

**All Freestyle Meet
Annapolis Swim Club
October 07-09, 2016**

The Arundel Olympic Swim Center, 2690 Riva Road, Annapolis, Maryland 21401

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.
Sanction # MD 16-17/3

CERTIFIED MEET DIRECTOR	CERTIFIED MEET ENTRY COORDINATOR
Ken DeGruchy coachdegruchy@gmail.com	Ken DeGruchy 8214 Black Diamond Court Pasadena Maryland 21122 ascmeetentries@gmail.com
MEET REFEREE	USA Registered MEET SAFETY DIRECTOR
Doug Karr Dkarr29@gmail.com (410)353-5948	Elizabeth Cmiel
OFFICIALS CONTACT	ADMIN OFFICIAL
Doug Karr Dkarr29@gmail.com (410)353-5948	Howard Marks Dkarr29@gmail.com (410)353-5948

SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated.**

FACILITY

The Arundel Olympic Swim Center is a 50 meter indoor facility. Per USA **Swimming Article 202.6.6D(2)**, the competition course has not been certified in accordance with 104.2.2C(4). The competition pool is a twenty-five yard, eight lane pool with non-turbulent lane dividers. The minimum water depth, measured in accordance with **USA Swimming Article 103.2.3** is: 13' at a distance of 1 meter from the start end of the pool. 6 at a distance of 1 meter from the turn end of the pool with non-turbulent lane dividers. Colorado automatic timing system, scoreboard, horn/strobe start. Lanes will be available during the meet for warm-up and swim down when appropriate supervision is provided by the swimmer's coach/club.

MEET FORMAT

This meet is a timed final event.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00 PM	5:00 PM	13 & Older
2	Saturday	7:00 AM	8:00 AM	10 & Under,11-12,13-14,15-18
3	Saturday	12:00	1:00	12 & Under, 13-14, 15-18
4	Sunday	7:00 am	8:00 am	10 & under, 11-12,

				13-14, 15-18
5	Sunday	12:00	1:00 pm	12 & under, 13-14, 15-18

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
September 19, 2016	5:00 pm	Entry deadline
September 26, 2016	5:00 pm	Entry fee due
October 8,9 2016	7:00 a.m	Coaches Meeting
October 7, 2016	4:00 pm	Close of 1000 Free positive check in
October 8,9	9:30 am	Close of 500 Free positive check in
October 7,8,9, 2016	4:15 pm, 7:15 am, 12:15 pm	Official briefings

SAFETY

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, **must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.** It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement..

RACING STARTS

Per USA Swimming Rules Article 202.4.9 (D), any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, **must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.** It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. **Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, rest rooms or locker rooms. Deck changes are prohibited. USA Swimming Rules Article 202.4.9(H,I,J).**

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. **There will be no on deck registration available at this meet.** A swimmer's age on the first day of the meet will determine their age for the entire meet.

SWIMMERS WITH DISABILITIES

Annapolis Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. **Failure to provide advance notice may limit Annapolis Swim Club ability to accommodate all requests.**

ENTRIES

Entries must submitted in Hy-tek format and require an entries report summary with all entries. A completed and signed Entry Summary Sheet (included in the announcement) must accompany full payment by September 26, 2016 for all entries to be considered official. Email is

preferred for electronic entries. ASC entries will be entered first and then accept teams/entries in the order received, until the four/five hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS Swimmers may swim a maximum of 4 individual events per day.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by September 19, 2016. **No late entries will be accepted. There will be no on deck registrations and *no deck seeding*.** Maryland Swimming entries received prior to the entry deadline receive priority over out of LSC entries received.

ENTRY FEES

Make checks payable to: Annapolis Swim Club	
LSC Surcharge	\$2.00 per Swimmer
Individual Event	\$7.50 per event

SEEDING The conforming time standard for this meet is short course yards only. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN A positive check-in will be required for the following events:

- 500 free and 1000 free

Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event. Failure to swim in a positive checked in event will result in a \$100.00 fine.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block. If following the MSI Scratch Rule: The MSI Scratch Rule is in effect for this meet.

RESULTS Results will be posted on MSI's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups via a memory stick or email attachment

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration. **Either Deck Pass or a membership card will be acceptable as proof of membership.** There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. **Meet Management requests that at least one coach representative from each team attend all coaches meetings.**

OFFICIALS/TIMERS/VOLUNTEERS There will be a need for officials. Annapolis Swim Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by

email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming. Either Deck Pass or a membership card will be acceptable as proof of membership. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. **Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.**

ORDER OF EVENTS & QUALIFYING TIMES

Friday October 7, 2016

Warm-up: 4:00; Meet Start: 5:00

#		Event
1	Girls/Women	Senior 1000 Free
2	Boys/Men	Senior 1000 Free
Swimmers must provide their own timers and counters		

Saturday October 8, 2016

Warm-up: 7:00 am ; Meet Start: 8:00 am

#		Event
3	Girls/Woman	15-18 200 Free
4	Boys/Men	15-18 200 Free
5	Boys/Men	13-14 200 Free
6	Boys/Men	11-12 200 Free
7	Boys/Men	10 & under 200 Free
8	Girls/Woman	15-18 100 Free
9	Boys/Men	15-18 100 Free
10	Boys/Men	13-14 100 Free
11	Boys/Men	11-12 100 free
12	Boy/Men	10 & under 100 Free
13	Girls/Woman	15-18 50 Free
14	Boys/Men	15-18 50 Free
15	Boys/Men	13-14 50 Free
16	Boys/Men	11-12 50 Free
17	Boys/Men	10 & under 50 Free

Saturday October 7, 2016
Warm-up: 12:00 am ; Meet Start: 1:00 pm

#		Event
18	Girls/Women	* 15-18 500 Free
19	Boys/Men	* 15-18 500 Free
20	Boys/Men	*13-14 500 Free
21	Boys/Men	*12 & under 500 Free
Swimmers must provide their own timers and counters		

*swum fastest to slowest in event order

Sunday October 9, 2016
Warm-up: 7:00 am; Meet Start: 8:00 am

#		Event
22	Girls/Women	13-14 200 free
23	Girls/Women	11-12 200 free
24	Girls/Women	10 & under 200 free
25	Girls/Women	13-14 100 free
26	Girls/Women	11-12 100 Free
27	Girls/Women	10 & under 100 Free
28	Girls/Women	13-14 50 Free
29	Girls/Women	11-12 50 Free
30	Girls/Women	10 & under 50 Free

Sunday October 9, 2016
Warm-up: 12:00 ; Meet Start: 1:00 pm

#		
31	Girls/Women	13-14 500 Free
32	Girls/Woman	12 & under 500 Free
Swum fastest to slowest event order		
Swimmers must provide their own timer and counter		

Annapolis Swim Club
All Freestyle Meet
Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **Annapolis Swim Club**):
 Annapolis Swim Club
 8214 Black Diamond Court
 Pasadena Maryland 21122

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$7.50 per event	
\$2 Surcharge per swimmer			
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 SIGNATURE (Coach or Club Representative)

 CLUB

 TITLE

 DATE