeGruchy coachdegruchy@gmail.com	CERTIFIED MEET ENTRY COORDINATOR Ken DeGruchy ascmeetentries@gmail.co 7611 Gunmill Lane Glen Burnie MD 21060
MEET REFEREE Doug Karr Dkarr29@gmail.com 410-353-5948	USA Registered MEET SAFETY DIRECTOR Elizabeth Cmial
OFFICIALS CONTACT Doug Karr Dkarr29@gmail.com 410-353-5948	ADMIN OFFICIAL Howard Marks

FACILITY

UMBC has an outdoor eight lane, 50-meter pool. The eight lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is not to be used. Please inform your swimmers.

- The minimum water depth, measured in accordance with **USA Swimming Article 103.2.3** is: 13' at a distance of 1 meter from the start end of the pool 6 at a distance of 1 meter from the turn end of the pool with non-turbulent lane dividers.
- **Per USA Swimming Article 202.6.6D(2)**, the competition course has not been certified in accordance with 104.2.2C(4).
- The facility has fully automatic timing, scoreboard, horn start, and non- turbulent lane dividers

MEET FORMAT

This is a timed final event.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	12:00	1:00	12 and under
2	Saturday	4:00pm	5:00 pm	13 and over
3	Sunday	7:00 AM	8:00 AM	12 and younger
4	Sunday	12:00	1:00	13 and over

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday June 5, 2017	5:00	Entry deadline
Monday June 12, 2017	5:00	Entry fee deadline
Saturday June 24, 2017	12:00	Coaches/General Meeting
Saturday June 24, 2017	12:00	Official Briefings

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated.** Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

RACING STARTS

Per USA Swimming Rules Article 202.4.9 (D), any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, **must be** certified by an USA Swimming member coach as being proficient in performing a racing start **or must start** each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. **Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited. USA Swimming Rules Article 202.4.9(H,I,J USA Swimming, Article 205 and 305.3.**

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. Meet is open to all USA registered swimmers who meet the qualifying time.

SWIMMERS WITH DISABILITIES

Annapolis Swim club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, **USA Swimming Article 105**, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations **are required to provide advance notice in writing to the Meet Director by the entry deadline** accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. **Failure to provide advance notice may limit Annapolis Swim Clubs ability to accommodate all requests.**

ENTRIES

Entries submitted in Hy-tek format all require a hard copy entry forms. Email is the only accepted form of electronic entry files. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator **by June 5, 2017.** Annapolis Swim Club entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. **Entries received thereafter will be returned immediately.**

- ENTRY LIMITATIONS** Swimmers are limited to 4 events per session.
- ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
- ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by the Monday June 5, 2017. No late entries will be accepted. There will be no on deck registrations or **DECK ENTRIES OF ANY SORT**. Maryland Swimming entries received **prior to the entry deadline receive priority** over out of LSC entries received.

ENTRY FEES

Make checks payable to: Annapolis Swim Club	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.50 per event

- SEEDING** The conforming time standard for this meet is Long course meters only. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. Coaches are encouraged to use estimated times for NT swims when possible.
- RESULTS** Results will be posted on MSI’s website within 24 hours of the meet’s conclusion.
- COACHES** All coaches on deck must be registered and certified with USA Swimming. **Meet Management will require** all coaches to show proof of certification/registration. **Either Deck Pass or a membership card will be acceptable as proof of membership.** There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. **Meet Management requests** that at least one coach representative from each team attend all coaches meetings.
- OFFICIALS/TIMERS/VOLUNTEERS** There will be a need for officials. Annapolis Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. **Either Deck Pass or a membership card will be acceptable as proof of membership.** Any official’s assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.
- HOSPITALITY/ CONCESSIONS** There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
- WARM-UP** In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

ORDER OF EVENTS & QUALIFYING TIMES

Saturday June 24, 2017

Warm-up: 12:00; Meet Start: 1:00 pm

#	Girls/Women	Event	Boys/Men	#
1	1:21.20	9-10 100 Free	1:20.40	2
3	1:12.20	11-12 100 Free	1:10.50	4
5	1:34.80	9-10 100 Back	1:31.30	6
7	1:23.30	11-12 100 Back	1:22.20	8
9	42.10	9-10 50 Breast	42.00	10
11	42.10	11-12 50 Breast	42.00	12
13	41.50	9-10 50 Fly	40.90	14
15	35.80	11-12 50 Fly	35.90	16
17	3:17.60	9-10 200 IM	3:16.90	18
19	2:58.60	11-12 200 IM	2:55.90	20

Saturday June 24, 2017

Warm-up: 4:00 pm; Meet Start: 5:00 pm

#	Girls/Women	Event	Boys/Men	#
21	32.30	13-14 50 Free	29.50	22
23	31.70	15-18 50 Free	27.90	24
25	2:45.60	13-14 200 Back	2:36.90	26
27	2:42.30	15-18 200 Back	2:28.90	28
29	1:28.20	13-14 100 Breast	1:21.30	30
31	1:26.20	15-18 100 Breast	1:18.90	32
33	2:45.70	13-14 200 Fly	2:36.30	34
35	2:42.30	15-18 200 Fly	2:29.10	36

Sunday June 25, 2017

Warm-up: 7:00 am; Meet Start: 8:00 am

#	Girls/Women	Event	Boys/Men	#
37	36.30	9-10 50 Free	35.70	38
39	33.40	11-12 50 Free	32.50	40
41	43.50	9-10 50 Back	43.30	42
43	38.50	11-12 50 Back	38.00	44
45	1:46.50	9-10 100 Breast	1:44.70	46
47	1:33.80	11-12 100 Breast	1:31.70	48
49	1:36.80	9-10 100 Fly	1:36.30	50
51	1:21.90	11-12 100 Fly	1:20.40	52
53	2:58.40	9-10 200 Free	2:51.90	54
55	2:37.60	11-12 200 Free	2:33.90	56

Sunday June 25, 2017
Warm-up: 12:45 pm ; Meet Start: 1:45 pm

#	Girls/Women	Event	Boys/Men	#
57	2:30.30	13-14 200 Free	2:22.00	58
59	2:30.20	15-18 200 Free	2:20.00	60
61	1:17.20	13-14 100 Back	1:12.90	62
63	1:16.90	15-18 100 Back	1:09.70	64
65	3:10.80	13-14 200 Breast	2:59.90	66
67	3:05.70	15-18 200 Breast	2:59.90	68
69	1:15.50	13-14 100 Fly	1:10.40	70
71	1:30.90	15-18 100 Fly	1:07.10	72
73	1:09.70	13-14 100 Free	1:08.80	74
75	1:08.40	15-18 100 Free	1:02.20	76
77	2:51.00	13-14 200 IM	2:40.40	78
79	2:46.40	15-18 200 IM	2:32.80	80

**Annapolis Swim Club
All Freestyle Meet
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **Annapolis Swim Club**):
Annapolis Swim Club
7611 Gunmill Lane
Glen Burnie MD 21060

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 Surcharge per swimmer			
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE