

LBA/CGA/OPST Double Dual Meet

Hosted by LBA

10/07/2016 – 10/09/2016

Held at Loyola Blakefield, 500 Chestnut Avenue, Towson, MD 21204

Held under the Sanction of USA Swimming, Inc., issued by Maryland Swimming, Inc.

Sanction #MD16/17-057

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
<i>Matthew McDonough</i> 443-841-3367 mmcdonough@loyolablakefield.org	Matthew McDonough 8002 Township Drive #C Owings Mills MD 21117 410-258-2883 mmcdonough@loyolablakefield.org
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Chris Waters chris@mmsolutionsinc.com	<i>Bridgette Acchione</i> 443-841-3667 Duckies247@gmail.com
<b>OFFICIALS CONTACT</b>	<b>ADMIN OFFICIAL</b>
<i>Matthew McDonough</i> 443-841-3367 mmcdonough@loyolablakefield.org	<i>Raymond Brown</i> <i>Rbrown @loyolablakefield.org</i>

**FACILITY**

**The competition pool at Loyola Blakefield has been certified in accordance with 104.2c(4)**

**Pool: The pool depth is 12 feet at the starting end and 4 feet and 1/2 feet at the turning end. Full Colorado Timing Equipment with 8 Lane Matrix Score Board to be used.**

**Parking is only allowed on the White Gravel Lot and the parking lots near Sheridan Hall.**

**Parents please keep the stands clean.**

**No one is allowed in the front area of Knott Hall. We must stay in the pool area.**

**Shoes are only allowed on the deck for coaches/officials/workers (Not Swimmers)**

**MEET FORMAT**

**Timed final event**

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	5:45 PM	6:30 PM	All
2	Saturday	12:30 PM	1:30 PM	All
3	Saturday		20 minutes after end of session 2	All
4	Sunday	8:00 AM	9:00 AM	All
5	Sunday		20 minutes after end of session 4	All

## DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday, 09/23/2016		Entry deadline
Friday, 10/07/2016	6:00 PM	Official Briefings
Saturday, 10/08/2016	1:00 PM	Official Briefings
Sunday, 10/09/2016	8:30 AM	Official Briefings

### SAFETY

The MSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

### RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### RULES

The meet will be governed by current USA Swimming rules. All swimmers must be registered with USA Swimming. There will be no on deck registrations. MD Swim rules shall also apply. Per MD Swim rules, any club that registers an unregistered athlete will be subject to a \$100 fine per occurrence. Only registered swimmers, coaches, officials, and working meet personnel will be allowed on deck.

Any Swimmer entered in the meet must be certified by USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- The practice of Deck Changing is prohibited. Swimmers must use the locker rooms to change into and out of their swimsuits. Swimmers participating in deck changing would be in violation of the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.
- USA SWIMMING / MD SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Use of stretch cords, paddles, fins, kick boards, etc are not permitted. Coaches and swimmers are asked to review [MD Swimming Rules, Section 14.8](#).

**For athlete protection purposes, use of and device with the ability to capture audio or visual recording, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.**

**ELIGIBILITY** All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. A swimmer's age on the first day of the meet will determine their age for the entire meet.

**SWIMMERS WITH DISABILITIES** Loyola Blakefield Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Loyola Blakefield Aquatics ability to accommodate all requests.

**ENTRIES** Please enter by e-mail...and also submit a paper copy. Events listed will be cut if there are no entries

**ENTRY LIMITATIONS** Swimmers may swim a maximum of 4 individual per session

**MEET MANAGEMENT** LBA, with the approval of the Technical Planning Chair, reserves the right to split or combine sessions in order to run an efficient meet. The order of events will not be adjusted when sessions are adjusted.

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck registrations.

**ENTRY FEES**

<b>Make checks payable to: Loyola Blakefield Aquatics</b>	
Entry Fee	\$4.50 per event
Facility Fee	\$4.50 per swimmer
MD Swimming Fee	\$2.00 per swimmer

**SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.

**SCORING** No team or individual scoring will be kept.

<b>AWARDS</b>	There are no awards. This meet is for fast swimming and “official” times.
<b>RESULTS</b>	<b>Results will be posted on Loyola Blakefield Aquatics and MSI’s website within 24 hours of the meet’s conclusion.</b> At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
<b>COACHES</b>	<b>All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</b>
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	<b>Officials provided by LBA &amp; OPST. Timers provided by LBA &amp; OPST. 1650 Free, 1000 Free &amp; 500 Free swimmers provide own timers.</b>
<b>HOSPITALITY/ CONCESSIONS</b>	There will be limited concessions.
<b>WARM-UP</b>	<b>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.</b> During the competition, there will be lanes available for continuous warm-up/down (if available). <b>There is to be no diving or horseplay in this area.</b>
<b>WAIVER/RELEASE</b>	<b>As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Maryland Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Loyola Blakefield Aquatics, Loyola Blakefield, Maryland Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</b>

## ORDER OF EVENTS & QUALIFYING TIMES

### Friday

**Warm-up: 5:45 PM; Meet Start: 6:30 PM**

Event #		Age Group	Event
1	Mixed	OPEN	400 IM
2	Mixed	12 & U	200 IM
3	Mixed	OPEN	1650 Free

### Saturday

**Warm-up: 12:30; Meet Start: 1:30 PM**

Event #		Age Group	Event
4	Mixed	13 & O	50 Free
5	Mixed	9-12	50 Free
6	Mixed	8 & U	25 Free
7	Mixed	OPEN	200 Fly
8	Mixed	9-12	50 Fly
9	Mixed	8 & U	50 Fly
10	Mixed	13 & O	100 Breast
11	Mixed	12 & U	100 Breast
12	Mixed	8 & U	25 Breast
13	Mixed	OPEN	200 Back
14	Mixed	9-12	50 Back
15	Mixed	8 & U	50 Back
16	Mixed	13 & O	200 Free
17	Mixed	12 & U	200 Free
18	Mixed	8 & U	100 Free

### Saturday

**Meet Start: 20 Minutes after Session 2**

Event #		Age Group	Event
19	Mixed	OPEN	1000 Free

**Sunday**

**Warm-up: 8:00 AM; Meet Start: 9:00 AM**

<b>Event #</b>		<b>Age Group</b>	<b>Event</b>
20	Mixed	13 & O	200 IM
21	Mixed	9-12	100 IM
22	Mixed	8 & U	100 IM
23	Mixed	13 & O	100 Fly
24	Mixed	12 & U	100 Fly
25	Mixed	8 & U	25 Fly
26	Mixed	OPEN	200 Breast
27	Mixed	9-12	50 Breast
28	Mixed	8 & U	50 Breast
29	Mixed	13 & O	100 Back
30	Mixed	12 & U	100 Back
31	Mixed	8 & U	25 Back
32	Mixed	13 & O	100 Free
33	Mixed	12 & U	100 Free
34	Mixed	8 & U	50 Free

**Sunday**

**Meet Start: 20 Minutes after Session 4**

<b>Event #</b>		<b>Age Group</b>	<b>Event</b>
35	Mixed	Open	500 Free