



JOHN C. CLEGG MEMORIAL LONG COURSE MEET

Hosted by COLUMBIA AQUATICS ASSOCIATION

MAY 19 - 21, 2017

Held at FAIRLAND AQUATICS CENTER – 13820 OLD GUNPOWDER ROAD LAUREL, MD 20707

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction # MD 16-17/041

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
SUSAN MCDONALD 410-381-0020 SUSAN.MCDONALD@COLUMBIAASSOCIATION.ORG	CATHY VANNETTA 40 RIDGE ROAD CATONSVILLE MD 21228 443-676-3195 VANNETTA@UMD.EDU
MEET REFEREE	USA Registered MEET SAFETY DIRECTOR
DIPPER WETTSTEIN 443-745-4406 CAAOFFICIALS@CLIPPERSWIM.ORG	LAURA MCARTHUR 443-474-7986 SAFETYDIRECTOR@CLIPPERSWIM.ORG
OFFICIALS CONTACT	ADMIN OFFICIAL
DIPPER WETTSTEIN CAAOFFICIALS@CLIPPERSWIM.ORG	AMY ESCHMAN AMY.ESCHMAN@GMAIL.COM

FACILITY

Indoor eight-lane 50-meter pool with non-turbulent lane lines.

The meet is run using the Colorado timing system, scoreboard, and electronic start.

The competition course has not been certified in accordance with the USA Swimming Rules and Regulations Article 104.2.2(C).

The minimum water depth, measured in accordance with USA Swimming Rules and Regulations Article 103.2.3 is:

13 feet at the start end of the pool and 5 feet from the turn end of the pool.

There will NOT be a Clerk-of-Course for this meet.

MEET FORMAT

This is a timed final, age group meet, open to all USA Swimming registered athletes 9 & older with times slower than the 2017-2020 long course meter "A" times.

MEET SCHEDULE:

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:30 PM	5:40 PM	9 & Older 400 FR & 400 IM
2	Saturday	6:30 AM	8:10 AM	9 -12
3	Saturday	12:30 PM	1:40 PM	13 & Older
4	Sunday	6:30 AM	8:10 AM	9 -12
5	Sunday	12:30 PM	1:40 PM	13 & Older

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday, May 1	6:00 PM	Entry deadline
Friday, May 19 – Session 1	1 hr. before meet start	Official Briefings
Friday, May 19 – Session 1	20 mins. after warmups start	Athlete Check In Deadline
Saturday May 20 – Session 2	1 hr. before meet start	Official Briefings
Saturday May 20 – Session 2	20 mins. after warmups start	Athlete Check In Deadline
Saturday May 20 – Session 3	1 hr. before meet start	Official Briefings
Saturday May 20 – Session 3	20 mins. after warmups start	Athlete Check In Deadline
Sunday May 21 – Session 4	1 hr. before meet start	Official Briefings
Sunday May 21 – Session 4	20 mins. after warmups start	Athlete Check In Deadline
Sunday May 21 – Session 5	1 hr. before meet start	Official Briefings
Sunday May 21 – Session 5	20 mins. after warmups start	Athlete Check In Deadline

SAFETY

The MSI Safety Program is in effect for this meet.

Coaches are advised to closely supervise their swimmers at all times.

NO running or horseplay will be tolerated.

Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Due to county and state fire codes, there will be limited seating for spectators in the pool area.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.

It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc.

Swimmers must be registered prior to entry deadline.

There will be NO ON DECK REGISTRATION available at this meet.

A swimmer's age on **May 19, 2017** will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Columbia Aquatics Association welcomes all swimmers with disabilities as described in the **USA Swimming Rules and Regulations, Article 105**, to participate in our meets.

Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Entry Coordinator by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals.

Failure to provide advance notice may limit **Columbia Aquatics Association's** ability to accommodate all requests.

ENTRIES **Columbia Aquatics Association's** Entries will be processed first then all other entries will be processed on a first come, first serve basis until reaching the limit of the timeline requirements.
 Maryland LSC Registered Teams have first priority.
 Submit entries using the appropriate Hy-tek file by EMAIL to the Meet Entry Coordinator.
 Teams entering with less than 10 swimmers or Unattached swimmers not affiliated with a USA Swim Club, can submit entries on computer entry forms. Mail entries with **required signature waived** to the MEET ENTRY COORDINATOR.
 Meet fees should not be mailed to the Meet Entry Coordinator until a confirmation has been received from the Host Team. Meet fees must be received by the start of the meet.

ENTRY LIMITATIONS Swimmers are limited to a TOTAL of 8 individual events for the entire meet.
 Swimmers are limited to a maximum of TWO events for session 1 and a maximum of THREE events for all other sessions.
 Entries must be submitted with **Long Course Meter Times**. NO CONVERTED TIMES ALLOWED
 No Time "NT" entries are permitted
 The Meet Director reserves the right to limit entries to complete the meet within appropriate time standards set by MD swimming.
 Coaches will be informed if their entries need to be limited due to number of attendees.
 Clubs that enter swimmer(s) not registered with USA Swimming will be fined \$100.00 and the swimmer(s) will not be allowed to compete in accordance to Maryland Swimming rules.

ENTRY VERIFICATION The Meet Entry Coordinator will acknowledge receipt by return email within 24 hours.
 Contact the Meet Director if an acknowledgement has NOT been received.

ENTRY DEADLINES **Entries must be received by the date and time listed in the Deadline and Meeting Summary.**
Maryland LSC entries received prior to the entry deadline receive priority over out of LSC entries received.
No late entries will be accepted. There will be no on deck registrations.

ENTRY FEES

Make checks payable to: CAA	
LSC Surcharge	\$2.00 per swimmer
Individual Event	\$7.00 per event

SEEDING Entry times must be in long course meters. NO CONVERTED TIMES ALLOWED.
 400 IM and 400 Free events will be seeded Fastest to Slowest based on seed times.
 All other events will be seeded Slowest to Fastest based on seed times.

CHECK IN Athlete check-in will be required for all events.
 Deadline for Athlete Check-In will be 20 minutes after the start of each warm-up session.
 Swimmers who fail to "check-in" will be scratched from the event and not seeded.
 Any swimmer who "checks-in" for an event and fails to compete in said event shall be barred from competing in his/her next individual event per MSI Rules and Regulations 3.1.7 Positive Check-in Events

SCORING For 15 & Over swimmers scoring will be on a sixteen (16) place basis for individual events by gender:
 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

AWARDS Ribbons will be awarded 1-8 for each event.
 All events will be swum combined by gender and age group. Awards will be distributed by age group and gender.
 High point awards for the top three 15 & Over male and female swimmers.

RESULTS Official Results will be available on Meet Mobile during the meet and posted at the facility.

All events will be swum combined by gender and age group. Results will be separated by gender and age group.

Results will be posted on Columbia Aquatics Association's and MSI's website within 24 hours of the meet's conclusion.

At the conclusion of the meet, teams may obtain Hy-tek backups on a memory stick.

A copy of results will be emailed to all participating teams within 72 business hours after the meet completion

COACHES

All coaches on deck must be registered and certified with USA Swimming.

Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck.

There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary.

Other meetings may be held at the meet referee's discretion.

Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/ VOLUNTEERS

Swimmers participating in the 400 free & 400 IM are expected to provide their own timers.

There will be a need for officials.

Columbia Aquatics Association welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet.

All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration

Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the classroom outside the pool deck at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials.

Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet.

The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

Meet Management reserves the right to change warm-up times according to the number of entries.

ORDER OF EVENTS & QUALIFYING TIMES
ALL EVENTS WILL BE SWUM COMBINED BY GENDER AND AGE GROUP.
AWARDS AND RESULTS WILL BE SEPARATED BY GENDER AND AGE GROUP

Friday, May 19, 2017

Warm-up: 4:30PM ; Meet Start: 5:40PM

Session 1

Event #		Age Group	Event
1	Mixed	9 & Over	400 Free
2	Mixed	9 & Over	400 IM

THE 400 FREE & 400 IM WILL BE SWUM FASTEST TO SLOWEST. ALL SWIMMERS MUST PROVIDE THEIR OWN TIMER

Saturday, May 20, 2017

Warm-up: 6:30AM ; Meet Start: 8:10AM

Session 2

Event #		Age Group	Event
3	Mixed	9-12	100 Breaststroke
4	Mixed	9-12	50 Freestyle
5	Mixed	9-12	100 Butterfly
6	Mixed	9-12	50 Backstroke
7	Mixed	9-12	100 Freestyle

Saturday, May 20, 2017

Warm-up: 12:30 PM ; Meet Start: 1:40 PM

Session 3

Event #		Age Group	Event
8	Mixed	13 & Over	200 IM
9	Mixed	13 & Over	200 Backstroke
10	Mixed	13 & Over	100 Freestyle
11	Mixed	13 & Over	200 Butterfly
12	Mixed	13 & Over	100 Breaststroke

Sunday, May 21, 2017

Warm-up: 6:30AM ; Meet Start: 8:10AM

Session 4

Event #		Age Group	Event
13	Mixed	9-12	200 Freestyle
14	Mixed	9-12	50 Butterfly
15	Mixed	9-12	100 Backstroke
16	Mixed	9-12	50 Breaststroke

Sunday, May 21, 2017

Warm-up: 12:30 PM ; Meet Start: 1:40 PM

Session 5

Event #		Age Group	Event
17	Mixed	13 & Over	200 Freestyle
18	Mixed	13 & Over	100 Butterfly
19	Mixed	13 & Over	200 Breaststroke
20	Mixed	13 & Over	100 Backstroke
21	Mixed	13 & Over	50 Freestyle

JOHN C. CLEGG MEMORIAL LONG COURSE MEET**Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to **CAA**):

Columbia Aquatics Association

ATTN: Cathy VanNetta

40 Ridge Road Catonsville MD 21228

Email to: VANNETTA@UMD.EDU

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
LSC Surcharge		\$2.00 per Athlete	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE