



MARINER SWIM CLUB "GO THE DISTANCE" MEET

Hosted by Mariner Swim Club
November 12 - 13, 2016

Held at: **Gilman School**
5407 Roland Avenue
Baltimore, MD, 21210

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction #MD 16/17-009

MEET DIRECTOR	MEET ENTRY COORDINATOR
Michelle Cerny mcerny5@gmail.com	Carl Barr PO Box 5625 Baltimore, MD, 21210 716-969-3495 carl@marinerswimming.org *Please waive the signature on express mail.
MEET REFEREE	MEET MARSHALL
Greer Verheyen 443-377-6306 greer.verheyen@constellation.com	Lee Roby
OFFICIALS CONTACT	ADMIN OFFICIAL
Greer Verheyen greer.verheyen@constellation.com	Gero Verheyen

FACILITY

Gilman School is a 6 lane, 25-yard facility with non-turbulent lane dividers and spectator seating. The minimum water depth, measured in accordance with **USA Swimming Article 103.2.3**, is: 10.5 at a distance of 1.0 to 5.0 yards from the start end of the pool and 3.5' measured 1.0 to 5.0 yards from the turn end of the pool. The competition course has not been certified in accordance with The competition course has not been certified in accordance with **USA Swimming Article 202.6.6D(2)**. All diving starts will take place from the deep end of the pool only.

Warm-up lanes will not be available throughout the meet.

The meet will be run on a Daktronics Timing System, with the primary system being a semi-automatic system with two (2) buttons operated by a separate timer and secondary system being a manual system of one (1) watch. There will be no tertiary system.

IMPORTANT: Spectators and swimmers will be restricted to the general pool area and locker rooms that are reserved for this meet, entering other facility areas is prohibited.

MEET FORMAT

This is a timed final Age Group meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:00 AM	8:00 AM	15-up
2	Saturday	1:00 PM	2:00 PM	11-14
3	Sunday	8:00 AM	9:00 AM	12-Under

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday, October 19	5:00 PM	Entry deadline
Saturday, November 11	7:30 AM	Coaches/General Meeting
November 11-12	1 hour prior to start of session	Official Briefings
Saturday, November 11	7:30 AM	15-Up 1650 Free Positive Check-in
Saturday, November 11	1:30 PM	11-14 1650 Free Positive Check-in
Sunday, November 12	8:30 AM	12-Under 500 Free Positive Check-in

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

Swimmers without a coach should report to the meet director before the warm-up of each session. A coach will be designated for all unattached athletes.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited – No Deck Changes are permitted. **USA Swimming Article 202.4.9(H,I,J)**

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet.

This meet is open to all 9 and over swimmers (no 8&unders), registered with USA Swimming for 2016. Swimmers age as of November 11, 2016 will apply for the entire meet. The 2016 USA Swimming rules will apply.

Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00.

Minimum provable times for 1650 No Time Swimmers are

- 15 & over swimmers must have a provable time of 6:30.00 or faster in the 500 yard Freestyle to compete in the 1650
- 11-14 swimmers must have a provable time of 7:00.00 or faster in the 500 yard Freestyle to compete in the 1650
- Estimated Times for NT entries for the 1650 would be appreciated
- All entry times are subject to verification and will be run thru the SWIMS database.

ENTRIES

E-mail entries are strongly encouraged and should be sent to the meet entry director. The e-mail must include a Hy-Tek entry file, a word file of the swimmers' name and events, the amount owed to cover entry fees, and the name, e-mail address, and phone number of a team representative in case of questions regarding the entries.

All times must be submitted in yard times only. USA Swimming identification numbers must be submitted. Entries without identification numbers will not be accepted.

The Meet Director reserves the right to limit entries in order to stay within a 4 HOUR TIME LIMIT for each session of the meet and to meet the occupancy requirements of the facility. Mariner Swim Club entries will be entered first and then accept teams/entries in the order received. Entries received thereafter will be returned immediately.

SWIMMERS WITH DISABILITIES

Mariner Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Mariner Swim Club's ability to accommodate all requests.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 1 individual event per day and a total of 2 individual events for the meet. Also include limitations on number of swimmers and event limitations, if applicable.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations.

ENTRY FEES

Make checks payable to: Mariner Swim Club; All fees are non-refundable	
Individual Event	\$7.00 per event
Athlete Surcharge	\$2.00 per athlete

SEEDING & PROGRAMS The conforming time standard for this meet is short course yards.

All events will be positive check in and deck seeded. The meet will be seeded and swum fastest to slowest according to submitted entry times, alternating Women and Men. 1000 Freestyle splits will be recorded during the 1650 Freestyle.

The meet director reserves the right to combine heats or events based on the number of entries received and meet timeline

Programs will NOT be available for each session. A complimentary copy of the heat sheet will be provided to coaches and working officials. Heat sheets will be posted throughout the venue for spectator review.

POSITIVE CHECK-IN & ORDER OF SWIM A positive check-in will be located on at the Admin table and will be required for all events:

Check in for event will be as stated in the Deadline and Meeting Summary

Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

AWARDS No Awards will be given at this meet.

RESULTS Results will be posted on Mariner Swim Club's and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS & TIMERS There will be a need for officials. Mariner Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials

on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership.

Each participating club is requested to provide at least one official (referee, starter, admin or stroke & turn judge) per session if entering 25 or more splashes. Walk-on officials are welcome and should report to the meet referee during warm-ups

Each swimmer must provide their own timer (mandatory) and counter (optional). The size of the meet makes it important for the meet to stay on schedule on both days. COACHES AND SWIMMERS MUST MAKE SURE THAT EACH SWIMMER IS READY TO SWIM AND THAT THEIR TIMER (REQUIRED) AND LAP COUNTER ARE IN PLACE PRIOR TO THE CONCLUSION OF THE PRIOR HEAT.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Limited refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Mariner Swim Club, The Gilman School, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS & QUALIFYING TIMES

Session 1: Saturday, November TBD
Warm-up: 7:00 am; Meet Start: 8:00 am

#	Girls/Women	Event	Boys/Men	#
1	NT	15-Up1650 Free (Minimum Time of 6:30.00 for 500 Free for NT)	NT	2

Session 2: Saturday, November
Warm-up: 1:00 pm; Meet Start: 2:00 pm

#	Girls/Women	Event	Boys/Men	#
3	NT	11-14 1650 Free (Minimum Time of 7:00.00 for 500 Free for NT)	NT	4

Session 3: Sunday, November 9th
Warm-up: 8:00 am; Meet Start: 9:00am

#	Girls/Women	Event	Boys/Men	#
5	NT	9-12 500 Free	NT	6

MARINER SWIM CLUB "GO THE DISTANCE" MEET

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **Mariner Swim Club**):

Mariner Swim club

ATTN: Carl Barr

PO Box 5625

Baltimore, MD 21210

Email to: carl@marinerswimming.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
Athletes Entered		\$3.00 per athlete	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Mariner Swim Club, The Gilman School, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE