

**2016 Holiday Meet
Annapolis Swim Club
December 9-11, 2016**

**The Arundel Olympic Swim Center, 2690 Riva Road, Annapolis, Maryland 21401
Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 16-17/071**

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
Ken DeGruchy coachdegruchy@gmail.com	Ken DeGruchy 8214 Black Diamond Court Pasadena Maryland 2112 ascmeetentries@gmail.com
MEET REFEREE	USA Registered MEET SAFETY DIRECTOR
Doug Karr Dkarr29@gmail.com (410)353-5948	Elizabeth Cmiel
OFFICIALS CONTACT	ADMIN OFFICIAL
Doug Karr Dkarr29@gmail.com (410)353-5948	Howard Marks

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated.**

FACILITY

The Arundel Olympic Swim Center is a 50 meter indoor facility. Per USA **Swimming Article 202.6.6D(2)**, the competition course has not been certified in accordance with 104.2.2C(4). The competition pool is a twenty-five yard, eight lane pool with non-turbulent lane dividers. The minimum water depth, measured in accordance with **USA Swimming Article 103.2.3** is: 13' at a distance of 1 meter from the start end of the pool. 6 at a distance of 1 meter from the turn end of the pool with non-turbulent lane dividers. Colorado automatic timing system, scoreboard, horn/strobe start. Lanes will be available during the meet for warm-up and swim down when appropriate supervision is provided by the swimmer's coach/club.

MEET FORMAT

This is a timed final event.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	3:00 PM	4:00 PM	13-14,15-18
2	Saturday	7:00 AM	8:00 AM	13-14,15-18
3	Saturday	12:00	1:00 pm	9-10,11-12
5	Sunday	7:00 am	8:00 am	13-14,15-18
6	Sunday	12:00 pm	1:00 pm	9-10, 11-12

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday November 28, 2016	5:00 pm	Entry deadline
Monday December 7, 2016	5:00 pm	Entry fee dues deadline
Saturday December 10, 2016	7:00 am	Coaches/General Meeting
Saturday December 10, 2016	7:00 am	Coaches/General Meeting

Friday December 9, 2016	1:00 pm	500 free scratch deadline
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RACING STARTS Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, **must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.** It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. **Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited.**
USA Swimming Rules Article 202.4.9(H,I,J)

ELIGIBILITY All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. **There will be no on deck registration available at this meet.** A swimmer's age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES Annapolis Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. **Failure to provide advance notice may limit Annapolis Swim Club ability to accommodate all requests.**

ENTRIES Entries submitted in Hy-tek format. Email is preferred for electronic entries. All entries must include the signed summary and release form along with a summary of all entries. All entries must be accompanied by full payment by December 7, 2016. ASC entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS **Swimmers may swim a maximum of 3 individual events per day.**

ENTRY VERIFICATION **An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.**

ENTRY DEADLINES The Meet Entry Coordinator **must receive entries by Monday November 28, 2016. No late entries will be accepted. There will be no on deck registrations and NO DECK SEEDED EVENTS.**

ENTRY FEES

Make checks payable to: Annapolis Swim Club	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.50 per event

- SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.
- CHECK-IN** **A positive check-in, will be required for the following events:**
- **500 free**
- Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, **shall be barred from his/her next individual event and a \$100.00 fine will be assessed for each offense.**
- RESULTS** Results will be posted on MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups via a memory stick or email attachment
- COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. Either Deck Pass or a membership card will be acceptable as proof of membership. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
- OFFICIALS/TIMERS/VOLUNTEERS** There will be a need for officials. Annapolis Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
- HOSPITALITY/ CONCESSIONS** There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
- WARM-UP** In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.

ORDER OF EVENTS & QUALIFYING TIMES

Friday December 9, 2016
Warm-up: 1:00 pm; Meet Start: 2:00 pm

Event #	Girls/Women	Event	Boys/Men	Event #
1		100 Breast		2
3		200 Back		4
5		*500 Free		6

Swum fastest to slowest. Swimmers are to provide their own timer and counter

Saturday December 10, 2016
Warm-up: 7:00; Meet Start: 8:00 am

Event #	Girls/Women	Event	Boys/Men	Event #
7		15-18 200 Fly		8
9		13-14 200 Fly		10
11		15-18 50 Free		12
13		13-14 50 Free		14
15		15-18 100 Back		16
17		13-14 100 Back		18
19		15-18 200 Free		20
21		13-14 200 Free		22

Saturday December 10, 2016
Warm-up: 12:00; Meet Start: 1:00 pm

Event #	Girls/Women	Event	Boys/Men	Event #
23		11-12 200 IM		24
25		9-10 200 IM		26
27		11-12 50 Free		28
29		9-10 50 Free		30
31		11-12 100 Back		32
33		9-10 100 Back		34
35		11-12 50 Breast		36
37		9-10 50 Breast		38
39		11-12 100 Fly		40
41		9-10 100 Fly		42

Sunday December 11, 2016
Warm-up: 7:00; Meet Start 8:00 am

Event #	Girls/Women	Event	Boys/Men	Event #
43		15-18 200 IM		44
45		13-14 200 IM		46

47		15-18 100 Fly		48
49		13-14 100 Fly		50
51		15-18 100 Free		52
53		13-14 100 Free		54
55		15-18 200 Breast		56
57		13-14 200 Breast		58

Sunday December 11, 2016
Warm-up: 12:00; Meet Start: 1:00 pm

Event #	Girls/Women	Event	Event Boys/Men	#
59		11-12 100 IM		60
61		9-10 100 IM		62
63		11-12 100 Breast		64
65		9-10 100 Breast		66
67		11-12 50 Fly		68
69		9-10 50 Fly		70
71		11-12 100 Free		72
73		9-10 100 Free		74
75		11-12 50 Back		76
77		9-10 50 Back		78

Meet Name
Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **Annapolis Swim Club**):
 Annapolis Swim Club
 8214 Black Diamond Court
 Pasadena Maryland 21122

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 Surcharge per swimmer			
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE