



**2017 Cabin Fever
Coppin Aquatics
February 18-19, 2017**

Held at Coppin State University
2523 Gwynn Falls PKWY, Baltimore MD 21216

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 16-17/028

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
Rahim Booth 410-951-3383 rbooth@coppin.edu	Rahim Booth 2523 Gwynn Falls PKWY Baltimore MD 21216 410-951-3383 rbooth@coppin.edu
MEET REFEREE	USA Registered MEET SAFETY DIRECTOR
Tom DeBoissiere deboissiere@comcast.net	Marcus Edwards
OFFICIALS CONTACT	ADMIN OFFICIAL
Tom DeBoissiere deboissiere@comcast.net	Eva Booth

FACILITY

The competition pool is an 8-lane, 25 yard course nine-foot wide lanes separated by non-turbulent lane lines. Paragon starting blocks and a minimum pool depth of 9’0” at the start end and 4’0” at the turn end. The meet will be conducted using Daktronics Omni Sport 200 electronic timing system with touchpads. A clerk of course will be set-up for all sessions. Include either: **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.** Parking is authorized in designated areas only (\$6.00). Vehicles parked in unauthorized spaces are subject to citation and towing. **The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming; OR The competition course has not been certified in accordance with 104.2.2C (4).**

MEET FORMAT

This is a final Age Group pre-seeded meet unless otherwise indicated. Planned breaks will be presented at the meet’s initial coaches’ meeting, and each break will be limited to 10 minutes.

Events will be seeded in the following age groupings: 13-14; 12 & U, 10 & U and 8 & U. Meet management reserves the right to combine heats. The 500 Freestyle will be a positive check-in, deck seeded event, swum fastest to

slowest, with all girls' heats going first, followed by boy's heats. Swimmer competing in the 500 freestyle must provide their own counters.

The Meet Director reserves the right to adjust the start times and the number of sessions based on the number of entries received. Coaches will be notified of any change(s) to starting times

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:30 AM	8:30 AM	10 & U
2	Saturday	12:30 PM	1:30 PM	11 & Over
3	Sunday	7:30 AM	8:30 AM	10 & U
4	Sunday	12:30 PM	1:30 PM	11 & Over

DEADLINE AND MEETING SUMMARY: (keep section in chronological order)

Day, Date	Time	For:
Thursday, February 2, 2017	6:00PM	Entry deadline
Saturday, February 18, 2017	7:30AM & 12:30PM	Officials Meeting
Saturday, February 18, 2017	8:20PM	Coaches/General Meeting
Saturday, February 18, 2017	8:30AM & 1:00pm	Relay Cards are Due
Sunday, February 19, 2017	7:30AM & 12:30PM	Officials Meeting
Sunday, February 19, 2017	1:30PM	Positive Check-in for 500 Free

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Upon approval by the facility, swimmers are allowed to use only personal kickboards, pull buoys and snorkels in non-competition warm up areas. Swimmers and Meet Spectator are restricted from using the Arena, fitness Center, gym or any classrooms. .

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. If following the MSI Scratch Rule: The MSI Scratch Rule is in effect for this meet. Include the scratch rule (on separate page) and any penalties that may be accessed. **Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.**

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. Include any minimum/maximum time standards for qualification to enter the event, team affiliations, etc.

SWIMMERS WITH DISABILITIES

Coppin Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Coppin Aquatics ability to accommodate all requests.

ENTRIES

Entries submitted in Hy-tek format is required. Email to Coach Booth at rbooth@coppin.edu Entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed. **Make checks payable to Coppin State University - Aquatics and mail to the Entry Director, Rahim Booth 2523 Gwynns Falls Pkwy, Baltimore, MD 21216. Do not send cash.** Coppin Aquatics entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed.
Maryland LSC Team

ENTRY LIMITATIONS

All Swimmers may enter a maximum of 4 events per day, with a maximum of 8 events for the meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Also include: No late entries will be accepted. There will be no on deck registrations. Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: COPPIN AQUATICS		
LSC Surcharge	\$2.00 per Swimmer	
Individual Event	\$7.00 per event	
Facility Surcharge	\$5.00 per Swimmer	

SEEDING

The conforming time standard for this meet is short **OR** long course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN

The 12 & Under and 13-14 500 Free are positive check-in events. Check-in deadlines for the 12 & Under and 13-14 500 Free is 1:30 on Sunday. Swimmers that fail to check in will be scratched from the event.

SCRATCHES	There will be no penalty for scratching pre-seeded events at the block. The MSI Scratch Rule is in effect for this meet. The MSI Scratch Rule is included in the Meet Announcement on the last page
SCORING	No team or individual scoring will be kept
AWARDS	Ribbons 1 st -8 th for individual events Ribbons 1 st – 3 rd for Relay events
RESULTS	Results will be posted on Coppin Aquatics and MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. Coppin Aquatics welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES**Saturday, February 18, 2017****Warm-up: 7:30 AM; Meet Start: 8:30AM**

Girls/Women	Event	Boys/Men
1	10 & Under 200 Free Relay	2
3	8 & Under 200 Free Relay	4
5	10 & Under 100 Free	6
7	8 & Under 50 Free	8
9	10 & Under 50 Fly	10
11	8 & Under 25 Fly	12
13	10 & Under 100 Back	14
15	8 & Under 50 Back	16
17	10 & Under 50 Breast	18
19	8 & Under 25 Breast	20
21	10 & Under 200 IM	22
23	8 & Under 100 IM	24

Saturday, February 18, 2017**Warm-up: 12:30PM; Meet Start: 1:30**

Girls/Women	Event	Boys/Men
25	13-14 200 Free Relay	26
27	12 & Under 200 Free Relay	28
29	13-14 200 Free	30
31	12 & Under 100 Free	32
33	13-14 100 Back	34
35	12 & Under 50 Fly	36
37	13-14 200 Fly	38
39	12 & Under 100 Back	40
41	13-14 100 Free	42
43	12 & Under 50 Breast	44
45	13-14 200 Breast	46
47	12 & Under 200 IM	48

Sunday, February 19, 2017**Warm-up: 7:30AM; Meet Start: 8:30AM**

Girls/Women	Event	Boys/Men
49	10 & Under 100 IM	50
51	8 & Under 25 Free	52
53	10 & Under 50 Free	54
55	8 & Under 50 Breast	56
57	10 & Under 100 Breast	58
59	8 & Under 25 Back	60
61	10 & Under 50 Back	62
63	8 & Under 50 Fly	64
65	10 & Under 100 Fly	66
67	8 & Under 100 Free	68
69	10 & Under 200 Free	70

Sunday, February 19, 2017
Warm-up: 12:30PM; Meet Start: 1:30PM

Girls/Women	Event	Boys/Men
71	12 & Under 100 IM	72
73	13-14 200 IM	74
75	12 & Under 50 Free	76
77	13-14 50 Free	78
79	12 & Under 100 Breast	80
81	13-14 100 Breast	82
83	12 & Under 50 Back	84
85	13-14 200 Back	86
87	12 & Under 100 Fly	88
89	13-14 100 Fly	90
91	12 & Under 200 Free	92
93	12 & Under 500 Free	94
95	13-14 500 Free	96

**Cabin Fever
Coppin Aquatics
February 18-19, 2017**

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **COPPIN STATE UNIVERSITY**):

Coppin Aquatics
ATTN: Rahim Booth
2523 GWYNNNS FALLS PKWY
Baltimore, MD 21216
Email to: rbooth@coppin.edu

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.00 per event	
Relay Entries		\$16.00 per relay	
\$2 Surcharge per swimmer			
Facility Surcharge per swimmer		\$5.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. COPPIN AQUATICS, Coppin State University, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE

3.1.4 Failure To Scratch Fine

If a swimmer fails to scratch and subsequently does not compete in the bonus, consolation or championship finals events, he/she will be barred from competing in the remainder of the meet, including relays unless such failure to compete is excused by the meet referee. For swimmers registered in the Maryland LSC, if the failure to compete occurs at the swimmer's last event of the meet, the swimmer will be fined \$50. This fine must be paid in accordance with Maryland Swimming Inc. Rules and Regulations before that swimmer or any swimmer from that club may compete in any other MSI sanctioned or approved meet.

3.1.7 Positive Check-in Events (applies to both timed final and prelims/finals events).

In meets with positive check-in events, swimmers have to check-in with a meet official prior to swimming their events. Refer to the information package or meet notice for check-in requirements. If the swimmer fails to swim (scratches) after checking in for a positive check-in event, the swimmer will be disqualified from his/her next individual event unless the swimmer declares a false start per Rule 102.15.5D prior to the start of his/her heat. Swimmers failing to positively check-in will not be penalized nor allowed to compete in that event.